## Heartland *Pregnancy Care Centre* Shower List of Items for 2024 *Please bring all items by Sunday, February 25.*

## **Gently-Used Items**

- Newborn to 18-month clothes (outfits, sleepers, onesies, snowsuits)
- Crib sheets & mattress covers
- Receiving blankets
- Breast pumps (sanitized)

- Baby hooded bath towels
- Maternity clothes
- Nursing bras & tops
- Baby play/floor mats
- Baby monitors

## New Items

- Nursing bras & pads
- Adult toothpaste
- Adult toothbrushes (packaged individually)
- Grocery gift cards
- Mother gifts (mugs, tea, hot cocoa, journals, colourful pens, fuzzy socks/slippers, scrunchies, bath salts/bombs)

- Newborn to 18-month clothes (outfits, sleepers, onesies)
- Baby socks
- Small bibs & burp cloths
- Receiving blankets
- Crib sheets & mattress covers
- Baby face cloths
- Baby hooded bath towels
- Baby winter wear
- Small toys/rattles/teethers (handheld)
- · Baby shampoo, wash, lotion

## Office Items

- Hand soap
- Toilet paper
- Scotch tape

- Paper towel
- Air freshener (spray)
- White out

Walmart & Superstore gift cards in \$25 denominations are always appreciated.