Jesus said to them, "Have you not read in scripture: The Stone that the builders rejected has become the chief Cornerstone."

Psalm 118:22 Matt 21:42



Cornerstone Chronicle Cornerstone Senior Adult Ministries

Eastern Hills Baptist Church

Rich Willard, Associate Pastor for Senior Adults

Verse of the Month:

1 Samuel 2:2 - "There is none holy like the Lord: for there is none besides you; there is no rock like our God."

May 2025-News and Updates:

We had our April 20th game day format with a full and vibrant house and Lara's catered lunch enchiladas was great. April 30th is the usual SecondChance time, but instead there will be a seminar on caring for those with dementia and dying not only as a refresher for the EHBC Barnabas caregivers, but open to anyone caring for those in the 60+ demographic. I will need a headcount for info copies and lunch for attendees, so please sign-up at the 60+ connection desk area.

Our next main Cornerstone gathering will be May 15th with a short devotional, a with pertinent information for all, and a fellowship lunch coordinated by Lara. Also, Please see the copies of 2025 events schedule outline in the foyer by the Cornerstone 60+ display board.

There will be another SecondChance movie and BYOL scheduled for May 28th at 11am in Miller Hall. Water and treats will be provided.

Happy Birthday to all our May babies!







SENIORS Please contact Pastor Trevor for

information and logistics for how to serve our youth. Similarly, Pastor Joe would also love seniors to help with the "littles" in different ways. As well as the upcoming June VBS. It will be good for our demographic to demonstrate our care to and "mix" more with these two ministry demographics at EHBC and profoundly important ministries.

Don't forget, If I have not visited you yet, be advised, I am not one to invite myself. I would love an invite from you. If you ever want a visit at your home or at my office, please contact me at the church. I can also bring the Lord's Supper to you! Call EHBC at 505-298-8455 or email me at: rich@ehbc.org. I have secret stash chocolate at my office for sweet tooths and I have two good listening ears should you need some kind of support. Come by for any reason but make sure I am in the office first! I will drop what I am doing when in the office to take time to listen and chat.

Thanks for letting us serve you during 2025!

Peace, Rich & Lara



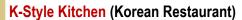


JOKE of the MONTH: You are not getting older; you are becoming a classic!



Rich & Lara's RESTAURANT REVIEW

We love to eat out. We will rate with "burps"— 1 bad, 5 best



6001 Winter Haven Rd NW Ste. G, Albuquerque (505) 503-8699

Borrowing from the restaurant's web site: "K Style Kitchen offers amazing food reminiscent of Seoul, with dishes like beef bibimbap and tofu bibimbap that are both flavorful and delicious. The food smells incredible from the moment you walk in. The friendly owner personally checks on guests, ensuring a welcoming atmosphere. Great prices and a must-visit again." I couldn't say it better myself.

A few weeks back, Paul Hutson, his son Greg, Bill Wenrich, and myself went there for lunch. Kay is the owner and was a friend of Paul's wife Delores. Kay's son is the chef. This small restaurant is in a large shopping strip just east of Coors north of Montano. You can get the classic Korean dishes here. Bill got a beef bulgogi on noodles; Greg got a beef bulgogi sandwich with fries; Paul got the beef bulgogi lunch; I got the chicken veggie dish much like Paul's beef bulgogi but with chargrilled chicken that was wonderful. Because Paul's Dee was a friend of the owner Kay, she spent time talking with Paul and us, and put the lunch for all of us graciously "on the house." We left tips.

Painted on the wall is the Joshua 1:9 passage, as the owners are Christian. Prices were reasonable. I highly recommend this place and will be back with Lara.



May 2025: REFLECTION:

Romans 3:12-YIKES!



Recently, I started reading a book by John Owen (1616 – 1683), an English Puritan church leader, theologian, and vice-chancellor of the University of Oxford. He was a very prominent theologian in England during his lifetime, and is highly regarded by modern Reformed Christians. The title of the book I am reading is "The Mortification of Sin: Dealing with sin in your life." John Owen insisted on the importance of the Christian dealing effectively with their sinful tendencies and attitudes. He believed that God, through his Word and Spirit, had provided the guidelines and the power for this to be achieved. It is interesting to me because it relates to the ongoing Sovereignty/Free Will theological tension and polemic. In this book, John Owen effectively dismisses various excuses for not engaging in self-scrutiny and yet avoids the current trend of self-absorption and entitlement attitudes. In so doing he provides principles to help believers live lives of holiness (for it is written: "Be haly, because I am holy." 1 Peter 1:16). Owen used the exposition of Romans 8:13 as a jump start to his discussions: "For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live."

We as Christians are aware of the dichotomy of the world/the flesh , and the spirit. We are to be in the world but not of it (Romans 12:1-2) . We are also aware of the standards of "goodness" in the world and the cliche: "Well, I'm a good person, and a loving God would not send me to hell" versus God's standard "For everyone has sinned; we all fall short of God's glorious standard" (Romans 3:23 NLT). I suspect Owen was wrestling with this also. It is good for us to face sin truthfully.

Perhaps the problem for us is not understanding the nature of sin, and the nature of God's holiness as a hyper contrast. Sin is an offense to a Holy God: "Against you, you only, have I sinned and done what is evil in your sight; so you are right in your verdict and justified when you judge" (Ps 51:4). Let us mortify sin for this reason. Rich 📦

CORNERSTONE 60+ Senior Ministry



May 2025







May 15th Thursday @ 11 am in Miller Hall

A Special Speaker w/Great Info

Wait there's More!

Right Before the Month of May Starts:

Wednesday April 30th Barnabas Caregivers and EHBC 60+

A Seminar on Care for those with Dementia and the Dying-Ilam in M.H.

