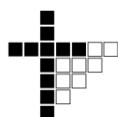




DISCIPLESHIP TRAINING

WINTER 2026
3rd-5th Grade



St. Luke Lutheran Church

Discipleship Training

Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up. (Deuteronomy 11:19)

As an integral part of the mission and ministry of St. Luke Lutheran Church, the Discipleship Training program is offered to extend the faith-formation efforts of parents. Children in grades three to eight are instructed in the Christian faith to develop a deeper relationship with God and others, grow in their knowledge of the Bible with an emphasis on Lutheran doctrine, and acquire the spiritual discipline to lead their lives according to Christian beliefs.

Lead Staff Member

Pastor Sutton - pastortsutton@knowingJesus.org

Meridian Campus Teachers

6-8th Grade

Pastor Sutton: pastortsutton@knowingJesus.org

Pastor Stainbrook: pastormstainbrook@KnowingJesus.org

Vicar Jarod: jvorseth@KnowingJesus.org

3-5th Grade

Elizabeth Sutton: suttonrelizabeth@gmail.com

Christ Campus Teachers

Pastor Stainbrook: pastormstainbrook@KnowingJesus.org

Pastor Elamin: pastorebanjor@KnowingJesus.org

Pastor Yohannes: pastorzyohannes@KnowingJesus.org

Winter Schedule

WINTER 2026

DISCIPLESHIP TRAINING

Schedule + Sequence

JANUARY

FAMILY STUDY WEEK
January 11 - 17

FAMILY STUDY WEEK
January 25 - 31

FEBRUARY

IN PERSON CLASS

January 7 | 6:30pm-8:00pm (MC)
January 10 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

January 21 | 6:30pm-8:00pm (MC)
January 24 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

February 4 | 6:30pm-8:00pm (MC)
February 7 | 5:00pm-6:30pm (CC)

IN PERSON CLASS

February 11 | 6:30pm-8:00pm (MC)
February 14 | 5:00pm-6:30pm (CC)

Classroom Sessions

Classroom sessions (in person class) are a time for students to gather with peers and learn the basics of the Christian faith.

Classroom sessions are 1.5 hrs. long. **NOTE: Please attend classes at the same campus through the term.** If you need to switch campuses in the middle of the term, please let your teacher know.

Meridian Campus (Wednesday @ 6:30-8:00pm)

January 7 – January 21 – February 4 – February 11

Christ Campus (Saturday @ 5:00-6:30pm)

January 10 – January 24 – February 7 – February 14

Family Sessions

Family sessions are a time for families to gather together to study and apply God's Word. Families are free to do these studies at any day/time that is convenient. The study may be done all at once or over the course of a few days. Family sessions take roughly 1 hr. to complete.

Family Session #1 – January 11-17

Family Session #2 – January 25-31

Objectives

- Gain appreciation and understanding of the Holy Scriptures
- Understand the central teachings of the Lutheran Church
- Express willingness and ability to confess the Christian faith
- Understand the church is the Body of Christ and it functions through service to one another
- Identify appropriate service both in the church and the community, and accept the responsibility to fulfill that service
- Understand Christian growth is a lifelong process – a pattern for a life of faith
- Understand Christian growth takes place through worship, fellowship, discipleship, ministry, and evangelism

- Integrate the Bible and the Christian tradition into their lives

Curriculum

These three years (3rd-5th Grade) prepare students for Confirmation in 6th-8th Grade. The Discipleship Training curriculum covers:

- Six Chief Parts of the Christian Faith
- Reading the Bible
- Personal Devotion/Disciplines
- Servanthood and Purity

Transportation

Please contact the office or a teacher if you have difficulty getting your student to our classes. We are willing to help with transportation if needed. Carpooling is also suggested.

Sickness

If your child is ill, please keep him/her home from classes. A call to the teacher or the church office will be appreciated so we know what to tell his/her classmates. We would also like to be able to pray for your child when absent.

Weather

In the case of inclement weather, an email will be sent out by 1pm on the day of class to alert you that class is cancelled. The email will be sent to the address given on your children's registration form. If no email is sent, assume that we will have class as normal.

