

DEVOTION & DISCIPLESHIP GUIDE

for families · groups · individual

WEAR.

WATCH.

WITNESS.



WEEK 1 DEVOTION & DISCIPLESHIP

Why are you doing this?

Romans 1:16-17 --- ¹⁶ For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. ¹⁷ For in it the righteousness of God is revealed from faith for faith, as it is written, “The righteous shall live by faith.”

Reflection:

Why are you taking on this challenge? If you are bolder with the gospel, how could that impact your workplace, community, and family?

DISCIPLESHIP MOMENT OWN YOUR IDENTITY

You are not just someone who believes in Jesus—you belong to Him. Being a Christian is more than a label; it’s an identity rooted in grace, purpose, and power.

Romans 1:16 says, “I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes.”

When you wear your Proud Christian shirt, you’re not putting on just a T-shirt—you’re stepping into your calling to live unashamed. You are God’s, and He has placed you exactly where you are to reflect Him.

DISCUSSION QUESTIONS

- *What are you hoping to experience during this challenge?*
- *What fears or hesitations do you have about wearing the shirt?*
- *What does being a Christian mean to you personally?*



WEEK 2 DEVOTION & DISCIPLESHIP

Are You Ready

1 Peter 3:14-16 --- ¹⁴ But even if you should suffer for righteousness' sake, you will be blessed. Have no fear of them, nor be troubled, ¹⁵ but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect, ¹⁶ having a good conscience, so that, when you are slandered, those who revile your good behavior in Christ may be put to shame.

Reflection:

If someone asks you about the shirt you are wearing, what answer will you be prepared to give?

DISCIPLESHIP MOMENT SHARE YOUR STORY

Revelation 12:11 says, "They triumphed over him by the blood of the Lamb and by the word of their testimony."

Your story matters. Your experiences with Jesus are one of the most powerful tools you have to reach others. Whether your story is dramatic or quiet, it carries the power of the gospel. This week, don't underestimate how God can use your testimony—even a short version—to plant seeds in someone else's heart

DISCUSSION QUESTIONS

- *How did wearing the shirt direct your behavior this week?*
- *Did anyone ask about it?*
- *How did you respond?*
- *Did you notice yourself being more aware of how you represent Jesus?*



WEEK 3 DEVOTION & DISCIPLESHIP

Wear that Shirt & Let Your Light Shine

Matthew 5:13-16 --- ¹³You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

¹⁴“You are the light of the world. A city set on a hill cannot be hidden. ¹⁵Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. ¹⁶In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.

Reflection:

Before heading out the door, how will wearing your shirt and being on a mission change the way you interact with people today?

DISCIPLESHIP MOMENT TURN CONVERSATIONS SPIRITUAL

It's not always easy to bring up spiritual things, but Colossians 4:6 reminds us: “Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”

Jesus had a way of turning ordinary conversations into life-changing moments. You can do the same. Sometimes all it takes is a small step—like asking someone what they believe, or sharing a hope you have in Christ. You don't have to force it—just look for open doors and walk through them.

DISCUSSION QUESTIONS

- *Who have you shared your story with? What happened?*
- *What was the hardest part about sharing?*
- *What's something encouraging that came from it?*



WEEK 4 DEVOTION & DISCIPLESHIP

Why are you doing this?

1 Timothy 4:12-16 --- ¹² Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. ¹³ Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. ¹⁴ Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. ¹⁵ Practice these things, immerse yourself in them, so that all may see your progress. ¹⁶ Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

Reflection:

Over the past weeks, you purposely wore a shirt to express your faith. You probably had some conversations about that. How can you purposefully act today that might spark some of those same conversations, even if you aren't wearing your shirt?

DISCIPLESHIP MOMENT PRAY WITH SOMEONE

Prayer isn't just powerful—it's personal. When you offer to pray for someone on the spot, you're creating a sacred moment that connects their need with God's love.

James 5:16 says, "The prayer of a righteous person is powerful and effective."

You might feel nervous to ask, "Can I pray for you right now?" But most people welcome the offer—and it may be the first time someone has ever heard their name lifted to God. Be bold and kind. Let the Holy Spirit lead.

DISCUSSION QUESTIONS

- *What conversation did you try to shift toward spiritual things last week?*
- *How did the other person respond?*
- *What made it difficult or easier than expected?*

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