

# **Know Better, Grow Better**

# DECIDE BETTER August 6, 2023 - Week 1

#### **ICE-BREAKER...**

Spread your story cards out in the middle of your group where everyone can see.

Ask each person to choose a card that represents where their life is right now.

Give each person a chance to share why they chose the card they picked. (If you have new group members have them introduce themselves when they share.)

#### **GROUP DISCUSSION...**

- 1. Share one of the best decisions of your life. How did that decision impact the quality of your life?
- 2. Describe your thought process when you have to make a difficult decision. What works best? Where do you have room to grow?
- **3.** In the video, Pastor Ben talked about 5 clarifying questions for making better decisions. Which question are you going to apply to an upcoming decision?
- **4. READ James 1:5.** When was the last time you asked God for wisdom? What happened? When you ask God for wisdom how do you listen for His response?
- 5. **READ Daniel 1:8.** What decisions can you make this week to help you make better decisions in the future?
- **6. READ Isaiah 43:18-19.** Daniel decided his red line in advance. What is the difference between dwelling on the past and learning from the past? How can failed decisions in the past help or hurt your decisions in the future?
- **7. READ Proverbs 16:9.** What are some values that God has placed in your heart? Are your decisions and actions reflecting these values?
- **8.** We struggle to make decisions because we are afraid to make wrong choices, we are overwhelmed by the number of choices, or we let emotion over rule our logic. Which of these do you struggle with the most? Why?

#### **HOMEWORK**

When your values are clear your decisions are easier. Clarify your values this week by writing them down. Do you sense any invitation from God to align your actions with your values?

## **REMIND YOURSELF DAILY**

A THOUSAND SMALL DECISIONS OUT WEIGH ONE BIG DECISION.

## **VERSE OF REFLECTION...**

I pray this, that your love may abound even more and more in knowledge and every kind of insight <sup>10</sup> so that you can DECIDE what is best, and thus be sincere and blameless for the day of Christ, <sup>11</sup> filled with the fruit of righteousness that comes through Jesus Christ to the glory and praise of God. – Philippians 1:9-11

#### ANNOUCEMENTS...

- MEN'S BREAKFAST Saturday August 12th // 9:00AM // TXT "EAT" to 520-201-2444
- FAITH & FAMILY NIGHT @ D-BACKS Friday August 25<sup>th</sup> // 6:30PM // TXT "Dbacks" to 520-201-2444
- WOMEN'S BUNCO NIGHT Friday September 1st // 6:30PM