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STRATEGIC PRAYER & INITIATIVE

# Pray First in 2024

Since the beginning of Park Avenue Baptist Church, we have been encouraged and challenged to be a people of prayer. It's in our DNA as a church. We want our rally cry to be, "Pray First."

In every situation, whether good or bad, we want to pray before we act. People often act first and then want God to bail them out of that situation, but prayer should be our first response, not our last resort. Understanding the necessity of prayer is not enough. Could it be that most people don't enjoy prayer because they have never been taught how to pray?

That's where this simple prayer tool can help. Using three prayer models out of the Bible and having some guides to make prayer more personal, this booklet is designed to help bring joy and direction into your time with God. When you discover the beauty of daily conversation with Him, you'll experience the presence of God that will change your life. Once you learn how to pray, prayer can become a part of everyday life. And then...

Before the day begins -

Before you go to bed —

Before you go to work or school —

Before you send that text -

Before you eat, drive or travel —

When bad things happen —

When good things happen —

In every situation — PRAY FIRST!

## Prayer changes everything!

We believe the truth of **Hosea 10:12**, which says, "It is time to seek the Lord, until He comes and showers His righteousness on you."

Let us seek the Lord together through a season of prayer and fasting.



## **CREATING A LIFESTYLE OF PRAYER FOR 21 DAYS**

"Now in the morning, having risen a long while before daylight, He went out and departed to a solitary place; and there He prayed." (MARK 1:35 NKJV)

Prayer is most effective when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

## HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God whether it's first thing in the morning, at lunch, or in the evening — simply choose a time and do your best to faithfully keep it.

## HAVE A CERTAIN PLACE

Jesus had specific places that He went to pray. Having a designated place to pray helps us remove distractions and frees us to focus on intimacy with God as we seek Him.

## HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline, along with several other tools, is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

# Fasting

The goal of fasting is to draw nearer to God. Biblical fasting always has to do with eliminating distractions for a spiritual purpose; it hits the reset button of our soul and renews us from the inside out. It also enables us to listen more intently to God, to celebrate His goodness and mercy and prepare our hearts for what God desires to bring into our lives. Remember, your personal fast should be just that – personal. Therefore, it is very important to seek God in prayer and follow what the Holy Spirit leads you to do.

#### Why Should I Fast?

If there is something you've been praying for, working to overcome, or seeking God's wisdom on, fasting is an effective way to quiet all the noise and tune in to what God has to say. The Bible is full of examples of the power of fasting and prayer together. In **Judges 20**, after facing terrible defeat, the Israelites fasted and asked God for guidance ahead of their next battle—which they won! In **Daniel 10**, Daniel fasted before receiving a life-changing vision from God. And in **Matthew 4**, before Jesus began His ministry, He fasted 40 days.

#### How Should I Fast?

The best way to get started is to pray and ask the Lord for wisdom on how you should fast. There are several ways to fast that can include fasting meals or certain foods, or taking a break from social media, or pausing a streaming service such as Netflix for three weeks, etc. We've provided some examples on the next page. Once you've determined how you will fast, stick to it, and watch how God moves in your life!

## SOME DIFFERENT TYPES OF FASTS

**Complete Fast** - In this type of fast, you drink only liquids, typically water with light juices as an option.

**Selective Fast** - This type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

**Partial Fast** - This fast is sometimes called the "Jewish Fast" and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 am to 3:00 pm, or from sunup to sundown.

**Soul Fast** - This fast is a great option if you do not have much experience fasting food, have health issues that prevent you from fasting food, or if you wish to refocus certain areas of your life that are out of balance. For example, you might choose to stop using social media or watching television for the duration of the fast and then carefully bring that element back into your life in healthy doses at the conclusion of the fast.

The heart of this guide is to help you find a new level of purpose, effectiveness, and enjoyment in your prayer life. It is simply a tool for us to use as we seek the Lord corporately and encounter Him personally through His word and prayer. While prayer does take commitment and can require discipline to develop into a daily habit, we also want to remember that it's a "get to" not a "got to." It's a privilege to be able to come to God in prayer.

## Now, let's Pray First and Pray Together!

## Week One - THE LORD'S PRAYER

The Lord's Prayer is often recited in churches, religious events and even public gatherings, but there's so much more to this prayer than most people realize. Pastor Steve took us through this prayer this past year during his sermon series, "The Mountain Manifesto". As we discovered, Jesus provided this model as an outline to teach us how to pray in a way that connects us to God and empowers us to accomplish His purposes.

This first seven days of our 21-Day Prayer Initiative takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed. The Bible tells us one day Jesus was praying in a certain place and when He finished, one of His disciples said to Him, *"Lord, teach us to pray..."* (**LUKE 11:1 NKJV)** So here is the model He gave them;

"Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen."