Discipline Policy

Should disciplinary action be required, the following steps will be taken:

1. Parents will be notified when a problem occurs. A phone call will be made, and the situation will be discussed in detail.
2. A meeting of the parents, student, and teacher will be the final step in finding a solution.

Classroom Session #1: The Power of Prayer

- What is Prayer?
- Why do we Pray?
- Introduction to the Lord's Prayer
 - 1st Petition
 - 2nd Petition

NOTES:

Family Session #1: Digging Deeper in the Lord's Prayer

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- You may consider reviewing the last family session from the fall term ("Praying as Jesus Taught Us") before doing this family session.
- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

DIGGING DEEPER INTO THE LORD'S PRAYER

Have each person in the family share the following:

- What do you like about the Lord's Prayer?
- What do you find challenging about this prayer?

Give us this day our daily bread.

- How does God provide for your daily needs?
- Who does God use to provide your daily needs?
- Read and discuss Psalm 145:15-16

Forgive us our trespasses as we forgive those who trespass against us.

- How does Christ's forgiveness help you forgive others?
- Why is it sometimes difficult to forgive other people?
- Read and discuss Psalm 51:1-2

Lead us not into temptation.

- How does God keep you free from temptation?
- How does God keep your family free from temptation?
- Read and discuss 1 Corinthians 10:12-13

Deliver us from evil.

- How has God in the past delivered His people from evil?
- How does God deliver your family from evil?
- Read and discuss Psalm 121:7-8

WRAPPING UP

Close by praying the Lord's Prayer together.

Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Classroom Session #2: God's Will, Daily Bread, and Forgiveness

- Continue the Lord's Prayer
 - Third, fourth, and fifth petitions

NOTES:

Family Session #2: God Uses Ordinary Stuff to do Extraordinary Work

BEFORE YOU BEGIN

Family Sessions are a way for parents and students to grow together as a family in God's Word. Here are a few suggestions before you begin:

- Share Scripture readings between family members. Feel free to adjust the questions and discussion based on the age and ability of your child.
- Children who are not in Discipleship Training (either too young or already confirmed) are welcome to participate in the family session.
- The study can be completed in one sitting or over the course of a few days.
- You are free to join with other families to do the study together.

GETTING STARTED

Have someone offer up a prayer for God's blessing on your time together.

- How has God blessed you this week?
- What are you praying about this week?

GETTING TO KNOW THE SACRAMENTS

Have each person in the family share the following:

- Do you remember your own baptism?
- Even if you cannot remember your baptism, what impact does it have on your daily life?

Read 2 Kings 5:1-14 and John 9:1-7. Both of these sections of Scripture show God using something ordinary (water, dirt) to do something extraordinary. Why do you think God would use such ordinary stuff? How would these events have been different if something extraordinary had been used instead?

Bread + Fish + Jesus = Extraordinary Miracle

- Read Mark 6:30-44
- What ordinary things were used?
- Who had the power to transform these ordinary things into something extraordinary?
- Why do you think Jesus said to the disciples, “You give them something to eat?” (Mark 6:37)

Wood + Nails + Rock = Extraordinary Salvation

- Read John 19:16-18
- What sort of ordinary things were used in the crucifixion of Jesus?
- What extraordinary work did God do in the midst of these ordinary things?

What else does God use?

- Read 1 Corinthians 1:27
- What are some seemingly basic and ordinary things that God uses in extraordinary ways today?
 - Hint: Bible, Baptism, Holy Communion
- Do we sometimes overlook these ways in which God works because they use common and ordinary things?

WRAPPING UP

Close by praying the Lord’s Prayer together.

Our Father who art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our

*trespasses, as we forgive those who trespass against us,
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for
ever and ever. Amen.*

Classroom Session #3: Concluding the Lord's Prayer

- Conclude and Review the Lord's Prayer
 - Sixth and seventh petitions

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Classroom Session #4: Baptism in the Bible

- God works through means to deliver salvation

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