STUDY

Digging Deeper into "Jonah 2"

- 1. What stands out to you most in Jonah's experience of being thrown into the sea and swallowed by the fish? Why?
- 2. How does the repeated "down, down, down" movement in Jonah's story reflect the spiritual reality of running from God?
- 3. Take time to read Jonah 1:17-2:10.
- 4. What does the belly of the fish represent in Jonah's life—punishment, provision, or both? Explain.
- 5. In what ways does Jonah's prayer show his repentance, but even more the incredible riches of God's grace?
- 6. Why is it significant that Jonah finally prayed when he was in the fish, rather than earlier in the storm?
- 7. How does Jonah's rescue show that God's grace can come through discipline?
- 8. Have you ever experienced God's grace in a place or season you would describe as a "pit" or "belly of the fish"?
- 9. How does misunderstanding God's grace lead to spiritual blindness or hardness of heart? Why do we struggle to grasp and live in God's grace?
- 10. What idols might we cling to today that cause us to "forfeit the grace" God wants to give us?
- 11. How can God's grace be both humbling and uncomfortable at the same time?
- 12.Jonah ran from God's mission because of pride and nationalism, and a lack of trust—what might cause you to run from God's call?

- 13. How do you typically respond when God uses circumstances to confront your sin—fight, flee, or surrender?
- 14. What would it look like for you to "cry out" to God this week, even if your situation is the result of your own mistakes?
- 15.How can remembering past experiences of God's rescue fuel obedience in the present?
- 16.Where do you see yourself in Jonah's journey—running, sinking, crying out, or obeying?
- 17. How does Jonah's three days in the fish point us forward to Jesus' death and resurrection?
- 18.In what ways is Jesus the "true and better Jonah"?
- 19. How does the gospel help us face God's discipline without fear of condemnation?
- 20. How does the cross show that salvation truly "belongs to the Lord" and not to our own efforts?
- 21.If the belly of the fish was Jonah's "waiting room for resurrection," where might God be asking you to wait and trust Him today?

PRAYER

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