

# WISDOM WALKS

*30-Day Proverbs Devotional  
for Parents & Kids*



Written Together  
by Bobby and Charlie Cooley



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# DAY 1

## T H E B E G I N N I N G O F W I S D O M

**SCRIPTURE:** “The fear of the Lord is the beginning of knowledge; fools despise wisdom and discipline.” (Proverbs 1:7).

**TRUTH:** Wisdom begins when we honor God. Respecting him means we listen to what he says, trust him, and want to do what's right. This is the starting line for a life of wisdom.

### **Kids Ask Parents:**

When did you first take God seriously?

### **Parents Ask Kids:**

What does it mean to you to fear the Lord?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, help us always put you first and listen when you speak.

# DAY 2

## CHOOSE YOUR FRIENDS WISELY

**SCRIPTURE:** “My son, if sinners entice you, don’t be persuaded.” (Proverbs 1:10).

**TRUTH:** Not everyone gives good advice. Some friends might lead us into trouble. Wisdom helps us see the difference between helpful and harmful friendships.

### **Kids Ask Parents:**

Did a friend ever lead you to make a bad choice?

### **Parents Ask Kids:**

How do you choose your friends?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** Lord, help us surround ourselves with people who follow you.

# DAY 3

## L I S T E N   A N D L E A R N

**SCRIPTURE:** “Listen, my son, to your father’s instruction, and don’t reject your mother’s teaching....” (Proverbs 1:8-9).

**TRUTH:** Parents are given by God to teach their children. Listening to their wisdom is like wearing a crown of honor.

### **Kids Ask Parents:**

What lesson from your parents helped you most?

### **Parents Ask Kids:**

What’s something we’ve taught you that stuck with you?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, help us listen to the wisdom you give us through each other.

# DAY 4

## W I S D O M   S H O U T S

**SCRIPTURE:** “Wisdom calls out in the street; she makes her voice heard in the public squares....”  
(Proverbs 1:20).

**TRUTH:** Wisdom isn’t hiding! God wants us to hear it loud and clear. We just have to be ready to listen.

### **Kids Ask Parents:**

When have you clearly heard God speak to you?

**Parents Ask Kids:** What helps you recognize God’s wisdom?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** Lord, make our hearts open to hear your voice.



# DAY 5

## G U A R D   Y O U R H E A R T

**SCRIPTURE:** “Guard your heart above all else, for it is the source of life.” (Proverbs 4:23).

**TRUTH:** Our heart is where we think, feel, and make choices. What we let in shapes who we become. Guarding it means being careful with what we watch, hear, and believe.

**Kids Ask Parents:**

How do you guard your heart?

**Parents Ask Kids:**

What do you think it means to protect your heart?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us protect our hearts with your truth.

# DAY 6

## W A L K S T R A I G H T

**SCRIPTURE:** “Carefully consider the path for your feet, and all your ways will be established.” (Proverbs 4:26).

**TRUTH:** Wisdom doesn’t stumble in the dark; it looks ahead. God wants us to make careful choices and walk the right path.

**Kids Ask Parents:**

Was there a time you got off the path?

**Parents Ask Kids:**

What helps you make wise choices?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us walk in your ways with steady steps.



# DAY 7

## T R U S T C O M P L E T E L Y

**SCRIPTURE:** “Trust in the Lord with all your heart, and do not rely on your own understanding....”  
(Proverbs 3:5-6).

**TRUTH:** We won’t always understand what God is doing, but we can trust him. He sees the whole picture and leads us well.

### **Kids Ask Parents:**

When was it hard to trust God?

### **Parents Ask Kids:**

What makes it easier for you to trust God?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, help us trust you fully and follow your lead.

# DAY 8

D O N ' T B E W I S E  
I N Y O U R O W N  
E Y E S

**SCRIPTURE:** “Don’t be wise in your own eyes; fear the Lord and turn away from evil.” (Proverbs 3:7).

**TRUTH:** It's easy to think we have all the answers, but true wisdom means humbling ourselves and asking God.

## **Kids Ask Parents:**

Have you ever thought you were right but weren't?

