

10 Powerful Prayers to Pray Over Your Children

(For All Ages)

Children are a precious gift from God. So, when the challenges of life come along, it's easy to fear for their futures. But praise God, we have the gift of praying for children we know and love, and those around the world who may be facing difficult times.

Praying for children is one of the most powerful things you can do as a parent, carer or compassionate Christian. That's why we've gathered together 10 prayers for children.

1. PRAYERS FOR MY CHILDREN'S PROTECTION

Take encouragement from the fact that our God is fully in control of all things. Remind yourself that "we know that in all things God works for the good of those who love him, who have been called according to his purpose." Romans 8:28

Prayer: Lord God, we praise you that you are fully in control of all things. I pray you would protect my child. Keep them healthy and help them to thrive. I thank you that you know every hair on their head. You know exactly when they rise and when they fall. Watch over my child in every area of their life and keep them safe I pray, Amen.

2. PRAYERS FOR CHILDREN AROUND THE WORLD

Dear Lord Jesus. Thank you so much for all the precious children in this world. We know they mean so much to you. We pray you would help us do all we can to protect and give them the start in life they deserve. Lord we bring to you all of the wonderful work being done to release children from poverty, and we pray that you would bless every pair of hands that works for you. Increase and bless their efforts in Jesus name, Amen.

Thank you Jesus that you have lived here as one of us, you know what it's like to be a child, and to feel everything that children feel. Thank you that we as adults have everything we need to encourage, nurture and provide for those in need.

I pray for children around the world that you would be in their lives and they would grow up knowing they are loved by you. As you bless them with opportunities in their local projects, I pray they would be able to change lives for others in their communities too. Amen

3. PRAYERS FOR CHILDREN'S FUTURES

In the uncertainty of life, give thanks that God has good plans for your children. He will give them a hope and a future (Jeremiah 29:11).

Prayer: Heavenly Father, I thank you that all good gifts come from you. I thank you that I can trust you for the future of my family. Please guide my child in every step they take. I pray they would know your provision and protection. Make steady their steps I pray. Amen

4. PRAYERS FOR CHILDREN'S EDUCATION

Praise God for the educational opportunities He's given your child! Pray for them to grow in intrigue and wonder at world around them. Ask that they would develop a real love of learning. "For the Lord gives wisdom; from his mouth come knowledge and understanding." Proverbs 2:6

Prayer: God I thank you for the gift of knowledge! I praise you that you provide us with brains to think and question the world around us. I pray you would help my child learn well and flourish. May they discover their unique talents and giftings. Give them a passion for the world around them. Amen

5. PRAYERS FOR CHILDREN'S FRIENDSHIPS

As the Bible tells us, relationships truly are a gift. Take a moment to pray for your child to know the support of great friends around them.

Prayer: Father God, I thank you that you made us to be in relationship with others. I pray for my child to know great care and support from those around them. May they be encouraged by friends at school, college or university. May they show your love and care to their friendship circle. Amen

6. PRAYERS FOR THOSE CARING FOR CHILDREN

Prayer: We love You so much, Lord! We surrender fully to You and pray that Your love will guide us today and every day. May we simply be conduits of Your love to the children in our care. Amen

“Watch carefully the children around you. In precious moments you will catch a glimpse of your Saviour’s face. Listen intently and you will hear his voice. Walk gently among them; his footprints are all around you. Embrace them, for you are embracing him. Respect them, because they are sometimes God’s agents – exactly the kind of instruments he needs. At such times, only a child will do.” Wess Stafford

7. PRAYERS FOR BABY AND NEWBORNS

Babies are such a precious gift. Thank God that He is the author and giver of life! “For you created my inmost being; you knit me together in my mother’s womb.” Psalm 139:13

Prayer: Lord God, we thank you for the gift of new life. We thank you for this precious baby’s safe arrival into our world. We pray this baby would sleep peacefully and be kept from harm. We pray you would bless this child as they grow. Keep them safe and strong in the weeks, months and years ahead. Give us grace and strength through the highs and lows of caring for a newborn baby. In Jesus’ name. Amen

8. PRAYERS FOR TEENS

Being a teenager can be tough. We hope this prayer will spur you on to pray for your teenager to know the faithfulness of God through both challenges and joys.

Prayer: Lord God, I pray for my teenage son or daughter to know your goodness and provision. I pray they would place their identity in you. I ask that in the pressures of life, they would know you are their rock on which they can stand. I pray that through the challenges of school life, exams, and future decisions, you would lead them, guide them and bring them comfort. In Jesus' name, Amen

9. PRAYERS FOR MY SON

Use this helpful prayer to guide you in praying for your son as they grow up.

Prayer: Father God, I praise you for the gift of my son. I pray he would follow after you and be a builder of your kingdom. I ask that you would protect and steady his steps. May he learn to hear and follow your voice. Like Timothy in the Bible, may my son be an example to believers in speech, love, conduct, faith and purity. (1 Timothy 4:12) Amen

10. PRAYERS FOR MY DAUGHTER

Take a moment to give thanks for the gift of your daughter. Let these words spur you on as you pray for her future.

Prayer: Holy God, I thank you for the precious gift of my daughter. I pray you would protect her through the years. May she become a young woman of great character, seeking after your heart. I pray that through the challenges of life, she would find her confidence in you. May she know your joy as her strength (Nehemiah 8:10). Amen.

CHILDREN'S PRAYERS TO RESOURCE YOUR FAMILY

A child's prayer can be beautiful and powerful. As well as praying for your children, it's also great to encourage your kids to pray simple prayers themselves. Let this collection of prayers for kids help your child as they reach out to their Heavenly Father.

Morning prayers for kids

Teaching your children to pray in the morning is really simple and it's a great foundational habit to teach them. These are some ideas of morning prayers your child can use as a guide:

- Father God I thank you for this new day. I thank you that you love me and are with me today. Amen
- Father God, please be with me today in everything I will face. Help me to learn well at school. I pray that I would be a good friend to those around me today. Amen
- Father God, I thank you for everything you have done for me. I thank you for my family and my friends. I thank you that you love me so much that you sent your son Jesus for me.

Bedtime prayers for children

Some children may find it easier to pray at bedtime. Use this selection of children's bedtime prayers to connect with God during your child's nighttime routine:

- Father God I thank you for being with me today. I thank you that you were alongside me in everything I faced today. Please help me in the week ahead. I thank you that you will never leave me. Amen

- Father God I thank you for everything you have blessed me with today. Thank you for my friends and family. Thank you for keeping me safe. Amen
- Father God, I pray you would help me sleep well tonight. I thank you that you love me and care for me. Amen