



Advent
**FORMATION
JOURNAL**

Volume Twelve
November 2025 – January 2026



NONACHURCH

Dear Nona Church Family,

One thing we have believed at Nona Church from the earliest days is that the invitation of Jesus is into a lifelong journey to follow Him — one step at a time. That is why our mission is to help every person know and take their next best step in following Jesus. Our team has developed this resource to help you strengthen your walk with Jesus on a daily basis this year. The Formation Journal is designed to guide you into God's presence through intentional prayer, Bible reading, and personal reflection. I'm reminded of the words of Paul when he writes:

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and prove what God's will is—His good, pleasing and perfect will. — Romans 12:2

We live in a world and culture that wants to conform us to a pattern that is oftentimes opposed to God's heart for our flourishing. We know the process of transformation happens by renewing our mind with Scripture over time and in community. With this process of transformation in view, we encourage you to allow this journal to supplement, or even guide, your spiritual life. Use it as a tool to help you form new or better habits, and trust that God will use His Word, by the power of His Spirit, to change your life.

Our team has been intentional in designing this journal so you can easily engage with God in weekend sermons, Bible reading, prayer, and reflection. The following pages will give you some insights on how to best experience all that the Formation Journal has to offer.

We know that God's desire for you is to experience the peace, joy, love, and hope that come from His Presence every day, and we're looking forward to seeing how Jesus invites you to follow him one step at a time this year!

God Bless,
Pastor Collin & Stacey

7 PRACTICES IN THE WAY OF JESUS

Intimacy With God

knowing God and being known by God



Intentional Rest

trusting God with our time, life and future



Humility

maintaining a right view of God, self and others



Reconciliation

participating in the restoration of all things



Honor

seeing and treating everyone the way God sees them



Stewardship

managing God's gifts God's way for God's glory



Contentment

depending on God's goodness and control in all circumstances

MISSION

We help every person know and take their next best step in following Jesus.

VISION

We exist to be a family of neighborhood churches walking in the way of Jesus for the renewal of our city and world to the glory of God.

WEEKEND SERMON NOTES

Each week, this journal has a place to take notes and reflect on what you are learning through the teachings. We have provided extra space to jot down the big idea from the sermon, any questions you might have, important thoughts you want to remember and next steps towards Jesus you are ready to take. We pray this area will help you not just receive information but lean into the transformation that the Holy Spirit brings through His Word.

DAILY REFLECTION

Each day you will have the opportunity to slow down and reflect on how God is at work in your life. By taking time to notice His presence—in moments of joy and in seasons of challenge—you can cultivate deeper awareness, gratitude and trust in His guidance. Use this space to record your thoughts, prayers and reflections on who God is and what He is doing in and through you.

ADVENT

This edition of the Formation Journal is a brief departure from our typical structure. From now through the end of the year, as a church we will embark on a season of united, directed prayer. Each day in November, we will spend time before God praying through Scripture and asking God to align our hearts to His and give us direction. In the month of December, we will spend time walking through the season of Advent, preparing our hearts and minds to celebrate the birth of our Savior this Christmas.

SCRIPTURE AND PRAYER

How to Read Scripture:

Read the suggested Scripture passage. Try reading it aloud and thinking about each word or phrase.

Invite God to show you what He wants you to consider as you read the passage again. You can use the suggested reflection prompt.

Respond to God with gratitude, confession, joy or any other emotion.

Rest in God's forgiveness, assurance or whatever He might have for you.

Return to a word or phrase from the passage throughout the day.

How to Pray:

God invites us to communicate with Him any time day or night through the practice of prayer. Prayer is both talking to God and listening to the Holy Spirit. A simple way to pray is to think about the letters P-R-A-Y:

P – Praise God for who He is.

R – Repent of where I need forgiveness.

A – Ask God for what I (and others) need.

Y – Yield to the outcome.

You can use this suggested structure and the daily **Prayer Prompts** to grow in the discipline of prayer.

WEEKEND OF NOVEMBER 15/16

SERMON NOTES:

[illegible]

REFLECTION:

What is God asking you to do in response to what you have heard or experienced today?