## **Parents Ask Kids:**

What helps you stay humble and ask for help?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, remind us that your wisdom is always better than ours.

# DAY 9

## D I S C I P L I N E I S L O V E

**SCRIPTURE:** “For the Lord disciplines the one he loves, just as a father disciplines the son in whom he delights.” (Proverbs 3:12).

**TRUTH:** God disciplines us not to punish, but because he loves us. Parents do the same—to help us grow strong.

### **Kids Ask Parents:**

Was there a time you were thankful for discipline?

### **Parents Ask Kids:**

How do you feel when you are corrected?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, thank you for loving us enough to correct us.

# DAY 10

## S P E A K L I F E

**SCRIPTURE:** “A gentle answer turns away anger, but a harsh word stirs up wrath.” (Proverbs 15:1).

**TRUTH:** The words we choose can bring peace or cause problems. Wisdom uses gentle words.

**Kids Ask Parents:**

When have you seen gentle words make a big difference?

**Parents Ask Kids:**

How do you feel when someone speaks gently to you?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help our words be full of peace and love.

# DAY 11

K E E P   Y O U R   E Y E S  
O N   T H E   P A T H

**SCRIPTURE:** “Let your eyes look forward; fix your gaze straight ahead.” (Proverbs 4:25).

**TRUTH:** Staying focused on God’s way keeps us from wandering off. Keep looking ahead to what God has for you.

**Kids Ask Parents:**

What distracts you from following God?

**Parents Ask Kids:**

How do you stay focused on what matters?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us fix our eyes on you.

# DAY 12

K I N D N E S S I S  
W I S D O M

**SCRIPTURE:** “Never let loyalty and faithfulness leave you. Tie them around your neck; write them on the tablet of your heart.” (Proverbs 3:3).

**TRUTH:** Wisdom isn’t just about what we know; it’s about how we treat others. Be kind, loyal, and faithful.

**Kids Ask Parents:**

Who has shown you unexpected kindness?

**Parents Ask Kids:**

How can you be kind to someone this week?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, make us people who are kind and faithful.

# DAY 13

W I S D O M I S  
B E T T E R T H A N  
G O L D

**SCRIPTURE:** “Get wisdom—how much better it is than gold! And get understanding—it is preferable to silver.” (Proverbs 16:16).

**TRUTH:** Money comes and goes, but wisdom lasts. God’s wisdom is worth more than anything we can buy.

## **Kids Ask Parents:**

Have you ever chosen wisdom over something you really wanted?

## **Parents Ask Kids:**

What do you think is more valuable—wisdom or treasure?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, help us treasure your wisdom above all else.



# DAY 14

B E S L O W T O  
S P E A K

**SCRIPTURE:** “The one who has knowledge restrains his words, and one who keeps a cool head is a person of understanding.” (Proverbs 17:27).

**TRUTH:** Sometimes the wisest thing we can do is be quiet and listen. Think before you speak.

**Kids Ask Parents:**

When has staying quiet helped you?

**Parents Ask Kids:**

What makes it hard to pause before speaking?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, teach us to speak with wisdom and patience.

# DAY 15

A C H E E R F U L  
H E A R T I S G O O D  
M E D I C I N E

**SCRIPTURE:** “A joyful heart is good medicine, but a broken spirit dries up the bones.” (Proverbs 17:22).

**TRUTH:** Joy is contagious and healing. When we choose joy, we lift others up.

## **Kids Ask Parents:**

What brings you joy even on hard days?

## **Parents Ask Kids:**

What makes you laugh and feel happy?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, fill our hearts with joy that heals and refreshes.

