



# Appendix A

## Additional Activities for Families During the Advent Season

The hope and goal for believing parents in raising their children is to point them to the gospel of Jesus continually in hopes that God will save them. This can seem like an overwhelming task at times. Where do we start? What do we do? How do we point our children to Jesus in the everyday rhythm of life?

To help answer these questions, I ask parents to consider three areas of life as they think about family discipleship: time, moments and milestones.

**TIME** – Create intentional time in the rhythm of your family’s life to think about, talk about and live out the gospel.

**MOMENTS** – Capture and leverage moments in the course of everyday life for the purpose of gospel-centered conversations.

**MILESTONES** – Recognize and remember significant spiritual milestones of God’s work in the life of your family.

In an effort to help families focus on time, moments and milestones during the Advent season, I have given additional activities in each of these areas.

Activities to help you create intentional *time*:

- Make a set of Christmas ornaments to remind you of the prophecies of Jesus’ birth and their fulfillments.
- Spend time imagining what the “glory of the Lord” shining down on the shepherds was like. Draw what you think it looked like. Or turn off the lights and recreate it with flashlights, candles, props and loud singing.
- Make a Christmas card for someone who does not love and trust Jesus. Wish them a merry Christmas and tell them that Jesus came to save sinners!
- Consider a way your family can serve in the community during the Advent season. Here are a few ideas:

- o Adopting an angel and shopping for them together.
- o Visiting an elderly care center and singing carols for the residents.
- o Serving a meal at a homeless assistance shelter.
- o Taking dinner to someone you know who is lonely or in need.





- Create luminaries for your front yard, sidewalk or porch to remind your family of the star God put in the sky to tell the Magi of Jesus' birth. Take paper lunch bags and draw or punch out a star on each bag. Fill the bottom of the bags with sand to keep them from blowing away. Place a battery-operated candle inside.
- Play hide-and-seek and talk about how Jesus came to seek and save the lost. Thank God for sending Jesus.

Ideas for capturing teachable *moments*:

- Give hints about Christmas gifts that your children will be receiving to build anticipation in their hearts. Remind them of the "hints" God gives us in Scripture of what Jesus' birth and second coming will be like. There is no greater gift than loving and trusting Jesus!
- Have a kid-friendly nativity set for your children to play with. As they play, retell the Christmas narrative.
- As you're out shopping, look for opportunities to remind your children that all material things are temporary and will ultimately never satisfy them. The only lasting hope is Jesus.
- When you see Christmas lights, talk about which lights and houses are your favorites and why. We are attracted to lights because we are made for the light. Talk with your children about how these lights remind us of Jesus, the best and perfect Light of the World.
- If carolers come to your house, remind your children of the angels who appeared to the shepherds proclaiming the good news of Jesus' birth.

Ways to recognize and remember *milestones*:

Milestones are significant moments in the life of a family. Not every family will have a milestone to remember this Advent season. If your family does, take time to recognize the work that God is doing in your family and worship Him.

- *Celebrating a new family member* – If another person joined your family this year, there is much to celebrate. Families grow through the birth or adoption of a child, marriage or taking in a person who needs love and support. Often, when a new person joins a family, they do not have many Christmas ornaments to add to the family tree. Make or purchase a special ornament for your new family member to recognize and remember God's goodness to bring you together.
- *First Christmas without a family member* – Celebrating can be hard when your family is grieving the loss of a loved one. Take time to help your child remember and talk about that special person if they need to. Help them to remember the good times and memories they have about that person. If your loved one was a believer, talk about the beautiful reality that they are now with Jesus. Hang an ornament or put out a special decoration that reminds your family of that person. Be honest with God about your sadness and ask Him to make your hearts joyful again.