[illegible]

MONDAY | NOVEMBER 17

PSALM 100 & 101

Reflection: What can you thank God for today?

[illegible]

P.R.A.Y.

Thank God for His steadfast love. Pray and ask God to help you turn from worthless things and follow His way.

[illegible]

TUESDAY | NOVEMBER 18

PSALM 103 & 104

Reflection: What attributes of God are you especially thankful for today?

[illegible]

P.R.A.Y.

Thank God for being just. Pray for the oppressed.

WEDNESDAY | NOVEMBER 19

PSALM 136 & 138

Reflection: What are three things from the last few days that you are especially thankful for?

[illegible]

P.R.A.Y.

Thank God for His love which endures forever. Pray for someone you know who needs to experience the love of God.

[illegible]

THURSDAY | NOVEMBER 20

ISAIAH 12 & 25

Reflection: What are you waiting on the Lord for?

[illegible]

P.R.A.Y.

Pray for the poor and needy. Ask God how He wants you to be bless this community.

[illegible]

FRIDAY | NOVEMBER 21

PHILIPPIANS 1 & 2

Reflection: When are you tempted to think of yourself as better than others?

[illegible]

P.R.A.Y.

Pray and ask God to help you put the interests of others above your own.

WEEKEND OF NOVEMBER 22/23

SERMON NOTES:

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REFLECTION:

What is God asking you to do in response to what you have heard or experienced today?

[illegible]

MONDAY | NOVEMBER 24

PHILIPPIANS 3 & 4

Reflection: What do you tend to be anxious about?

[illegible]

P.R.A.Y.

Pray and ask God to replace anxiousness that you or someone you know is experiencing with a confident trust in Him.

[illegible]

TUESDAY | NOVEMBER 25

PSALM 145 & 146

Reflection: What attribute of God are you most grateful for today?

[illegible]

P.R.A.Y.

Pray and ask the Lord to give you boldness in sharing about Him with others.

[illegible]

WEDNESDAY | NOVEMBER 26

EXODUS 15 & 16

Reflection: What has the Lord provided for you?

[illegible]

P.R.A.Y.

Thank God for his power. Pray that His name would be made known among the nations.

[illegible]

THURSDAY | NOVEMBER 27

DEUTERONOMY 7 & 8

Reflection: Where do you need the Lord's wisdom?

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P.R.A.Y.

Thank God for His mercy. Pray for leaders throughout our church, community and nation.

[illegible]

FRIDAY | NOVEMBER 28

PSALM 65 & 67

Reflection: What aspects of creation do you enjoy most?

[illegible]

P.R.A.Y.

Thank God for the beautiful world He has created. Pray and ask God to show you His goodness.

[illegible]

Advent

Advent is a season that reminds us, as followers of Jesus, that we are a waiting people. When we celebrate Advent, we identify with the people of God in the Old Testament who spent their lives waiting for the promised Savior-King. We also join generations of Christians who have longed for Jesus to return. Advent calls us to look back to His first coming in the manger and to look forward to His second coming in glory. This dual focus invites us to worship the risen and reigning Jesus who is coming again.

This Advent guide is designed to help you and your family journey through this sacred season together. Each week will focus on one of four lenses: **HOPE, PEACE, JOY and LOVE**; through a devotional that includes a song, reflection and prayer, along with daily Scripture readings. You'll also find verses from the Christmas hymn "*Come, Thou Long Expected Jesus*", a song that beautifully captures our longing for Christ. Consider using this devotional with your family, friends or community group to reflect on God's presence and promises.

A meaningful tradition during Advent is the lighting of the Advent wreath. Three purple candles remind us that Jesus is our reigning King who will come again, and one pink candle represents the joy we have as His children. On Christmas Day, a white candle is placed in the center to symbolize the victory of Christ's coming into the world. Each time you gather, dim the lights and light the candles, the glow will serve as a powerful reminder of God's light shining in the darkness.

This portion of the Formation Journal is meant to encourage God's formation in your soul, not to burden you with expectations. Feel free to adapt it to your context, embrace the beauty of flexibility, and may you be reminded throughout this Advent season that God is always present and near.