(MATTHEW 6:9-13 NKJV)

# Day 1 – CONNECT WITH GOD RELATIONALLY

## "Our Father in Heaven..." (Matthew 6:9 NKJV)

God isn't interested in us practicing religion; instead, He desires a relationship with us. God has adopted us as His children and loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us and delights Him as well.

"You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father." (ROMANS 8:15 NLT)

Declare your intimate relationship with God, addressing Him lovingly as your Father and thanking Him that you are His child. The foundation of prayer is relationship with God. He desires an intimate relationship with you!

## A PRAYER FOR TODAY:

"Father, I come to You in prayer today thankful that I am Your child. I know I am a sinner, but You have forgiven me and adopted me as Your own, and I am so grateful to call you my Father. You are my faithful Father, my loving Father and my powerful Father. Thank you for loving me. I love you."



# Day 2 – WORSHIP HIS NAME

#### "Hallowed Be Your Name" (Matthew 6:9 NKJV)

God loves when we worship Him, and there is power in His Name. Here is a list of some of His Names to help us worship Him specifically, and personally:

Jehovah-Tsidkenu, God is our **Righteousness** – He makes us clean.

Jehovah-M'Kaddesh, God is our **Sanctifier** – He has called us and set us apart.

Jehovah-Rophe, God is our **Healer** – He heals us in our body, soul and spirit.

Jehovah-Nissi, God is our Banner of **Victory** – He defeated our enemies.

Jehovah-Rohi, God is our **Shepherd** – He speaks to us and leads us.

Jehovah-Shalom, God is **Peace** – He is our peace in every storm.

Jehovah-Jireh, God is **Provider** – He supplies all of our needs.

"The name of the Lord is a strong tower; the righteous run into it and are safe." (PROVERBS 18:10 ESV)

Speak God's names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great is our God.

#### A PRAYER FOR TODAY:

"God, I am in awe of You. Your Name is a strong tower, a place of protection and safety for me. I praise You as my Healer, my Shepherd, and my Banner of Victory. You are my Peace, my Provider, my Righteousness, and my Sanctifier. Your Name is great, and I worship You."



# Day 3 – PRAY HIS AGENDA FIRST

"Your Kingdom come. Your will be done on earth as it is in Heaven" (Matthew 6:10 NKJV)

Part of being a child of God is caring about what He cares about. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. He will always give you all you need from day to day if you will make the Kingdom of God your primary concern as you "...seek first His Kingdom and righteousness..." (Matthew 6:33 NKJV)

Spend some time in prayer today focusing on what God is focused on. Some of His priorities include:

• Saving the lost, opening the eyes of the blind, setting the captives free, healing and restoring broken lives and relationships.

- Wisdom and guidance for us all and especially those in authority parental, spiritual, governmental, work-related.
- Accomplishing His purpose in our lives.
- Righteousness, peace, joy, justice, mercy and humility.

## A PRAYER FOR TODAY:

"God, I recognize there is no better plan on earth than Yours, and I pray for Your will to be done in my life (name the areas of your life where you need more of God's Kingdom today) and in our world. This world is lost and needs You desperately, and I pray for every person to know You as their personal Lord and Savior.

I pray for the leaders in my life (pray specifically over parents, spiritual leaders, government leaders, employers, and any other leaders in your life), that you would give them supernatural wisdom and discernment as they lead. Give them a revelation of Your will and Your purpose for them. And I yield my life to Your will and your way again today; may Your kingdom come in my life!

Anything You want to do in me or through me, I choose to be available to You. I ask today for wisdom and clarity as you show me my next steps."



# Day 4 – DEPEND ON HIM FOR EVERYTHING

## "Give us this day our daily bread" (Matthew 6:11 NKJV)

God promises to supply all our needs, and He wants us to come to Him with each of our requests, needs, and desires as we trust Him to provide.

# "And my God shall supply all your need according to His riches in glory by Christ Jesus." (Philippians 4:19 NKJV)

Ask God for what you need today. It may help to write down the concerns weighing on your mind or the desires of your heart. You can bring them to God, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Jesus made it very clear that we are to *"Ask and keep on asking… for everyone who asks, receives…"* (see **Luke 11:9-13 AMPC**) He is a good Father who loves to give good gifts to His children.

### A PRAYER FOR TODAY:

"Father, I acknowledge that everything I need today will come from You. You made the heavens and the earth; You are more than capable of handling any situation I'm dealing with, so I give it to You completely (specifically talk to God about what is on your mind and heart right now and give it to Him). I look to you to help me, sustain me, and give me Your peace. Remind me of Your hope and power today. Thank You in advance for taking care of my needs and being my perfect provider."

