

Kids Devotional: Watch Your Step!

Scripture: Ephesians 5:15-16 (NIV)

"Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil."

The Lesson

Imagine you are walking across a floor covered in LEGO bricks or a muddy path with deep puddles. You wouldn't just run blindly, would you? You would "look carefully" at every single step so you don't get hurt or messy.

The Bible says our life is like a walk. Every choice we make—like how we treat our friends or how much time we spend on tablets—is a step. Paul tells us to be "wise" walkers. Wisdom isn't just about being smart in school; it's about knowing God and choosing to follow His path.

In 2026, there are more distractions than ever. We can easily waste hours on screens or being "lazy" with our time. But God gives us each day as a special gift. To "make the most of every opportunity" means we should look for ways to show love, help others, and spend time with God every single day.

Discussion Questions

1. What is one way you can "walk wisely" at school or at home today?
2. What is a "time waster" that keeps you from doing more important things?
3. How can we use our time to show others who Jesus is?

Prayer

Lord, thank You for the gift of today. Please give me wisdom to make good choices. Help me to use my time to honor You and to be a blessing to the people around me. Amen.

Children's Activities

1. Wise or Foolish Relay (Game)

- **Setup:** Create two columns on a large poster: "Wise" and "Foolish." Write various scenarios on slips of paper (e.g., "Helping a friend," "Ignoring homework," "Praying when scared").
- **Action:** Divide into teams. Players race to pick a scenario and tape it under the correct column.

2. The "Words to the Wise" Owl (Craft)

- **Materials:** Paper cups, googly eyes, construction paper.
- **Steps:** Decorate a cup to look like an owl. Write "Ephesians 5:15-16" on its belly. Place "wise instructions" (like "Be kind") on strips of paper inside the cup to read later.

3. My Time Stewardship Cards (Object Lesson)

- **Activity:** Give each child five cards. Have them list daily activities (eating, playing, school) on four. On the fifth, write "**Spend Time with God.**"
 - **Lesson:** Discuss how prioritizing the "God card" first helps us be wise walkers.
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