

# Shabbat School Bereshit: Shemot "names"

SUBJECT	TEACHER	HEBREW DATE	DATE
How did I get here?	Rebbitzen Pammy, Cathy Harris	21 Tevet 5786	1/10/2026

## OVERVIEW: HOW DID WE GET HERE?

TEACHER GUIDE		STUDENT GUIDE
<b>INTRODUCTION</b> "OPENING" 5 MINUTES	Say to them: "Shalom Yeladim" (sha-LOAM Ye-la-DEEM). Tell them how to respond: Shalom Morim	<b>Say Shema, Pledge of Allegiance.</b>  Can one decision affect your whole life? Can your one decision affect all generations after you?
<b>IDENTITY: B'NEI ISRAEL/BRIT AHM</b> 5 MINUTES	<b>Hebrew:</b> שֵׁם  Part of Speech: Noun Masculine Transliteration: shem Pronunciation: shem Meaning: name, names, name's, fame, named, renown, famous 1. an appellation, as a mark or memorial of individuality. 2. (by implication) honor, authority, character  When G-D returns will you be ready?!"	In our haftorah passage it says they are enslaved in sin (drunkenness), and because like babies they can only be taught with nursery rhymes in this way: " 'precept on precept, precept on precept, line upon line, line upon line, here a little, there a little.' So they walk, and fall backward, and are broken, trapped, and captured."  It is expected that young children must learn this way but how does choosing to stay in sin affect the rest of our life? Look at the end of the above passage. Do you know anyone who is stuck in this pattern?
<b>IDENTITY: HEARER OF G-D'S WORD</b> 5 MINUTES	<b>Read Portions:</b> Shemot 1:1-6:1 (1:1-10) Yeshayahu 27:6-28:13, 29:22-23 (28:1-13) Mattiyahu 22:23-33 (22:29-40) extended  Learn our memory verse for the year 5786.>>	Memory Verse: Yeshayahu 41:10  <sup>10</sup> Fear not, for I am with you, be not dismayed, for I am your God. I will strengthen you. Surely I will help you. I will uphold you with My righteous right hand.

<b>IDENTITY:</b> <b>BELIEVER OF</b> <b>G-D'S WORD</b>  5 MINUTES	Ask: "B'nei Yisrael stayed in Mitzrayim, Why do you think?"	<b>Discuss:</b> What are the sins we like to stay in? (Ugly television shows, mindless youtube, disgraceful movies, horror games and books, dark media of all kinds)?
<b>IDENTITY:</b> <b>FOLLOWER OF</b> <b>G-D'S WORD</b>  5 MINUTES	Ask: Does staying in sin make us slaves?	<b>Discuss:</b> Does staying in sin affect more than just our ability to learn and escape?
<b>IDENTITY: DOER</b> <b>OF G-D'S WORD</b>  5 MINUTES	Who we are is largely dependent upon what we do; we choose to turn our back on sin, and follow G-D instead.	Ask: Is it easy to escape the sins in our culture? How does loving G-D enable our escape?
<b>GAME/ACTIVITY</b>	Enslavement	<<-how easily we fall into it?
<b>HOMEWORK</b>  3 MINUTES	Our letter of the month of Tevet is bet. Look around shul for something that begins with the sound like the English letter "b"; "Shavua tov, until next week!"	Close with prayer: say out loud what you are grateful for and things you need prayer for today.

**NEED**

- Bible

**Rabbi's Drash:****RESOURCES**

- Pledges & Shema
- Shabbat Guide

**NOTES**

The first goal is to approach all scripture with humility and prayer.

Have you ever found yourself in a troublesome situation and thought to yourself, "How did I get here?"

The answer to that question is almost always, "I made the choice to be here."

The Book of Exodus tells the story of Ad-nai's deliverance of Israel from Egypt. But, like our own problems, it begins by reminding us that the Children of Israel chose to be in Egypt. This is why it is so very important that we pray about things before we do them. If we listen to Ad-nai, we will avoid many of the Egypts in our lives.