# Day 5 – FORGIVE AND BE FORGIVEN

*"Forgive us our debts, as we forgive our debtors"* (Matthew 6:12 NKJV)

God has offered us complete forgiveness, and we can receive it at any time. When we turn away from our sins and receive His forgiveness, our hearts are not only fully cleansed but we are also more prepared and empowered to forgive others.

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." (1 JOHN 1:9 NKJV)

Ask God to check your heart and life and show you areas where you might need to ask for forgiveness from Him. Then, it is your turn to forgive those who have offended you.

Lately it seems our culture has turned the act of being offended in to a national past-time. However, you can choose the Higher way – the way of Jesus. We can even choose to have an attitude and mindset towards forgiveness in advance. Ask God to forgive you and to help you forgive others as Jesus has forgiven you.

A great book to read if you need help in this area (and most of us do), is the book *"Un-offend-able" by Brant Hansen*. When we choose to forgive freely, the way God has forgiven us, we start to flourish the way He intends for us to and to actually experience more joy in life!

### A PRAYER FOR TODAY:

"God, thank You so much for offering me the gift of forgiveness. Show me any areas in my life that I need to bring before You in order to receive forgiveness, cleansing and healing.

I confess that I struggle with sin at times (talk to God about any areas of sin in your life), and I know that You desire for me to live in purity. Please forgive me for my sin and thank you for Your blood, Jesus, that cleanses me of all my sin!

Thank You for showing me unfailing grace. As You have so freely forgiven me, I also want to freely forgive others. Please help me let go of any offenses, hurt or bitterness. I release to You those who have hurt me, and I trust You to handle those situations according to Your perfect will."



# Day 6 – OVERCOMING THE ENEMY

"And do not lead us into temptation, but deliver us from the evil one" (Matthew 6:13 NKJV)

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be overcome with God's truth.

"For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms." (EPHESIANS 6:12NKJV)

By being aware that the enemy wants to destroy you, you can ask God to reveal his lies and then proclaim God's truth over your life. Ask God to show you any lies you're believing or areas of warfare happening in your life. Ask Him to expose the enemy and to help you understand and receive His truth. Simply speaking the Name of Jesus has great power in the spiritual realm.

The Bible tells us in **James 4:7** that if we resist the devil, he will flee from us. Through prayer, by faith in God's word we can resist him and walk forward in freedom.

## A PRAYER FOR TODAY:

"God, I recognize that my struggles today aren't just against the people or circumstances around me, but against Satan, the father of lies. Please help me to see how the enemy is lying to me. Help me to recognize his lies, take them captive, and make all of my thoughts obedient to the truth of Your Word (list out any specific areas God shows you where you have believed a lie that needs to be replaced with His truth).

While the enemy wants to destroy me, I know that You came to give me life to the fullest. I speak the name of Jesus over my life and declare that no weapon formed against me will prosper. I don't have to fear the enemy because the One who is in me is greater than the one who is in the world."



# Day 7 – EXPRESS FAITH IN GOD'S ABILITY

"For yours is the Kingdom and the power and the glory forever." (Matthew 6:13 NKJV)

God is more than able to move in any and every situation. Ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do.

"Ah, LORD God, behold You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You."

## (JEREMIAH 32:17 NKJV)

Remind yourself of God's limitless power and then return to praising Him and declaring your faith in Him:

• "Yours is the Kingdom" – all authority belongs to You.

 "Yours is the Power" – You are the source of all might.

• "Yours is the Glory" – Your victory is total and complete.



## A PRAYER FOR TODAY:

"Father God, nothing is too hard for You! Through Your great power, all things are possible. All authority is Yours, all honor and glory belong to You, and I know that Your victory will be complete. You are awesome, amazing, almighty God and I worship You. I praise You for Your power and presence in my life. You are my God, and You are worthy of all praise."



# Week Two - TABERNACLE PRAYER

In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet His people. As they entered the Tabernacle, they passed through seven stations, following God's instructions, to experience His presence.

Today, even though we no longer need the physical Tabernacle to meet with God, this model can help us in our prayer life. This prayer tool will take us through each station of the Tabernacle and use the purpose of each station to guide our prayer time.



Prayer <u>Process</u> represented by the Elements	
The Brass Altar	<ul> <li><u>Blood</u> - Redemption</li> </ul>
<ul> <li>The Brass Laver</li> </ul>	<ul> <li><u>Water</u> - Sanctification</li> </ul>
<ul> <li>The Golden Table</li> </ul>	• Bread - The Word
The Golden	• The Oil - Ministry of
Lampstand	the Holy Spirit
The Golden Altar	<ul> <li><u>Incense</u> – Prayer/Worship</li> </ul>

# Day 8 – THE OUTER COURT

## THANKSGIVING AND PRAISE

The Israelites entered the Tabernacle with thanksgiving and praise, and we start our prayer time the same way.

"Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name." (PSALM 100:4 NASB)

Spend some time thinking intently about *all* the blessings in your life for which you're thankful. Everything from the breath you breathe right now to the bed you slept in last night to the friends and family you have now as well as those in the past are all God's blessings and goodness to you. Your salvation, your freedom from bondage to sin and your healing emotionally, physically, mentally and spiritually are all signs of God's favor and loving-kindness to you!

It's good to write down a list, or verbalize it as you speak it out loud, sing a song of praise, or just spend quiet moments reflecting on your gratitude and praise toward God. What would you be most thankful for today if you no longer had it in your life tomorrow? That is a great place to start.



## A PRAYER FOR TODAY:

"Father God, You are good, and You deserve all my praise and more. Thank You for the many ways You have blessed me and for watching over me (make this personal by telling Him specific things in your life that you're grateful for – Our community of North Brevard, Our Church at PABC, our first responders, your home and your neighbors, etc. Thank Him for something new that you've never thanked Him for before).

Father, I want to experience Your presence and Your love in a fresh way today. Jesus, I thank you that Your mercies are new every day. I thank You for Who You are, for all You have done for me and for all You are going to do."



## Day 9 - THE BRAZEN ALTAR

## THE CROSS OF JESUS

In the Old Testament, everyone had to regularly bring animal sacrifices as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

"Praise the LORD, my soul, and forget not all His benefits who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's." (PSALM 103:2-5 NKJV)

Thank God for the gift of Jesus. Thank Jesus for His sacrifice and love. Let the power of the cross and what it means for your life really settle in your spirit. In addition to expressing your gratitude, receive the power of transformation and healing that the cross of Jesus has in your life. The cross provides us with five major benefits:

- Salvation God forgives all my sin.
- Healing God heals all my diseases.
- Redemption God rescues me and restores me.
- Transformation God changes me into His likeness.
- Blessing God provides everything I need.

## A PRAYER FOR TODAY:

"Thank You, God, for making a way for me through Your Son. Jesus, thank You for the sacrifice You made for me on the cross. You saved me, and You set me free. I praise You for being my Healer. (list specific areas where you need to experience God's healing power)

Thank You for being my Redeemer. You rescue me and give my life purpose. Thank You for transforming my life with Your love, and for making me new. I want to grow to be more like You. (as an act of obedience you can choose to intentionally surrender to Him in every area of your life)

Thank You for Your healing power in my life and for blessing me more than I even realize. I know You have good plans for me and all that I have comes from You!"



# Day 10 – THE LAVER

## CLEANSING AND PREPARING

The next step in the Tabernacle was a bowl of water where people were reminded of their sinfulness and their need to be cleansed and forgiven by God. Checking our hearts and motives and surrendering our lives to God is an important part of daily prayer.

"I appeal to you therefore, brethren, and beg of you in view of the mercies of God, to make a decisive dedication of your bodies as a living sacrifice, holy devoted, consecrated and well pleasing to God, which is your reasonable service and spiritual worship." (ROMANS 12:1 AMPC)

Because of what Jesus did on the cross, we can confess our sins to Him and receive complete forgiveness and a fresh start. In prayer, humbly and sincerely turn away from any sin you may be harboring or allowing in your life, asking God to cleanse and renew you. Then, mentally and verbally surrender every part of your life to Him.

### A PRAYER FOR TODAY:

"God, I confess my sins to You and turn away from them. (tell God any sin you know is in your life and confess it to Him with a sincere heart. Ask Him to show you any other areas that need His cleansing)

Thank You, God, for freely forgiving me. As I turn away from my sin, I turn toward You, and I offer myself to You:

• I give You my tongue, to declare Your Truth, speaking good and not evil.

• I give You my eyes, to focus on You and the things You would have me see.

- I give You my ears, to be sensitive to Your voice.
- I give You my hands, to be Your hands to serve others.

• I give You my feet, to walk in Your ways and follow Your footsteps

• I give You my mind, to be transformed and used by You.

I ask You, Lord, for the fruit of the Spirit found in **Galatians 5:22-23**, so that I can grow closer to You and make a difference in the lives of others. I ask for love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."



# Day 11 – THE CANDLESTICK

## THE HOLY SPIRIT

The next piece of the Tabernacle was a seven-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be light in the world's darkness. Jesus declared that we are "the light of the world" (**Matthew 5:14-16**) reflecting His Light that is in us.

