

GOD IS LOVE

5-Day Devotional: Born of God - Why Sin Doesn't "Fit" Anymore 1 John 3:1-10

We live in a world that normalizes sin and minimizes holiness. But John reminds us that those who belong to God live differently. When we are born of God, sin no longer defines us — love does. Through Christ, we receive a new identity, a new power, and a new way of life.

This 5-day study will help you understand who you are in Christ, why sin doesn't "fit" anymore, and how to walk in the love and righteousness of God.

Day 1: You Are God's Child

📖 Read: 1 John 3:1–3; Ephesians 2:1–5; John 1:12–13

💡 Key Thought: When you know who you are, you live differently.

Before Christ, we were spiritually dead — enslaved to sin and separated from God. But in His great mercy, God made us alive in Christ and welcomed us into His family. John says, "See how very much our Father loves us, for he calls us his children, and that is what we are!"

This isn't a metaphor — it's your reality. Through faith in Jesus, you've been reborn and adopted by God. You no longer strive for identity; you receive it. When you know who you belong to, your choices, desires, and direction begin to change. You start to look more like your Father.

Reflect:

- What does being called a "child of God" mean to you personally?
- How does your identity in Christ change how you view sin and temptation?
- Where might God be inviting you to live more like His child this week?

🙏 Pray: Father, thank You for calling me Your child. Help me live confidently in Your love and reflect Your heart in everything I do.

Day 2: Hope That Purifies

📖 Read: 1 John 3:2–3; Philippians 3:20–21; Titus 2:11–14


💡 Key Thought: The hope of seeing Jesus shapes how we live today.

John reminds us that even though we are already God's children, there's more to come: "We will be like Him, for we will see Him as He really is." Our future is secure, and that hope should impact how we live right now.

Hope in Christ doesn't make us passive — it purifies us. When you remember that Jesus is coming back and that you will one day be like Him, it changes your perspective. Purity isn't about perfection but direction — daily choosing to follow Jesus and reflect His holiness.

Reflect:

- How does your hope in Christ's return influence your daily choices?
- What areas of your life need to be purified or surrendered to God?
- How can you fix your eyes on eternity this week?

 Pray: Lord, thank You for the promise that one day I'll be like You. Give me strength to live in purity and purpose until You return.

Day 3: Sin Doesn't Fit Anymore

 Read: 1 John 3:4–6; Romans 6:15–18; Galatians 5:16–17

 Key Thought: You can't walk with Jesus and walk in sin at the same time.

When you belong to Jesus, sin no longer fits who you are. John says, "Anyone who continues to live in Him will not sin." He's not saying believers are perfect, but that we can't live comfortably in ongoing rebellion against God.

The Holy Spirit within you won't let you stay the same. He convicts you, calls you back, and gives you power to choose righteousness. As a child of God, sin feels foreign because you've been made new. You might stumble, but you won't settle — because God's Spirit is alive in you.


Reflect:

- What sin or habit no longer "fits" your new life in Christ?
- How does the Holy Spirit convict and guide you toward righteousness?
- What practical step can you take to walk closer with Jesus today?

 Pray: Holy Spirit, thank You for living in me. Convict me when I wander and lead me to walk in freedom and obedience.

Day 4: Our Actions Reveal Who We Belong To

 Read: 1 John 3:7–10; Matthew 7:15–20; James 2:14–18


 Key Thought: A changed heart produces a changed life.

John doesn't leave room for confusion — the way we live reveals who we belong to. "Anyone who does not live righteously and does not love other believers does not belong to God." Our actions don't save us, but they show that God's Spirit lives in us.

Jesus said, “You will know them by their fruit.” True believers bear fruit that looks like Jesus — love, joy, peace, patience, and righteousness. The closer we walk with Him, the more His character becomes visible in our lives.


Reflect:

- What “fruit” in your life shows that you belong to God?
- Where do your actions and beliefs need to align more closely?
- How can you show love and righteousness to others this week?

 **Pray:** God, help my life reflect who I belong to. Let Your love, righteousness, and truth be visible through my actions.

Day 5: Born Again – A New Kind of Life

 **Read:** John 3:3–8; 2 Corinthians 5:17; Romans 8:9–11

 **Key Thought:** Being born again changes everything.

Jesus told Nicodemus, “Unless you are born again, you cannot see the Kingdom of God.” To be born again is to receive new life through the Holy Spirit — a life that looks different, loves differently, and lives differently.

The Spirit of God gives you new desires, a new direction, and a new purpose. You’re not the same person you once were. The old has gone; the new has come. When you’re born of God, sin no longer defines you — love does.

Reflect:

- What does being “born again” mean in your own words?
- How has the Holy Spirit transformed your thoughts and actions?
- How can you walk more fully in your new life today?

 **Pray:** Jesus, thank You for making me new. Fill me with Your Spirit and help me live out the new life You’ve given me.