

LEADING YOUR HOME WITH ALL YOUR HEART, SOUL, & STRENGTH



A Devotional For Parents

A friend of mine often asks me, “How’s your heart?” It’s a simple question, but one that’s not always easy to answer. I might know how I’m doing physically—how strong or tired I feel—but I don’t often stop to assess the spiritual condition of my heart, soul, or strength. Yet, that’s exactly where God calls us to begin.

When it comes to parenting, one passage that likely sounds familiar is Deuteronomy 6:5–9. This powerful command from Scripture is a clear reminder that God has called parents to be the primary spiritual leaders in their children’s lives. He has entrusted you with the sacred responsibility of passing on your faith—not just through words, but by modeling it in the everyday rhythms of life. Read the passage below to be reminded of this calling:

“Love the Lord your God with all your heart, with all your soul, and with all your strength. These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up. Bind them as a sign on your hand and let them be a symbol on your forehead. Write them on the doorposts of your house and on your city gates.”
– Deuteronomy 6:5–9 (CSB)

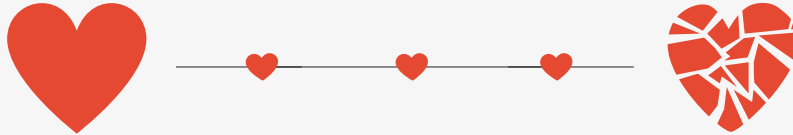
Did you notice the heart of this calling? Before anything else, you are instructed to **“Love the Lord your God with all your heart, with all your soul, and with all your strength.”** That’s where it begins. Parenting flows from your personal love for God. He has given you the role of guiding and nurturing your children’s faith—but He never intended for you to do it alone. God promises that His presence, His goodness, and His faithful love will be with you every step of the journey. He brings transformation to your heart and your home.

So, I will ask you, dear parent, how’s your heart? When is the last time you stilled yourself long enough to check on the state of your own heart, soul, and strength? I encourage you to stop what you are doing and schedule a regular time to sit with God and invite Him into your parenting journey. Use the questions on the following page to guide you as you seek to lead your home with all your heart, soul, and strength.

HOW'S YOUR HEART?

Use the questions below as you assess your own heart, soul, and strength. Ask God to help you identify the state of your heart, then continue to process and reflect. Allow God time to work in your heart, refresh your soul, and renew your strength.

How's your heart? On the heart scale below, indicate the spiritual condition of your heart, soul, and strength. Is it full and rested in God's love, or is it cracked, dry, empty, and in need of God's strength and renewal?



Indicate below, how often do you stop and check on the state of your own heart, soul, and strength? If you don't have a 'heart check rhythm', stop and schedule a regular time right now.

DAILY

WEEKLY

MONTHLY

YEARLY

I DON'T

REFLECT

Read Psalm 23 and reflect on the questions below. Before you read, take a few minutes to sit quietly. Ask God to help you be aware of any word or phrase that your heart needs to hear. Then, read the passage below 2 or 3 times. If you are able, read the passage aloud. Take a few minutes to circle or highlight any part of the passage that stands out to you.

The Lord is my shepherd; I have what I need.

He lets me lie down in green pastures; he leads me beside quiet waters.

He renews my life; he leads me along the right paths for his name's sake.

Even when I go through the darkest valley, I fear no danger, for you are with me; your rod and your staff — they comfort me.

**You prepare a table before me in the presence of my enemies;
you anoint my head with oil; my cup overflows.**

**Only goodness and faithful love will pursue me all the days of my life,
and I will dwell in the house of the Lord as long as I live.**

-- Psalm 23 (CSB)

What is God saying
to my heart through
Psalm 23?

What parenting
burdens do I need
to release to God?

What is distracting
me from intimacy
with God?