"The Spirit of the LORD will rest on him — the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD." (ISAIAH 11:2 NKJV)

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our "advocate." We cannot do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and empowers us. Consider this truth – "The same spirit that raised Christ from the dead, lives in you"! (Romans 8:1 NKJV)



## A PRAYER FOR TODAY:

"Holy Spirit, I ask You to fill me and flow through me. I need Your presence in my life, guiding, directing, comforting, and counseling me. I know that You, Holy Spirit, are God, in the Trinity with God the Father and the Son, Jesus. You are the Spirit of Wisdom, Understanding, Counsel, Might, and Knowledge.

Give me a holy fear of the Lord, helping me to be in awe of who You are and what You can do. Work in me, Holy Spirit. Teach and transform me. (pray through any areas where you feel the need for the transformational power of the Holy Spirit today) I honor You and ask You to empower me with Your spiritual gifts for the good of the church."



## Day 12 – THE TABLE OF SHEWBREAD

## THE WORD OF GOD

In the Tabernacle, a table with twelve loaves of bread represented the importance of reading God's Word for daily sustenance.

"This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success." (JOSHUA 1:8 NKJV)

God's Word is an incredible gift and a powerful tool, and it has great relevance and impact in our prayer life. Author and pastor A.W. Tozer is quoted as saying, "Whatever keeps me from my bible is my enemy, however harmless it may appear to be."

Here are some ways you can incorporate God's Word into your prayer time:

• Take time to simply read, listen and think about the Word.

• Speak out God's many great promises from His Word for your life.

• Ask Him daily for fresh revelation from His Word.

• Ask Him for a specific verse or passage to help you as you go throughout your day.

The Table of Shewbread was given to <u>FEED THE</u> <u>PRIESTS</u>, just as the <u>WORD</u> sustains every believer today.



#### A PRAYER FOR TODAY:

"Thank You, God, for giving me Your Word. I commit to reading it, and I ask You to reveal Yourself to me through it. I want to know You more. Help me to grow more in love with Your Word and to be more dependent on it. I receive the promises You have for me, and I choose to intentionally meditate on the truth of Your Word. (pray through any specific Scriptures that God may have spoken to you recently) Give me fresh revelation from your Word today and every day! I am hungry to know You more and to see You more clearly through Your Word."

# Day 13 – THE ALTAR OF INCENSE

## WORSHIP

A small altar of burning incense stood at the entrance to the Holy of Holies, where God's presence dwelled. We experience and encounter God's presence as we worship Him and declare His names. This altar represents worship and the pleasure it gives God when we worship Him.

"A time will come, however, indeed it is already here, when the true and genuine worshipers will worship the Father in spirit and in truth; for the Father is seeking just such people as these as His worshipers." (John 4:23-24 AMPC)

Thank God for making His presence available to you. Praise His Name and worship Him personally, genuinely and specifically for Who He is and how He has moved in your life. Worship Him in spirit and truth!



## A PRAYER FOR TODAY:

"Thank You, God, for Your presence. I know that You are here with me and Your presence changes everything! I worship You and You alone. I know that You are:

Jehovah-Tsidkenu, The Lord who is our Righteousness - Jeremiah 23:6

Jehovah-M'Kaddesh, the Lord who is our Sanctifier - Leviticus 20:7-8

Jehovah-Rophe, the Lord who is our Healer - Exodus 15:26

Jehovah-Jireh, the Lord who is our Provider - Genesis 22:14

Jehovah-Nissi, the Lord who is our Victory - Exodus 17:15

Jehovah-Shalom, the Lord who is our Peace - Judges 6:24

Jehovah-Rohi, the Lord who is our Shepherd - Psalm 23:1

(As you pray through the different Names of God, focus on a few aspects of who He is that have been especially meaningful throughout your life.)

God, I know that You are always with me and Your presence is life to me. You give me Your righteousness, joy, peace, healing, guidance, protection, victory and purpose. I love you and worship you, almighty God."



## Day 14 – THE ARK OF THE COVENANT



## INTERCESSION

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priest interceded by praying on behalf of the people of God. In the same way, we intercede on behalf of those around us.

"I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone— for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth." (1 TIMOTHY 2:1-4 NKJV)

We can make a significant difference in the lives of others when we spend time praying for them. Pray for the following areas of relationships, including:

• Those in authority - in church, government, family, and workplace

• Your family - both immediate and extended family members

- Your church pastors, leaders, members, and missionaries
- Your community "Bless the 'Ville, our state, nation, and world
- Your other key relationships friends, co-workers, classmates and acquaintances

## A (longer) PRAYER FOR TODAY:

"Thank You, God, for creating a way through Jesus for me to have Your presence wherever I go. I want to specifically ask You to watch over those in authority over me - my spiritual leaders, the leaders of our government, the leaders in my family, and my employers. (pray for these people by name) I ask that You give them wisdom and grace, watch over and protect them, help them to know You and love You more.

I ask You, God, to be present with my family. Bless them and keep them from harm. (pray for any specific needs in your family right now) For those in my family who don't know You, I ask that You give them a revelation of You and guide their hearts toward You.

