



FAITH PATH

Praying for my Child

Begin a routine of prayer over and with your child. One of the most impactful investments we can make in our children's faith formation is the habit of praying for them. Rather than repeating the same simple prayers asking for health, happiness and safety, consider the ideas on the reverse side to expand your prayer life and establish a meaningful routine of praying for your child.

Head to Toes Prayer

You can begin praying for your baby during feedings or any quiet moment. One simple method is to pray "from head to toes" with a gentle touch as you pray.

- Head: "Give my child wisdom, discernment and an understanding of Your Word."
- Eyes: "Help my child see the truth and guard his/her eyes from impurity."
- Ears: "Let him/her listen to the Lord and those in authority."
- Mouth: "Help my child speak with truth and honesty and use his/her words to praise the Lord."
- Shoulders: "Let my child cast his/her burdens on the Lord and give him/her friends who will help him/her stand strong."
- Hands: "Help my child learn to work as unto the Lord with a servant's heart."
- Heart: "Open my child's heart to salvation, a love of scripture, and concern for other people."
- Feet: "Inspire my child to follow the Lord all of his/her days."

Praying Scripture

Another method is to begin praying scripture over your child inserting his or her name. For example, pray Psalm 23 by saying, "Lord, be NAME'S shepherd so he/she shall not want." Jesus modeled the incredible power of combating Satan by speaking scripture aloud in order to align our desires with God's purposes.