

SOCIAL 1/3

Build It Up, Knock It Down

What You Need

- ☐ Building blocks



① What You Do

Before the Activity

1. Set the blocks out in an open area and ask children to join you.

During the Activity

1. Encourage children to build towers and pyramids.
2. When the building is complete, count down from three and allow the children to knock it down.
3. Repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Friends, come join me at the blocks!"

During the Activity

"Let's work together and use all the blocks to build a pyramid, that's a tower that looks like a triangle. We can line up six blocks end to end. (PAUSE.) Now, stack more blocks on top of that first line, starting them a bit from the edge like this. (DEMONSTRATE.) Keep adding, making it go higher and higher. (PAUSE.) Wow, you built it so tall! I'm going to count and then we can knock it down! Ready? Three, two, one, knock it down! (PAUSE.) Okay, this time I want you to build several tall towers. (PAUSE.) Wow! Look at how tall the towers are! Here's the countdown. Three, two, one, knock it down! (REPEAT AS DESIRED.) Great job, friends! That was so fun."

After the Activity

"Today in our true story from the Bible, we're going to hear about a small boy named David, who knocked over a big giant named Goliath! I can't wait to hear all about it. Let's go!"

Transition → Move to Worship and Story by encouraging children to walk, then freeze and strike a superhero pose when you count to three. Continue until you get to your designated area.

SOCIAL 2/3

Superhero Match

USES MINIMAL
SUPPLIES

MADE TO
Play

What You Need

- ☐ "Superhero Match" Activity Page
- ☐ Cardstock
- ☐ Scissors

① What You Do

Before the Activity

1. Copy "Superhero Match" on cardstock and cut one set per Small Group.
2. Shuffle cards and lay them face up on the table.

During the Activity

1. Encourage children to match each big superhero to the small superhero.
2. Shuffle and repeat as desired.

After the Activity

Introduce the Bible Story.

② What You Say

Before the Activity

"Friends, come over to the table and let's play a game!"

During the Activity

"Look at all these pictures of superheroes! Some are big and some are small. Can you find the matching superheroes? [CHILD'S NAME], can you find a match? (PAUSE.) You found the big and small [COLOR] superheroes. Great job! (CONTINUE WITH EACH CHILD UNTIL ALL THE MATCHES ARE MADE. RESET AND REPEAT AS DESIRED.) What a fun game finding the big and small superheroes!"

After the Activity

"In our Bible Story today, we'll hear about a small boy named David and a great, big giant named Goliath. David was super brave, just like a superhero! Let's find out more about David and Goliath!"

Transition → Move to Worship and Story by pointing out all the people you pass as you travel to your designated area. Continue until all the children are in line and walking to the designated area.

GROUPS 1/4

Brave Reminder

Memory Verse Review

Faith Skills

Hear from God

Pray to God

Talk about God

Live for God

What You Need

- ☐ "Brave Reminder" Activity Page, cardstock
- ☐ Washable markers or dot markers
- ☐ Self-inking stamps
- ☐ Baby wipes
- ☐ Scissors



① What You Do

Note → You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

Before the Activity

1. Copy "Brave Reminder" on cardstock and cut one cutout per child.
2. Write each child's name on their paper.
3. Say the Memory Verse and do the motions together with the children.

During the Activity

1. Encourage children to decorate their door hanger.
2. Say the verse and motions again.

After the Activity

Connect the Memory Verse to the Bottom Line.

② What You Say

Before the Activity

"Friends, come stand with me, and let's do the motions as we say our Memory Verse. Ready? 'Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you," **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)** Great job!"

During the Activity

"Let's sit at the table together. I have something for you to make that will help you remember that God can help you be brave. **(HOLD UP A DOOR HANGER.)** It has the words to our Memory Verse on it. Use the markers and stamps to decorate it. **(PAUSE.)** Wow! You did a great job with these. So when you get home you can hang it on a door knob and when you go in or out of the room, you can remember that God can help you be brave. Let's say our Memory Verse one more time and do the motions. Ready? 'Be strong and courageous. **(MUSCLE ARMS)** Do not be afraid . . . **(CROSS AND UNCROSS HANDS)** for the Lord your God **(FLAT HAND WITH THUMB TO FOREHEAD, PULL DOWN)** goes with you," **(MARCH IN PLACE)** Deuteronomy 31:6. **(OPEN HANDS LIKE A BOOK.)** Good job, everyone!"

After the Activity

"The Bible teaches us that God can help us be brave. We don't need to be afraid; we can be strong and courageous because God is with us! God can help you be brave and **(BOTTOM LINE)** God can help me be brave. Who can help you be brave? **(BOTTOM LINE)** God can help me be brave."