Lord, I ask You to pour out Your Holy Spirit on my church. Give Pastor Steve and our leadership wisdom and strength, bless the various ministries and everyone who steps foot on our campus. I pray that You will bring those who don't know You personally into our church, and that they will have a transformational encounter with You. Keep our vision rooted in who You are and move us toward Your purposes.

I ask You to watch over my city (Titusville, and all of North Brevard). May Your righteousness and peace flood our community and may Your Kingdom come and Your will be done in this place. (name areas where you feel a specific burden for our city or region)

I pray for everyone who comes across my path to encounter Your Love and life in me. I lift up my friends, neighbors, classmates, and coworkers. I thank You for them and pray for Your blessing over them (pray for any specific needs of others that God lays on your heart).

Lastly God, I ask You to provide for my needs. I know that You sustain me, and that You care for me. I lift up my body soul and spirit to You for healing and strengthening (share any needs that come to mind right now). I lay my cares and concerns at Your feet. Thank You for loving me, choosing me, and calling me Yours. Amen."



# Week 3 - WARFARE PRAYERS

Prayer is not only communion with God; it is also confrontation with the enemy. When Jesus was on the earth, He came face-to-face with the devil when He was tempted in the wilderness (see **Matthew 4** and **Luke 4**), and every time the enemy tried to tempt Him, Jesus responded with a reference from the Bible. He used the Sword of the Spirit, The Word of God, to defend Himself from the enemy's attacks. Consider that in these exchanges, Jesus didn't confront the devil as God. He confronted the devil as a man who knew the Word of God, even as He was fully God and fully man. We are called do the same thing.

These spiritual warfare prayers and verses are examples we can use and adapt to our specific situations when we or someone we know is under attack from the devil.

As Pastor Peter Lord would often say; "If you want to wage good warfare first of all pray!" (Do you have the PABC bookmark with that quote on it? If not, you can pick one up for free in any of our sanctuary lobbies.)



"IF YOU WANT TO WAGE GOOD WARFARE, <u>FIRST</u> OF ALL PRAY." - PETER LORD
## Day 15 – THE ARMOR OF GOD



Knowing that we are in a spiritual battle, God provides spiritual armor and equips us to take a stand when battles come our way. We are exhorted by the Apostle Paul in the following passage to put on this armor and take up these weapons.

"Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, 15 and having shod your feet with the preparation of the gospel of peace; 16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God; 18 praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints".

(EPHESIANS 6:11-18 NKJV)

The first thing we must do is acknowledge that we're in a spiritual battle. Then, we can declare the protection God has given us by praying through the different pieces of armor described in **Ephesians 6** using the following prayer as a model and guide.

### A PRAYER FOR TODAY:

"Thank You, Lord, for my salvation. I receive it in a new and fresh way from You, and I declare that nothing can separate me from the love of Christ and the place I have in Your Kingdom.

I wear Your *breastplate of righteousness* today against all condemnation and corruption. Cover me with Your holiness and purity—defend me from all attacks against my heart.

Lord, I put on the *belt of truth*. I choose a lifestyle of honesty and integrity. Expose the lies I have believed, and show me Your truth today.

I choose to live for the Gospel in every moment. Show me where You are working and lead me to it. Give me the strength to walk daily with You. I believe that You are powerful against every lie and attack of the enemy and I receive and appropriate your power in my life. Nothing is coming today that will overcome me because You are with me.

Holy Spirit, show me the truths of the Word of God that I will need to counter the lies of the enemy. Bring those Scriptures to mind today. Finally, Holy Spirit, I agree to walk in step with You continually as my spirit communes with You in prayer throughout the day."

## Day 16 – THE WEAPONS OF WARFARE

The Sword of the Spirit which is the Word of God, along with prayer (Ephesians 6:17-18), the name of Jesus (Philippians 2:10-11), and The Blood of the Lamb (Revelation 12:11) are our great weapons of attack against the enemy. When that Word is in established our hearts, nurtured in our minds, and proclaimed by our voice (our testimony) it becomes the sharp two-edged Sword of the Holy Spirit achieving its full effect!

"The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." (2 CORINTHIANS 10:4-5 NIV)

God has given you the authority as His son or daughter to command anything that comes against the truth of God and His Word to bow to the Name of Jesus. Take a bold stand in this way, praying specifically and confidently as you are covered by His blood, filled with His power and in His Spirit.

#### A PRAYER FOR TODAY:

"Father, Your Word says that no weapon formed against me will prosper (Isaiah 54:17), and I stand today on that promise. I profess in the name of Jesus that satan will not have a place in me or any influence on me in any way. I agree with Your word that my mind and my thoughts belong to You, Lord. I trust you to move in me taking every thought captive, making them obedient to You, Jesus. The enemy is driven out from me, from my home, workplace, church and loved ones. I declare that he is not able to stand against me. I stand on these truths in the Name of Jesus.

