



Step Ten Overview - CONTINUE

Foundation Verse: “Search me, O God, and know my heart! Try me and know my thoughts! And see if there be any grievous way in me, and lead me in the way everlasting!” Psalm 139:23-24

Step 10: We continue to examine our lives, and when we sin promptly confess and turn to walk with Christ.

The Extra Mile Memory Verse: James 4:7-8

Key Theme: Remain in God’s Grace

Remember: Your life of freedom in Christ is rooted in daily living by God’s grace. Continue to realize your need for God’s grace, receive his grace, and respond to his grace in all areas of life.

WEEK 1 LESSONS

Day 1: A Daily Life of Freedom

Day 2: Maintain Your Spiritual Health

Day 3: Continue to Realize Your Need for God’s Grace

Day 4: Continue to Receive Your Need for God’s Grace

Day 5: Continue to Respond to God’s Grace

WEEK 2 LESSONS

Day 1: A Heart That is Well

Day 2: Practice Steps 1, 2, and 3

Day 3: Practice Steps 4, 5, and 6

Day 4: Practice Steps 7, 8, and 9

Day 5: Practice Steps 1 Through 9

FOOTPRINT: Celebrate, Recognize, Ask & List

Celebrate the victories God has given you through Christ! Praise God for the changes that he is making in you. Recognize ways you need to continue to grow. Then, ask God to change you where you need to grow, and list the daily steps you will take to fully follow God’s will.

Possible Discussion Topics and Curriculum Questions:

- What thoughts tempt you regularly? (Week 1, Day 3, Question 3)
- Discuss Week 2, Day 5 lesson: Realizing Need for God’s Grace, Receiving God’s Grace, Respond to God’s Grace. Celebrate with participant victories in Christ and discuss how they can continue to grow in Christ.



Step Eleven Overview - INTIMACY

Foundation Verse: “And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent.”

John 17:3

Step 11: We seek to deepen our relationship with God daily and depend on his power to do his will.

The Extra Mile Memory Verse: Matthew 5:6

Key Theme: Delight and Grow in God’s Grace

Remember: Grow daily in your relationship with God: fully experience his love, strength, and joy in the journey he has planned for you.

WEEK 1 LESSONS

Day 1: Grow in God’s Grace

Day 2: Home is Where the Heart Is

Day 3: Glorify God—The Greatest Good

Day 4: Worship in Spirit and Truth

Day 5: Intimate Prayer

WEEK 2 LESSONS

Day 1: A Mind and Heart United with God

Day 2: See Yourself through God’s Eyes

Day 3: Growing Together through the Church

Day 4: Gifted for God’s Glory

Day 5: A Servant’s Reward

FOOTPRINT: Spiritual Life Action Step

List three ways that God is calling you to deepen your relationship with him through what you learned in Step 11. For the parts of your spiritual life that need to grow, write an action step that you will take to enrich your relationship with God (for example: I need to grow in my prayer life, so I will practice ongoing daily prayer; I need to understand how am I gifted spiritually, so I will take a spiritual gifts test; I am disconnected from the Church, so I will join a local church). Then, write a prayer to thank God for how he is growing your relationship with him. Ask God to deepen your relationship with him through these disciplines.

Possible Discussion Topics and Curriculum Questions:

- Ask your participant about their extended prayer experience.
- Discuss the participant’s answers to the questions from Week 2, Day 1 lesson regarding Psalm 19.
- Talk to the participant about their SHAPE form on page 64 and discuss what you would add to the list.



Step Twelve Overview - REGENERATE

Foundation Verse: “Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation.” 2 Corinthians 5:17-18

Step 12: Because of our new lives in Christ, we carry God’s message of reconciliation to others and practice these principles in every aspect of our lives.

The Extra Mile Memory Verse: 2 Corinthians 1:3-4

Key Theme: Call all people to be fully devoted followers of Christ.

Remember: Unite with God in his purpose for your life and participate in his plan for the world.

WEEK 1 LESSONS

Day 1: The Great Commission

Day 2: The Gospel Message

Day 3: Remember Where You Began

Day 4: God is Transforming You

Day 5: God’s Story of Your Recovery in Christ

WEEK 2 LESSONS

Day 1: The Ministry of Reconciliation

Day 2: Your Role in Biblical Reconciliation

Day 3: When to Pursue Reconciliation

Day 4: How to Handle Conflict Biblically

Day 5: Personal Reconciliation

WEEK 3 LESSONS

Day 1: The Fight for Freedom

Day 2: Practice Intimacy with God

Day 3: Practice Recovery in Christ Daily

Day 4: Practice the Ministry of Reconciliation

Day 5: New identity, New Purpose, New Life

Possible Discussion Topics and Curriculum Questions:

- Step 12 is very important. Encourage the participant to finish strong. Below are the key areas to walk through with your participant.
 - Understand the gospel, how to share it and why we share it.
 - Build your re:generation testimony.
 - Learn reconciliation, how to confront sin and handle conflict and build reconciliation plans.
 - Plan to take the message to others new to recovery as “recovery guides.”
 - Build a plan to practice re:generation in every aspect of life (See next page, Step 12 Footprint: My re:generation Plan).
- Step 12 is living out God’s purpose for our lives to fully experience all God offers us. God saved us, healed us and freed us for a purpose. We are a part of his rescue plan.
 - **Celebration Night:** As a mentor, you are invited to attend this celebration with the step group who has finished the program. It is a time to celebrate God’s work as a group and in other lives at re:generation. Participants will receive a commission, commemoration, and charge to carry God’s message of reconciliation to others.



Step 12 Footprint: My re:generation Plan

My Identity in Christ: *(Copy your description from Question 2 of Step 12, Week 3, Day 5 below)*

My Mission Statement: *(Copy your statement from the Footprint 7 of Step 7 below)*

My Story of re:generation: *(Record your statements from Step 12, Week 1, Day 5 below)*

How I will Practice Recovery in Christ Daily (Step 10): *(Record answers from Step 12, Week 3, Day 2)*

Practical steps to continue realizing my need to God's grace (Steps 1-3):

Practical steps to continue receiving God's grace (Steps 4-6):

Practical steps to continue responding to God's grace (Steps 7-9):

How I Will Practice Intimacy with God (Step 11): *(Record your answers from Step 12, Week 3, Day 2)*

Prayer and Bible Intake:

Christ-Centered Community and Service: