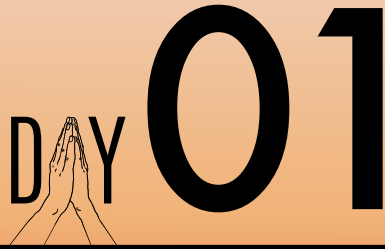


21 DAYS OF PRAYER

THE LORD'S PRAYER

DAY 01



“PRAY LIKE THIS”

(Matthew 6:9)

Many of us approach prayer based on our own experiences, but prayer is meant to develop mainly out of our growing understanding of God. The Lord’s Prayer, which is the heart of Jesus’ Sermon on the Mount, is typically an untapped resource for knowing God because it is so familiar to many of us. We can see how the whole world desperately wants spiritual experience, and here Jesus is in essence saying, “Wouldn’t you like to be able to come face-to-face with the Father and king of the universe every day, to pour out your heart to Him, and to sense Him listening to and loving you? It’s all in the Lord’s Prayer.”

READ: [Matthew 6:9-13](#)

PRAY: *God, please give me fresh eyes and a deeper understanding of the Lord’s Prayer, and show me more of who you are through it.*

DAY 02



“OUR FATHER IN HEAVEN”

(Matthew 6:9)

In the Lord's Prayer, Jesus begins with adoration of God. God-centeredness comes first because it heals our heart of its self-centeredness, which curves in on ourselves and distorts our vision of His will for our lives.

READ: [Matthew 6:9-10](#)

PRAY: *Father, show me where my affection towards you has grown cold. Show me in what areas of my life I'm being self-centered, and warm my heart towards you there instead.*

DAY 03



“FATHER”

(Matthew 6:9)

Rather than jumping straight into asking God for things, we first remember our situation and realize our standing in Christ. To call God “Father” is to claim our adoption as children of grace in Christ. We are to say to God, “You have taught us to regard you and call upon you as Father of us all, although you could rightly and properly be a severe judge over us.” We should start by asking God to give us a comforting trust in His fatherly love that then replaces any distrust.

READ: [Romans 8:15](#)

PRAY: *Father, please reveal to me any distrust I have of you. Remove and replace it with a deep and comforting trust of your fatherly love for me.*

DAY 04



“OUR FATHER”


(Matthew 6:9)

Followers of Jesus have received the Spirit of adoption as children of God. This means in Christ we are no longer strangers, but family; members of the household of God. Because the purpose of prayer is to know God better, praying with this new family helps us grow in our understanding of God as we declare to one another His majesty and holiness.

READ: [Romans 8:15](#) , [Ephesians 2:19-22](#)

PRAY: *Father, give my Christian community familial love for one another. Use us to help one another grow in our understanding of you.*

DAY 05



“HALLOWED”

(Matthew 6:9)

To “hallow” God’s name is to have a heart of grateful joy toward Him. Even more, it is to be in wonder and awe of His beauty. We do not revere His name unless He captivates us with wonderment for Him.

READ: [Psalm 50](#)

PRAY: *God, show me how awesome you are. Give me a heart of grateful joy toward you, and captivate me with a wondrous sense of your beauty.*



“YOUR NAME”

(Matthew 6:9)

Christians have God’s name put upon us. As name bearers we represent a good and holy God, and so we are praying that God keep us from dishonoring His name. As His name bearers we want Him to empower us to become good and holy like Him.

READ: [Psalm 139:23-24](#)

PRAY: *God, show me the parts of my life that dishonor you and your name. Help me understand why my heart compels me toward this, and replace those desires with a desire to worship you with every aspect of my life.*

DAY 07

“YOUR NAME”

(Matthew 6:9)

This is also a desire to see faith in God spread throughout the world. We pray that Christians would honor God with the holiness of their lives, and that more and more people would turn to God and call on His name.

READ: Romans 10:13-17

PRAY: *God, who have you placed me around that you want me to tell about you? Please provide me with the words to say and the boldness to say them.*

DAY 08

“YOUR KINGDOM”

(Matthew 6:10)

Problems regularly result when we serve other things in God’s place. Therefore, we need God to so fully rule us as LORD that we want to obey Him with all our hearts and with joy.

READ: [2 Corinthians 4:5](#)

PRAY: *God, correct my desires through your Spirit. Shape my thoughts through your Word. Fill me with joy for you and a burning desire to obey you with all my heart.*



“COME”

(Matthew 6:10)

This petition is also to yearn for the future life of justice and peace when all suffering, injustice, poverty, and death will be ended. We ask that God’s future kingdom may be the end and consummation of the kingdom He has begun in us.

READ: Revelation 21:1-4

PRAY: *God, help me see this time and place as you do. Give me the strength to endure a life of serving you in this world to the end. Fill me with hope of your return.*

DAY 10

“YOUR WILL BE DONE”

(Matthew 6:10)

Unless we are deeply sure God is our Father, we will never be able to say “thy will be done.” Only if we trust God as Father can we ask Him for grace to engage our problems with patience and grace. This is the one part of the Lord’s Prayer Jesus Himself prayed in the garden of Gethsemane. Without trust in God, we will try to take His place and we will never know any peace as we try to control people and our circumstances. To pray “your will be done,” however, is to submit every aspect of our lives to God.

READ: [2 Corinthians 1:3](#), [Psalm 55:22](#)

PRAY: *God, give me grace to bear willingly all sorts of sickness, poverty, disgrace, suffering, and adversity and to recognize that in this your divine will is crucifying my will. Thank you that I can trust you with all of it. Help me release my grip and trust you completely.*

DAY 11

**“ON EARTH AS IT IS
IN HEAVEN”**

(Matthew 6:10)

Christ followers are citizens of heaven who still currently live in this world. This means God has each of us in a particular place around particular people for the purpose of influencing them as we live to worship and obey Jesus.

READ: [Matthew 5:14-16](#)

PRAY: *God, show me how to be a light for you in this world. Use me to show my family, friends, neighbors, classmates and coworkers how much you love them.*

DAY 12

“GIVE US”

(Matthew 6:11)

The first part of the Lord's Prayer points us to God as our true food, wealth, and happiness. Now Jesus is telling us to bring our needs into alignment with this new perspective. We do not tell God what must happen. Satisfied in Him, we now humbly and expectantly bring our needs before our loving and trustworthy Father.

READ: [1 Chronicles 29:13-15](#)

PRAY: *God, here are my needs. You know them better than I do, and I can trust you with them all. Help me understand what is happening in my heart because of these needs, and grow to know you as a loving Father and generous provider.*

DAY 13

“DAILY”

(Matthew 6:11)

God’s word comes to us in Scripture. When we read the Bible with trust and faith, it is the way to actually hear God speak and meet with Him daily. Prayer, then, springs up from our time in the Scriptures. We read, study, and meditate until there is a response to God’s Word in our hearts. We give this response to God, entering into divine conversation with Him.

READ: [Proverbs 8:34](#)

PRAY: *God, thank you for loving me. Show me the things in my life that steal bits of my heart from you and cause me to grow cold toward you. Warm my heart and help me grow in my affections for you. Give me a deep thirst for your Word and prayer that must be quenched daily.*

DAY 14

“FORGIVE US”

(Matthew 6:12)

As Christ followers, we understand that the essence of our faith in Jesus is salvation by grace alone. This means we get to experience regular confession that results in increased confidence and joy in our lives.

READ: [1 John 1:5-10](#)

PRAY: *God, you are holy, and when I sin I am displaying the opposite of who you are. I am telling a lie about you with my life. You’ve told me that if I confess and turn from my sin to you, you will forgive me and wash me clean of it. I’m so sorry. Please forgive me. Show me how to walk in the joy and freedom of your light.*

DAY 15



“AS WE FORGIVE”

(Matthew 6:12)

Jesus also connects our relationship with God to our relationship with others. Only if we have seen the depths of our sin and cried out to God for forgiveness, will we be unable to forgive and seek the good of those who have hurt us. Unresolved bitterness, then, indicates we are not right with God. Holding a grudge is hypocrisy for those seeking forgiveness from God.

READ: [Ephesians 4:31-5:1](#), [Matthew 5:23-24](#)

PRAY: *God, thank you for forgiving me of my sin against you. Please show me any unresolved bitterness I have towards others, and help me think of anyone I may have hurt of whom I need to ask forgiveness. Help me worship you by pursuing reconciliation.*

DAY 16



“PROTECT US FROM TEMPTATION”

(Matthew 6:12)

To “enter into temptation” is to entertain the idea of sinning. From the right comes riches, power, and honors, which tempt us into the sin of thinking we do not need God. From the left comes poverty, disgrace, contempt, and afflictions which tempt us to despair, to lose all hope, and to become angrily estranged from God. Both, then, bring its own various temptations away from trusting God and toward centering your life on yourself or desires for other things.

READ: [James 1:13-18](#), [1 Corinthians 10:13](#)

PRAY: *God, help me see in what areas of my life I am being tempted to put my hope and trust in something other than you. Protect me from even considering giving in to sin. Keep me from centering my life on myself and inordinate desires for other things.*

DAY 17



“PROTECT US FROM EVIL”

(Matthew 6:12)

This part of the prayer is directed towards specific evils that come from the devil’s kingdom. It includes anything that threatens our bodily welfare, such as poverty, dishonor, death, and harmful forces in the world, especially our enemies who wish to do us harm. While temptation resides within our hearts, here, Jesus tells us to ask God for protection from evil outside us.

READ: [Deuteronomy 31:6](#)

PRAY: *God, give me a boldness that is rooted in trusting you completely. You are my refuge. You are my fortress. You will never leave me nor forsake me. Help me navigate my troubles in a way that brings you honor and glory.*

DAY 18

**“YOURS IS THE KINGDOM,
POWER, AND GLORY
FOREVER”**

After sharing our needs, troubles, and limitations with God, we now return to His complete sufficiency. Here we find rest in remembering that nothing can ever take away the kingdom, power, and glory from our heavenly, loving Father.

READ: [Psalm 93](#)

PRAY: *God, you are King eternal and will never be removed from your throne by anyone or anything. Nothing compares to your power and majesty. You are the Holy One forever.*

DAY 19

“FOREVER”

Because we were created to be with God for eternity, we often feel an insatiable desire for happiness. But we're not in heaven yet, so we often try to fill our lives with temporary things. Even if these are good things, replacing God with them will always lead to feelings of emptiness, frustration and loneliness.

READ: [Psalm 16:11](#)

PRAY: *God, thank you for all the sweet moments we have together. Please help me understand that you are what my soul needs most of all. Help me turn from temporary pleasures and find my joy in you.*

DAY 20



“IN JESUS’ NAME”

Jesus taught His disciples that they must always pray in His name. Because we know Jesus, and because we are “in Christ”, God focuses His almighty love and attention on us when we pray. When we pray through Christ we always have an audience because of what Jesus has done. His death on the cross reconciled us to God and made Him our Father.

READ: [John 14:13-14](#); [15:16](#); [16:23-24](#)

PRAY: *God, thank you for sending your Son to die for me so I could become your child. Grow me in my understanding that in Christ, you are always with me and want what’s best for me. Align my heart with yours, and help me desire for my life what you do.*

DAY 21



“AMEN”

God’s Word is saturated with amazing promises for His children, and Jesus is the fulfillment of them all. So when we end our prayers with “amen,” we are in agreement with God, trusting Him completely, believing all His promises are fulfilled in Christ.

READ: [Romans 5:1-2](#), [2 Corinthians 1:19-22](#)

PRAY: *God, give me an unshakeable confidence in the authority of your Word. Help me stand firm upon every promise in it, and trust that your promises are fulfilled in the life, death, resurrection and future return of Jesus. In His name I pray. Amen.*