

ESTABLISHED IN PRAYER

Prayer is more than a habit we check off a list—it's the lifeline of our faith. It is the steady rhythm that draws us closer to God, grounding us when life feels uncertain and lifting us when hope seems far away. Through prayer, we align our hearts with His will, we exchange our worries for His peace, and we find strength for every season of life. In our new series, *Established in Prayer*, we'll take time to truly understand the power and purpose of prayer. We'll learn what it means to approach God with confidence, trusting that He not only hears us but also speaks to us.

Together, we'll explore how prayer anchors us in truth, equips us to stand firm in trials, and transforms the way we see the world around us.

This series will remind us that prayer isn't just about speaking to God—it's about walking with Him daily, experiencing His presence in the ordinary and extraordinary moments alike. As we seek Him together, we'll discover how prayer builds resilience, deepens intimacy with our Creator, and establishes us firmly in the unshakable foundation of His love.

DAY 1

LISTENING FOR GOD'S VOICE

Reading: 1 Kings 19:11-13

In our noisy world, it's easy to miss God's voice.

Like Elijah, we often expect God to speak in dramatic ways - through mighty winds, earthquakes, or fire. But God often chooses to speak in a gentle whisper. Today, challenge yourself to create moments of silence. Turn off distractions, quiet your thoughts, and listen intently for God's voice.

Remember, to hear a whisper, you must be close and attentive. How might God be speaking to you in the quiet moments of your day?

DAY 2

DRAWING NEAR TO GOD

Reading: James 4:8-10

God invites us to draw near to Him, promising that He will draw near to us in return. This isn't just about physical proximity, but about aligning our hearts with His. As you read today's passage, reflect on what it means to "cleanse your hands" and "purify your heart."

What areas of your life might be creating distance between you and God? Take time to confess these to Him, remembering that His grace is always available. As you humble yourself before the Lord, imagine yourself moving closer to His presence, ready to hear His gentle whisper.

DAY 3 TUNING OUT THE NOISE

Reading: Psalm 46:10-11

"Be still, and know that I am God." In a world full of noise and distractions, this command can seem almost impossible. Yet it's in stillness that we often encounter God most profoundly.

Today, practice intentional moments of stillness. Set aside your phone, turn off the TV, and find a quiet place. As you sit in silence, focus on God's presence. What "noise" in your life might be drowning out God's voice? Ask God to help you identify and minimize these distractions, creating more space to hear His voice clearly.

DAY 4 RESPONDING TO GOD'S CALL

Reading: 1 Samuel 3:1-10

Young Samuel's response to God's call is a beautiful example of an open, listening heart: "Speak, for your servant is listening." God is always speaking, but are we positioned to hear and respond? Reflect on times when you've sensed God calling you. How did you respond?

Today, practice saying "Here I am, Lord" throughout your day. This simple phrase can help attune your heart to God's voice and prepare you to respond in obedience when He speaks..

DAY 5 BEING AVAILABLE FOR GOD'S PURPOSE

Reading: Isaiah 6:8-9

Isaiah's willing response to God's call - "Here am I. Send me!" - is a powerful example of availability to God. Often, we want to hear from God, but we're hesitant about what He might ask of us. Today's passage reminds us that God has a purpose for each of us.

As you read, consider: Are you truly available for whatever God might call you to do? What fears or reservations might be holding you back? Pray for the courage to be fully available to God, trusting that His plans for you are good, even when they're challenging.

Copy