

Littles

CHURCH AT HOME

BIG IDEA

God wants us to use our time to love Him and love our family.

USE YOUR TIME WISELY EPHESIANS 5:15-16

God tells us to be wise with our time.
That means using everyday moments to love Him and love others.

BIBLE CONNECTION

FAITH HABIT

Pick one to practice together this week:

- ☐ **Use bedtime to talk to God**
Say a short prayer together before sleep.
- ☐ **Use one moment each day to thank God**
Help your child say one "Thank You, God" for something good.
- ☐ **Use clean-up time to help others**
Work together and thank God for helping hands.

HABITS

A habit is something we do over and over.
God uses family habits to help children learn how to follow Him.

CRAFT TIME

Help you child draw a picture of one habit your family has committed to do everyday!

PRESCHOOL DEVOTION

PARENTS

Choose one calm moment today to read this devotion with your child—at bedtime, during a quiet break, or after playtime. Read it slowly and simply.

Pause to let your child fill in the blank during the prayer.

The goal is not understanding every word, but helping your child begin to connect time with loving God and others. By practicing this short prayer regularly, your child is learning—at their level—what it means to use time wisely.

Keep it brief, repeat it often, and trust God to grow this habit over time.

Using Our Time Wisely

(Read Aloud)

God gives us time every day.

Time to wake up.

Time to play.

Time to rest.

Time is a gift from God.

The Bible tells us to use our time wisely.

That means we use our time to love God and love people.

We can use our time wisely when we:

say kind words

help others

talk to God

We don't have to use big words or long prayers.

We can use our time wisely by saying one small prayer.

We can say,

"Thank You, God, for today."

When we remember God during our day,

we are using our time wisely.

Let's practice together:

Thank You, God, for _____