# DAY 16

## H O N E S T   S C A L E S

**SCRIPTURE:** “Dishonest scales are detestable to the Lord, but an accurate weight is his delight.” (Proverbs 11:1).

**TRUTH:** God loves honesty—even in small things. He cares about how we treat people and whether we are fair.

**Kids Ask Parents:**

Why do you think God cares about honesty?

**Parents Ask Kids:**

When is it hard to be honest?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us live truthfully in all we do.

# DAY 17

W I S E W O R D S  
B U I L D U P

**SCRIPTURE:** “There is one who speaks rashly, like a piercing sword; but the tongue of the wise brings healing.” (Proverbs 12:18).

**TRUTH:** Words can hurt or heal. Speaking with wisdom builds others up and helps them feel loved and valued.

**Kids Ask Parents:**

Can you think of words that healed you?

**Parents Ask Kids:**

How can you use your words to build someone up today?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, give us words that heal and bring peace.

# DAY 18

## W O R K   H A R D

**SCRIPTURE:** “The slacker craves, yet has nothing, but the diligent is fully satisfied.” (Proverbs 13:4).

**TRUTH:** God blesses hard work. When we are diligent and faithful in what we do, he honors it. Laziness may seem easy, but it leads nowhere.

**Kids Ask Parents:**

What’s one thing you worked hard at and felt proud of?

**Parents Ask Kids:**

What does it mean to be diligent in your schoolwork or chores?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us work hard in all we do for your glory.

# DAY 19

## W A L K   W I T H   T H E W I S E

**SCRIPTURE:** “The one who walks with the wise will become wise, but a companion of fools will suffer harm.” (Proverbs 13:20).

**TRUTH:** The people we spend time with shape us. Being around wise people helps us grow in wisdom, too.

### **Kids Ask Parents:**

Who is someone wise that you learned from?

### **Parents Ask Kids:**

Who is someone wise you enjoy being around?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, bring wise people into our lives who help us grow.

# DAY 20

A G E N T L E  
T O N G U E I S A  
T R E E O F L I F E

**SCRIPTURE:** “The tongue that heals is a tree of life, but a devious tongue breaks the spirit.” (Proverbs 15:4).

**TRUTH:** Gentle, kind speech gives life to others. Just like a tree gives fruit and shade, our words can bring comfort and encouragement.

## **Kids Ask Parents:**

Has someone’s kind words ever changed your day?

## **Parents Ask Kids:**

How can you speak life to someone today?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, may our tongues be full of healing and life.



# DAY 21

T H E R I G H T E O U S  
A R E B O L D A S A  
L I O N

**SCRIPTURE:** “The wicked flee when no one is pursuing them, but the righteous are as bold as a lion.” (Proverbs 28:1).

**TRUTH:** When we do what’s right and live with integrity, we can be brave. We don’t need to hide—we stand confident because God is with us.

## **Kids Ask Parents:**

When have you needed courage to do the right thing?

## **Parents Ask Kids:**

What makes you feel bold when doing what’s right?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, help us walk with courage and boldness in all we do.

# DAY 22

## H A T R E D   S T I R S U P   C O N F L I C T

**SCRIPTURE:** “Hatred stirs up conflicts, but love covers all offenses.” (Proverbs 10:12).

**TRUTH:** Hate causes fights and keeps pain alive, but love forgives and brings peace. God’s wisdom teaches us to respond in love, even when it’s hard.

### **Kids Ask Parents:**

When has love helped you overcome a hurt?

### **Parents Ask Kids:**

What does it mean to you that love covers mistakes?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, help us choose love over anger every time.

# DAY 23

## G O D   S E E S   T H E H E A R T

**SCRIPTURE:** “All a person’s ways seem right to him, but the Lord weighs hearts.” (Proverbs 21:2).

**TRUTH:** We might think we’re doing the right thing, but God knows our true motives. He cares more about what’s in our heart than what others see.

### **Kids Ask Parents:**

Has God ever shown you something in your heart that needed to change?

### **Parents Ask Kids:**

Why do you think it’s important that God sees our heart?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, help us have hearts that please you.

