

We can all serve others in simple and practical ways! Below are just a few ideas for you and your family.

- Babysit another moms kids so she can have a break
- Visit with an elderly neighbor (while there, ask if you can run any errands for them or help with anything around the house).
- Adopt a grandma or grandpa at your local nursing home and visit regularly.
- Make blessing bags for our friends on the streets. You can always keep a couple in your car or make some for a local organization! Contents can include travel size: toothpaste, toothbrush, deodorant, shampoo, comb, baby wipes etc. You can always include nonperishable food items such as granola bars, dried fruit etc.
- Create a food drive for your local food bank. It can be done personally or start a drive in your home group, and friends and neighbors! Each food bank will list the most needed items on their website.
- Keep a box of generic cards along with some stamps. When you think of someone, send a card(s) or text someone in need of some encouragement.
- Make some cookies or goodies as a family and take them to neighbors. If you don't know them, what a great opportunity to introduce yourselves!!
- Pick up trash around your neighborhood or park.
- Clean out closets and playrooms so that you can donate lightly used items you don't need anymore.
- Put aside a special time and surprise your family with a special meal.
- On garbage day, pull everyone in the neighborhood's garbage cans back to their houses.
- In a drive thru, pay for the meal of the person behind you.
- When around other people, put your phone away- let those you're with know that they are important to you and that they have your full attention.
- Leave a thank you note and/or present for the people we often take for granted (policemen, fireman, paramedics, nurses, the mailman, teachers).

Serving others can be as easy as intentionally putting our preferences before our own!