WEEKEND OF NOVEMBER 29/30

Theme: Hope | **Sing:** O Come, O Come Emmanuel

Read: John 1:1-18 | **Reflection:** How would you describe 'hope'?



SERMON NOTES:

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P.R.A.Y.

Thank God for the gift of His Word.

[illegible]

MONDAY | DECEMBER 1

ROMANS 8:18-25 + GENESIS 2

Reflection: What do you find yourself hoping for?

[illegible]

P.R.A.Y.

Pray and ask God to bring healing to those who feel hopeless today.

[illegible]

TUESDAY | DECEMBER 2

ISAIAH 40:28-31 + GENESIS 3:1-7

Reflection: What does it feel like to you as you 'wait on the Lord?'

[illegible]

P.R.A.Y.

Thank God for His strength. Pray for the children and youth in our community.

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THURSDAY | DECEMBER 4

LAMENTATIONS 3:19-26 + GENESIS 6 + GENESIS 7:1-5

Reflection: What makes it hard for you to wait on the Lord's timing?

[illegible]

P.R.A.Y.

Thank God for His mercies which never end. Pray for those experiencing injustice today.

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FRIDAY | DECEMBER 5

ROMANS 5:1-5 + GENESIS 7:11-24 + GENESIS 8

Reflection: Where does life feel hard right now?

[illegible]

P.R.A.Y.

Pray and ask God to give you strength and hope as you trust Him.

[illegible]

WEEKEND OF DECEMBER 6/7

Theme: Peace | **Sing:** Hark! The Herald Angels Sing

Read: Luke 1:1-38 | **Reflection:** How would you describe 'peace'?



SERMON NOTES:

[illegible]

P.R.A.Y.

Pray for those who need to experience the Lord's peace.

[illegible]

MONDAY | DECEMBER 8

ISAIAH 52:7-10 + GENESIS 15:1-16 + GENESIS 17:1-6

Reflection: What relationships has the Lord given you to steward?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page, typical of notebook or legal stationery. There are no margins, text, or other markings on the paper.

P.R.A.Y.

Thank God for missionaries who are sharing the good news of Jesus throughout the world.

TUESDAY | DECEMBER 9

REVELATION 21:1-5 + HEBREWS 10:1-23

Reflection: Who do you know who is experiencing sadness or loss?

[illegible]

P.R.A.Y.

Pray and ask God to comfort those who are experiencing loss.

[illegible]

WEDNESDAY | DECEMBER 10

EPHESIANS 2:11-22 + GENESIS 27:1-39

Reflection: What attribute of God are you especially thankful for today?

[illegible]

P.R.A.Y.

Pray and ask God to show you how you can bless those experiencing hardship.

[illegible]

THURSDAY | DECEMBER 11

ISAIAH 9:1-7 + EPHESIANS 2:1-10

Reflection: Where do you need to experience the Lord's peace?

[illegible]

P.R.A.Y.

Thank God for your church leaders and pray for the Lord to protect them.

[illegible]

FRIDAY | DECEMBER 12

MICAH 5:2-5A + EXODUS 1:1-13 + EXODUS 2

Reflection: How would you describe your proximity to God today?

[illegible]

P.R.A.Y.

Thank God for the Holy Spirit.

[illegible]

WEEKEND OF DECEMBER 13/14

Theme: Joy | **Sing:** Joy to the World

Read: Luke 1:39-80 | **Reflection:** How would you describe 'joy'?



SERMON NOTES:

[illegible]

P.R.A.Y.

Pray and ask God to fill you with His joy.

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MONDAY | DECEMBER 15

GALATIANS 5:22-26 + EXODUS 12:31-36

+ EXODUS 14:5-31

Reflection: What fruit of the Spirit do want the Lord to grow in you?

[illegible]

P.R.A.Y.

Pray and ask the Lord how you can bring encouragement to the people you interact with today.

TUESDAY | DECEMBER 16

PHILIPPIANS 4:4-8 + DEUTERONOMY 5

Reflection: Who do you know who is going through a particularly difficult season?