Anything that comes against me or my family that is not in line with the truth and will of God, I command to bow to the powerful Name of Jesus. Father God, I give You all of the praise, glory, honor, and worship. Thank You for loving me, making me clean, and giving me purpose."



# Day 17 – THE BLESSING OF PROTECTION

It is easy to fall into the trap of worrying about our safety and protection. When we face this struggle or temptation, we can immediately come to God in prayer and pour out our heart to Him. This is the time to battle in prayer by asking for and receiving protection for ourselves and our families according to God's word.

# "But the Lord is faithful, and He will strengthen and protect you from the evil one." (2 THESSALONIANS 3:3 NASB)

Share any worry or anxiety you have for protection over your life or your loved ones with God. Ask Him for His supernatural protection and trust Him to watch guard over you. He says He will "command His angels concerning you to guard you in all your ways" (**Psalm 91:11**). Stand on this promise and lay everything down before Him trusting His good plans and His power to protect you and those you love.

#### A PRAYER FOR TODAY:

"God, I bow in worship to praise You. Thank You for making a way for me through Your Son, Jesus. I surrender myself completely in every area of my life to You. I submit myself to the true and living God and refuse any involvement of the enemy in my life. I choose to be transformed by the renewing of my mind according to **Romans 12:2**.

I reject every thought that tries to compete against the knowledge of Christ according to **2 Corinthians 10:5**. I pray and thank You for a sound mind, the mind of Christ according to **2 Timothy 1:7**. Today and every day I ask for protection over my family and loved ones; all immediate family members, relatives, friends, acquaintances, and myself. I ask for protection during all of our travels. I ask You to watch over our finances, our possessions, our health, and our safety (be as specific here as you like).

All that I have is Yours God, and I declare that satan cannot touch me or anything You have given me. I rebuke the enemy and tell him to bow to the blood of Jesus that covers me and my family. The enemy has no authority over us and we are protected and provided for by You, God, and You alone."



## Day 18 – THE POWER OF FORGIVENESS



Forgiveness can feel challenging, but God makes it clear in the Bible that He freely forgives us and we are expected to do the same for others. We looked at this some earlier in our 21-day prayer journey but we want to visit it again since it is such an important part of our warfare against the enemy. People are not the enemy, the enemy is the enemy and it is one of His most ruthless schemes to bring relational division in our lives. However, we have a truth to stand on and weapons to fight his lies.

"For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins." (MATTHEW 6:14-15)

Come before the Lord with humility, honesty, and sincerity. Share the areas in your life where you need to forgive others. Even if you aren't able to settle a situation with that person, you can settle it with the Lord, releasing them from any offense by forgiving them. As we choose to forgive those who have hurt or offended us, we are continually reminding ourselves to praise and thank God for forgiving us when we didn't deserve it.

#### A PRAYER FOR TODAY:

"Lord, I have a confession to make. I haven't loved others well at times. If I have resented certain people and have not forgiven them in my heart, please reveal that to me right now (pause and just open your heart to listen to God's voice). I know that You have forgiven me for so much, and I need Your grace and heart to forgive others. In faith, I now forgive \_\_\_\_\_\_ (name anyone that God has brought to your mind). I also forgive and accept myself, thanking You for your forgiveness because You have made me new in the Name of Jesus."



# Day 19 – THE WISDOM OF HUMILITY

The Bible tells us all about the foolishness of pride and the wisdom of humility. Pride can be a very real issue in our lives, but we have the power to overcome it through Jesus.

"When pride comes, then comes dishonor; But with the humble there is wisdom." (PROVERBS 11:2 NASB)

Practicing humility requires overcoming pride in our lives. Just as you confess other sins, regularly confess any signs of pride you see in your life to God. Submit it to Him, asking Him to help you walk in humility, free of pride and selfabsorption.

If you feel like pride is an issue that continues to surface in your life, confess it daily and bring it before God. It may be good to ask a close friend to pray with you and hold you accountable in this area of your life



## A PRAYER FOR TODAY:

"Father God, I come to You in the Name of Jesus. I know pride only keeps me from You. I put down anything that would cause me to have pride in my heart in dealing with other people. Help me to prefer others over myself in a way that pleases You. I ask you, God, to remind me daily that true humility is not thinking less of myself, it's thinking of myself less. I humble myself before You and come to You like a child. "



## Day 20 – THE BENEFIT OF HEALING

Our God is a God who heals. As we prayed through His names a few days earlier, you may remember one of them is Jehovah-Rophe, the Lord who is our healer (see **Exodus 15:26**). We also read in the Bible, that He performed healing then and still does today. We don't understand everything about healing but we are told to ask in prayer for our needs and that includes healing. Therefore, with assurance that God is our healer, we can confidently approach Him asking for healing for ourselves or someone else.

