



Week Six 40 Days of Prayer - February 12-16, 2024

Take time, sit down and take a few deep breaths to settle into the silence. Close your eyes and offer the intent of your heart to Jesus (to do his will, to be with him). Choose a very simple prayer to express your openness and desire to meet God (Jesus, "Here I am") When (not if) you become distracted, offer again your simple prayer back to God.

Reading (Lectio): What does this passage say? First, you read the text. At the most basic level, you ask: What is going on in this Bible passage? What does this passage show me about God and His story? Read it a second time. Perhaps write a few verses to slow down

Meditation (Meditatio): What is God saying to me through the text? At this point, you ask whether there is something that God might want to show you through this passage. Often, it might connect with something in your life (your work, relationships, situations, etc)

Prayer (Oratio): Ask God what He would like to say to you from this passage. What do you want to say to God about the text? This is your opportunity to offer words to God in response to what God might have spoken to you in meditation.

Contemplation (Contemplatio): Just sit in quiet presence/awe of the experience thus far. What is your next step in obedience to this passage?

Monday February 12 Psalm 16 Lord, help me to abide in your presence daily, finding joy and satisfaction in knowing you're guiding my steps.

Tuesday February 13 Psalm 27 *Father, let my heart be set on seeking you above all else, finding peace and purpose in your presence.*

Wednesday February 14 Joel 2 *I seek your face in prayer, humility of repentance, and the faith to trust in your abundant mercy and restoration for myself, my family, and our world. (Gather at Stonecrest from 6:30-8 PM for a special time of prayer on Ash Wednesday).*

Thursday February 15 Ephesians 3 *Father, strengthen me with your Spirit, that Christ may dwell deeply in my heart through faith, transforming me from the inside out for the good of the world.*

Friday February 16 Matthew 6 *Lord, may I seek your kingdom and righteousness in every area of life trusting in you for everything.*