



“Faith Under Pressure”  
Small Group Questions  
Week of January 11, 2026

**Icebreaker:**

*What’s your go-to comfort when you’ve had a rough day?*

*If you could instantly take a break from one responsibility this week, what would it be?*

**Discussion Questions:**

1. Read together James 1: 1-18

2. What stood out to you as you read this passage?

Was there a word, phrase, or idea that caught your attention?

3. Why should we “count it all joy” when we encounter trials?

Why is it so hard to find joy in tough situations?

4. Has there ever been a time in your life that there was a struggle and it seemed you could not find joy or patience out of it? If you’re comfortable, share with your small group.

5. James encourages believers to ask God for wisdom when life is hard. What do you notice about how James describes wisdom and faith in this passage?

6. How do you usually respond when you’re in a difficult or stressful season? Do you tend to push through, withdraw, pray more, or look for quick relief?

Do you feel closer to God or farther away from God?

7. James reminds us that God is good and does not change. Share about a time you experienced God’s goodness during a hard season

8. As you think about your own life right now, where might God be inviting you to trust Him more deeply or ask Him for wisdom?

Pray together to close!