[illegible]

P.R.A.Y.

Thank God and pray for those who are carrying heavy burdens.

[illegible]

WEDNESDAY | DECEMBER 17

PSALM 118 + ROMANS 8:3-38 + JOSHUA 1

Reflection: When are you most likely to forget that God loves you?

[illegible]

P.R.A.Y.

Pray and ask God to help you or someone you know to be strong and courageous.

[illegible]

THURSDAY | DECEMBER 18

PSALM 96 + JOSHUA 11:16-23 + 1 SAMUEL 17:1-16

Reflection: What great things have you seen or heard the Lord do?

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P.R.A.Y.

Pray and ask the Lord to move in power in your family.

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FRIDAY | DECEMBER 19

HEBREWS 12:1-3 + 1 SAMUEL 17:32-50 + 2 SAMUEL 5:4-5

Reflection: What situations or relationships in your life are not at peace right now?

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P.R.A.Y.

Thank God for His provision. Pray and ask God to help you be a peacemaker.

WEEKEND OF DECEMBER 20/21

Theme: Love | **Sing:** O Come All Ye Faithful

Read: Psalm 118 | **Reflection:** How would you describe 'love'?



SERMON NOTES:

[illegible]

P.R.A.Y.

Thank God for bearing the burden of your sin.

[illegible]

MONDAY | DECEMBER 22

JOHN 3:16-21 + 2 KINGS 25:1-25

Reflection: How does knowing God loves you impact how you live your life?

[illegible]

P.R.A.Y.

Thank God for loving you so much that He sent His Son to die for you.

[illegible]

TUESDAY | DECEMBER 23

EZEKIEL 34:11-16 + ISAIAH 49:8-16 + ISAIAH 7:10-14

Reflection: What does it mean to you that Jesus is your Good Shepherd?

[illegible]

P.R.A.Y.

Pray and ask God to give you courage to share His love with your coworkers/classmates.

[illegible]

WEDNESDAY | DECEMBER 24

JOIN US FOR A CHRISTMAS EVE SERVICE!

For service times and locations, visit: [**nonachurch.com/christmas**](http://nonachurch.com/christmas)

[illegible]

REFLECTION:

What is God asking you to do in response to what you have heard or experienced today?

[illegible]

THURSDAY | DECEMBER 25

LUKE 2

Reflection: What have you been learning about God recently?

[illegible]

P.R.A.Y.

Pray and ask God to continue to reveal Himself to you.

FRIDAY | DECEMBER 26

ISAIAH 11:1-10 + JAMES 1

Reflection: Who are the vulnerable in your sphere of influence?

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P.R.A.Y.

Pray and ask God how He wants you to be a part of caring for the vulnerable.

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WEEKEND OF DECEMBER 27/28

Theme: Christ | **Sing:** O Holy Night

Read: James 2 | **Reflection:** Who is Jesus Christ to you?

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[illegible]

P.R.A.Y.

Thank the Lord for your faith and ask God to help you live out your faith today.

[illegible]

MONDAY | DECEMBER 29

ISAIAH 9 + JAMES 3

Reflection: When are you most likely to speak unkindly or unwisely?

[illegible]

P.R.A.Y.

Pray and ask God to guard your words today.

[illegible]

TUESDAY | DECEMBER 30

JOHN 5 + JAMES 4

Reflection: Where are you tempted to be prideful?

[illegible]

P.R.A.Y.

Pray and ask God where you need to repent from sin.

[illegible]

WEDNESDAY | DECEMBER 31

JOHN 6 + JAMES 5

Reflection: When are you tempted to rush?

[illegible]

P.R.A.Y.

Pray for those who have wandered away from the faith.

[illegible]

THURSDAY | JANUARY 1

JOHN 7 + ACTS 1

Reflection: What are you desiring most?

[illegible]

P.R.A.Y.

Thank God for His guidance. Pray for our leaders.

[illegible]

FRIDAY | JANUARY 2

JOHN 8 + ACTS 2

Reflection: What does it mean to you that Jesus is Lord?

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P.R.A.Y.

Pray for those who need to experience the light of Jesus.



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