

ESTABLISHED IN FREEDOM

What does real freedom look like? Not just the freedom to do what we want, but the freedom to live the life we were made for. In Established in Freedom, we'll explore Galatians 5 and discover that true freedom isn't found in chasing our desires or following the rules—it's found in walking by the Spirit.

This series will unpack how Christ has set us free from the weight of sin and striving, and how the Spirit shapes us to bear fruit that reflects a transformed life.

Each week, we'll lean into what it means to be rooted in grace, to break free from the things that hold us back, and to stand firm in the freedom Jesus won for us. Because freedom isn't a feeling—it's a foundation. And it's time to get established.

As you reflect and pray through each day, may your heart be anchored in the beautiful reality that your sufficiency comes not from within—but from the One who is always more than enough.

DAY 1

EMBRACING TRUE FREEDOM

Reading: Galatians 5:13-25

Freedom in Christ is a central theme of the Christian faith, yet it's often misunderstood.

Today's passage reminds us that we are called to freedom, but not a freedom that indulges our sinful nature. Rather, it's a freedom to love and serve others. As you reflect on this Scripture, consider areas in your life where you might be using your freedom selfishly.

How can you instead use your freedom to show love to others? Remember, true freedom is found in surrendering to the Holy Spirit's guidance, allowing Him to produce His fruit in your life.

Today, pray for the Holy Spirit to make you more like Jesus, embracing the freedom He offers to live a life of love and service.

DAY 2 THE POWER OF LISTENING

Reading: James 1:19-27

In our fast-paced world, we often prioritize speaking over listening. Yet James, the brother of Jesus, emphasizes the importance of being quick to listen and slow to speak. This isn't just about interpersonal communication; it's about how we approach God's Word.

As you read this passage, reflect on your own habits. Are you quick to listen to God's Word? Do you merely hear it, or do you put it into practice? Challenge yourself today to spend more time in quiet reflection on Scripture, allowing God's Word to truly penetrate your heart.

Ask the Holy Spirit to help you not just be a hearer of the Word, but a doer as well.

DAY 3

TRANSFORMATION ANGER

Reading: Ephesians 4:26-32

Anger is a natural human emotion, but it can often lead us astray from God's path. Today's reading provides guidance on how to deal with anger in a godly manner. Paul instructs us not to let the sun go down on our anger, reminding us that unresolved anger can give the devil a foothold in our lives. As you meditate on this passage, consider any unresolved anger in your own life.

How might holding onto this anger be hindering your spiritual growth? Ask God to help you release any bitterness or resentment, replacing it with kindness, compassion, and forgiveness. Remember, as you've been forgiven in Christ, you are called to forgive others.

DAY 4 PLANTING THE WORD

Reading: Matthew 13:1-23

Jesus' parable of the sower illustrates the importance of not just hearing God's Word, but allowing it to take root in our lives. The transcription mentions "humbly accepting the word planted in you," echoing this parable.

As you read, consider what type of soil your heart represents. Are there areas of your life where God's Word struggles to take root? Perhaps there are "thorns" of worry or the "rocky ground" of shallow faith hindering growth. Today, ask the Holy Spirit to cultivate your heart, making it fertile ground for God's Word.

Commit to nurturing the seed of God's Word in your life through regular study, meditation, and application.

DAY 5 BEARING FRUIT

Reading: John 15:1-17

Jesus uses the metaphor of a vine and its branches to illustrate our relationship with Him and the fruit it should produce. This passage reminds us that apart from Christ, we can do nothing. True spiritual fruit - love, joy, peace, patience, and more - comes from abiding in Jesus.

As you reflect on this Scripture, consider how closely you're abiding in Christ. Are you seeing the fruit of the Spirit in your life? Remember, this fruit isn't produced by your own efforts, but by remaining connected to Jesus, the true vine.

Today, focus on deepening your connection with Christ. Spend time in prayer, asking the Holy Spirit to help you abide more fully in Jesus and to produce His fruit in your life.