

Preparation for Deliverance

Consecrate. Align. Expect Freedom.

Deliverance is not a casual encounter; it is a covenant moment. To honor the ministry and protect your spiritual journey, we ask every participant to prepare with intentionality, humility, and faith.

Before your session:

1. Consecrate Yourself

- Spend time in prayer and worship daily.
- Fast as led by the Holy Spirit (recommended: 1–3 days prior).
- Repent of known sin and renounce any spiritual compromise.
- Ask the Lord to reveal hidden areas needing freedom.

"Sanctify yourselves, for tomorrow the Lord will do wonders among you." — Joshua 3:5

2. Engage the Word

- Read scriptures on freedom, identity, and spiritual authority (e.g., Luke 4:18, Galatians 5:1, Ephesians 6).
- Declare truth over your life.
- Journal any dreams, patterns, or strongholds the Lord reveals.

3. Guard Your Atmosphere

- Avoid secular distractions, arguments, or emotional triggers.
- Limit media intake and surround yourself with worship.
- Stay submitted to spiritual authority and accountability.

4. Complete Your Intake Form

- Be honest and thorough.
- Submit your form at least 48 hours before your session.
- Review the Seed & Consent Guidelines and prepare your voluntary seed offering.

Deliverance is not just about casting out; it's about walking out. Come expectant, come submitted, come ready to be made whole.

For questions or prayer support, contact the Apostolic Center at (516) 985-7577



3-Day Devotional Guide

Preparing for Deliverance: Consecrate. Align. Expect.

Day 1: Consecrate Your Heart

Scripture: "Sanctify yourselves, for tomorrow the Lord will do wonders among you." — Joshua 3:5

Reflection: Consecration begins with posture. Set aside ordinary routines and make space for the Holy Spirit to search and cleanse your heart. Deliverance requires humility, honesty, and a willingness to let God expose and heal hidden places.

Prayer: Lord, search my heart, reveal what must go, and give me the humility to repent and receive your cleansing.

Practical Steps

- Fast from media and nonessential conversation for at least one day.
- Spend 30–45 minutes in worship and confession.
- Journal three areas where you sense spiritual blockage or repeated struggle.

Day 2: Renounce and Realign

Scripture: "Can two walk together, unless they are agreed?" — Amos 3:3

Reflection: Bondage often rests on agreement with lies, patterns, or words spoken over us. Deliverance requires active renunciation and a deliberate realignment with God's truth. Identify agreements you have made by word, habit, relationship, or fear and choose to break them in Jesus' name.

Prayer: I renounce every ungodly agreement and replace every lie with your truth. Lord, align my mind and heart with your Word.

Practical Steps

- Speak aloud declarations of renunciation and truth for 10–15 minutes.
- Read and meditate on Galatians 5:1, John 8:36, and Luke 4:18.
- Write one tangible action you will stop and one godly habit you will start this week.

Day 3: Expect the Encounter

Scripture "The Spirit of the Lord is upon me to proclaim liberty to the captives." — Luke 4:18

Reflection: Approach your session with faith and submission. Deliverance is entrance into restored identity, not merely an act of removal. Trust the process, receive pastoral covering, and prepare to walk out the freedom you receive through follow-up care and accountability.

Prayer: Lord, I come expectant. Empower me to receive your freedom, keep me submitted to your authority, and guide my steps after this encounter.

Practical Steps

- Prepare a quiet, clean space for your session and remove distractions.
- Review and finalize your intake form and seed & consent guidelines.
- Commit to 30 days of post-deliverance disciplines: Scripture, prayer, worship, and an accountability partner or mentor.

Closing Charge Consecrate, renounce, and expect. Deliverance is a covenant moment that requires both spiritual readiness and practical follow-through. Walk into your appointment with faith, humility, and a commitment to continued discipleship.