# DAY 24

## T H E W I S E A V O I D Q U A R R E L I N G

**SCRIPTURE:** “Honor belongs to the person who ends a dispute, but any fool can get himself into a quarrel.” (Proverbs 20:3).

**TRUTH:** It’s easy to argue and harder to bring peace. God says it’s wise and honorable to avoid fights.

**Kids Ask Parents:**

How do you handle conflict with wisdom?

**Parents Ask Kids:**

What can you do instead of arguing?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us to be peacemakers, not fighters.

# DAY 25

H U M I L I T Y  
C O M E S B E F O R E  
H O N O R

**SCRIPTURE:** “Before his downfall a person’s heart is proud, but humility comes before honor.” (Proverbs 18:12).

**TRUTH:** Being proud can lead to trouble, but God lifts up those who are humble. Humility means knowing we need God and others.

### **Kids Ask Parents:**

Can you tell me about a time when being humble helped you?

### **Parents Ask Kids:**

What does being humble look like in your life?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, teach us to walk humbly before you and others.

# DAY 26

## P L A N S   S U C C E E D W I T H   C O U N S E L

**SCRIPTURE:** “Plans fail when there is no counsel, but with many advisers they succeed.” (Proverbs 15:22).

**TRUTH:** Wise people ask for help and listen to advice. We don’t have to figure everything out alone.

### **Kids Ask Parents:**

Who do you go to for advice?

### **Parents Ask Kids:**

When do you feel comfortable asking for help?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, thank you for putting wise people in our lives to guide us.

# DAY 27

## T H E R I G H T E O U S G I V E G E N E R O U S L Y

**SCRIPTURE:** “[B]ut the righteous give and don’t hold back.” (Proverbs 21:26).

**TRUTH:** A wise and godly heart is generous. We are blessed to bless others and show God’s love by giving.

### **Kids Ask Parents:**

What motivates you to give to others?

### **Parents Ask Kids:**

How do you feel when you give something to someone else?

### **Parents' Prayer Requests:**

### **Kids' Prayer Requests:**

**Prayer:** God, make us joyful and generous givers.



# DAY 28

W I S E K I D S  
B R I N G J O Y

**SCRIPTURE:** “The father of a righteous son will rejoice greatly, and one who fathers a wise son will delight in him.” (Proverbs 23:24).

**TRUTH:** Parents rejoice when their children walk in wisdom. Kids honor their parents by following God.

**Kids Ask Parents:**

What do you feel when you see me make a wise choice?

**Parents Ask Kids:**

What kind of decisions do you think bring God and us joy?

**Parents' Prayer Requests:**

**Kids' Prayer Requests:**

**Prayer:** God, help us to bring joy to each other through wise choices.

# DAY 29

D O N ' T E N V Y  
S I N N E R S

**SCRIPTURE:** “Don’t let your heart envy sinners; instead, always fear the Lord.” (Proverbs 23:17).

**TRUTH:** Sometimes it looks like people who do wrong are winning, but God says we should only look to him. What he gives is far better.

## **Kids Ask Parents:**

When have you felt jealous of someone doing wrong?

## **Parents Ask Kids:**

How can we keep our eyes on God instead of others?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, help us to be content and focused on you.

# DAY 30

A W O M A N ( A N D  
M A N ) W H O F E A R S  
T H E L O R D

**SCRIPTURE:** “Charm is deceptive and beauty is fleeting, but a woman who fears the Lord will be praised.” (Proverbs 31:30).

**TRUTH:** What matters most isn’t how we look but how we love God. Men and women who respect and follow him will shine with true beauty.

## **Kids Ask Parents:**

Who is someone whose heart for God you admire?

## **Parents Ask Kids:**

What kind of person do you want to become as you grow?

## **Parents' Prayer Requests:**

## **Kids' Prayer Requests:**

**Prayer:** God, make our lives beautiful by helping us love and fear you above all.



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