

How to Do a Prayer Walk

What is a Prayer Walk?

A prayer walk is simply walking through a neighborhood, park, or community while praying intentionally for the people, places, and situations you encounter. It's a way to combine physical movement with spiritual intercession. We are going to actively prayer walk on Heartland property, inviting the Lord's blessing, favour and grace to be poured out on the land and the people.

Steps to Do a Prayer Walk

1. Prepare Your Heart
 - Begin with a short prayer asking God for guidance and sensitivity.
 - Ask for God's leadership, protection and awareness.
 - Read a Scripture like Psalm 24:1 ("The earth is the Lord's and everything in it") to remind yourself of God's presence.
2. Pray as You Go
 - Observe and Pray: Look around and pray for what you see.
 - Walk to certain areas and then wait and pray in that area.
 - Bless, Don't Judge: Pray blessings, peace, and hope over the area.
 - Be Specific: If you know needs (e.g., families, local issues), lift them up.
3. Use Prayer Prompts
 - Listen to the Holy Spirit guide you and the impressions He gives you.
 - Be aware and sensitive to the leading of the Lord and others in your group.
 - See the opposite side of this document for lots of additional prayer prompts.
4. Stay Flexible
 - You can pray silently, out loud, or in a group.
 - Stay as long as you need to in one area and then move on to another area to pray for.
5. Close with Thanksgiving
 - End your walk by thanking God for hearing your prayers and for the people you prayed for.

Tips

- Go with a small group of people and trust each other to hear from the Lord.
 - Keep prayers short and conversational.
 - Jot down impressions or follow-up prayers in a journal or on your phone.
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Praying for Heartland Present and Future

Ask the Holy Spirit to give you Scriptures, words, visions, pictures and guidance to pray in different areas around the property.

Heartland Vision Statement: A community of people, rooted in Jesus, led by His Spirit, living out His mission

5 Values: Restoring our World, Connecting in Community, Becoming Like Jesus, Serving others Generously, Enjoying God's Presence.

That Heartland present and future would be a house of prayer for all nations.

Jesus Christ as Head of Heartland

The Word of God shaping our lives

Pray that the mission of Jesus shapes our hearts and actions.

Pray that everyone who calls Heartland home will keep on serving all in with their time, gifts and through sacrificing comforts and conveniences.

Pray that we will be a group of loving, joyful, humble, courageous servants.

Pray for a great awakening in the people of our communities. Pray for the people in the communities around us-Sherwood Park, Ardrossan, Fort Sask. Edmonton and anywhere the Lord lays on your heart. Who is in a 50 km radius of Heartland?

Strength to respond to God's love through Jesus Christ and the power of the Holy Spirit.

Signs, wonders, healings, dreams, visions and Jesus revealing Himself to thousands of people.

Protection from the enemy and all his schemes.

Some Heartland Ministry Areas to Pray for:

Heartland Kids

Encounter Homeschool Co-op

Encounter Sports

Refuge Youth Ministries

Young Adults

Local Partners

Global Partners

Elders

Staff

Worship

Preaching

Giving

Small Groups

Connex Groups

Pray that we will be a people who are willing to be open and real with one another in the face of loneliness.

Keep on praying for an Awakening to God for us and everyone around us.

Keep asking the Holy Spirit to fill you, empower you and lead you to pray what's on His heart.