"Bless the Lord, my soul, And do not forget any of His benefits; <sup>3</sup> Who pardons all your guilt, Who heals all your diseases; <sup>4</sup> Who redeems your life from the pit, Who crowns you with favor and compassion; <sup>5</sup> Who satisfies your years with good things, So that your youth is renewed like the eagle." (PSALM 103:2-5 NASB)

By faith, as a child of God, ask Him for healing and trust him for what is best. We are simply proclaiming His power and the work of Christ on the cross, believing and trusting Him to work in us and for those we are praying to be healed.



## A PRAYER FOR TODAY:

"Father, in the Name of Jesus, I come before You asking for healing for \_\_\_\_\_ (name yourself or someone you are praying to experience healing). My hope is in You as our healer.

I believe You are able to do this because Your name is Jehovah-Rophe, the God who heals. I realize You are the same yesterday, today, and forever. I know You can heal in many ways, either instantly or gradually, so I submit myself (or the person you are praying for) in faith to You.

Thank You, Jesus, for dying on the cross so that we can receive healing by your shed blood. Your Word says that You forgive our sins and heal our diseases, and I praise You for this promise.

Thank You that the same spirit that raised Jesus from the dead lives in us. I stand in faith believing for healing for my own life and for those I pray for healing.

Nothing is impossible for You, God! Thank You for Your peace, presence, power and direction. In Jesus Name, Amen."



# Day 21 – THE GIFT OF SALVATION

God desires everyone to know Him. He says in His Word that He is like a shepherd would leave the 99 sheep to go after the one lost sheep. **(Matthew 18:12-14)** As followers of Christ, we are called to partner with Him by praying that those who don't know Him would come to know Him.

#### FIRST, ASK THE FATHER TO DRAW THEM TO JESUS

God draws people to Him. It's not something we can make happen out of our own efforts, so we need to be faithful in praying that the Father would draw those He's placed on our hearts to Jesus.

# "No one can come to me unless the Father who sent me draws them..." (JOHN 6:44 NASB)

#### SECOND, PRAY FOR BELIEVERS TO CROSS THEIR PATHS

This is twofold: we can pray for other Christians to influence the people around them towards the gospel, and we can also look for opportunities to influence others toward the gospel message ourselves. God's plan to reach people is worked through those who already know and love Him. Jesus asked us to pray for people to go into the world to be salt and light. He came to bring the good news of the Gospel to all people, and His desire is that everyone would know His love and experience a dynamic relationship with Him.

### "So pray to the Lord of the harvest to force out and thrust laborers into His harvest." MATTHEW 9:38 (AMPC)

As his "spiritual farmers," we should be attuned to opportunities to plant spiritual seeds in the lives of the

people we encounter each day. We may have no idea who has already been praying for them and the culminating impact our kind word, compassionate act, or loving attitude that can have to draw someone to Christ.

Think about the people you know who are far from God. Let your heart be open to God moving in the lives of those around you and anyone He may bring to your mind. It may help to write down their names as you focus on praying for them.



#### A PRAYER FOR TODAY:

"Father, I pray for the people around me (list specific names), that You would supernaturally draw their hearts to You. Send Your Holy Spirit to them, and give them the desire to give their lives to You. Help them to recognize their longing for more in life as a spiritual thirst only You can quench. Open their ears to hear Your voice.

Lord, let my life shine in such a way that people want to know Your love that has changed my life. Allow others to see a real love and concern in me for them in all that I say and do. Let me be Your voice, hands and feet to share Your love and serve them. May I be a vessel totally available to You, for You to let them know just how much You love them."

## **BONUS – NEVER STOP PRAYING**



God has put us on the earth at this specific time for a reason. He says in **Acts 17:26** that He determined when and where we would live. Knowing this, we can look at those around us at this specific time in history, and take personal responsibility to pray. Here are powerful reminders from scripture;

"Now Jesus was telling the disciples a parable to make the point that at all times they ought to pray and not give up and lose heart." (Luke 18:1 AMP)

*"Be unceasing in prayer, praying perseveringly."* (1 Thessalonians 5:17 AMP)

Now that you have completed this 21-day Prayer Initiative our prayer is that you will continue to set aside time each day to meet with God who loves you and desires to spend time with you. Our hope is that you will continue to seek His face and soak in His presence – for "in His presence is fullness of joy"! (**Psalm 16:11**) Truly, the greatest measure of our success and the path to flourishing in this life is intimacy with Christ! May you never cease to enjoy your time with The King.

