

SESSION 8

FREEDOMTRACK

The Impacts of Freedom

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REVIEW—SESSION 1

FREEDOMTRACK

OUR PERSONAL BELIEF SYSTEM

My PBS is formed by the three main threads of who I am:

- Personality***
- Pain***
- Pride***



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REVIEW—SESSION 2

WHAT IS A STRONGHOLD?

A “Stronghold” is a negatively affected area in our soul that is supercharged with hopelessness in regards to the way we think, feel and act.

WHAT IS TRUTH?

Truth is an accurate representation of that which is under construction and its relationship to all things past, present, and future.

WHAT ARE LIES?

Lies are an inaccurate representation of that which is under construction and its relationship to all things past, present, and future

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REVIEW—SESSION 3

DEFINITION OF REPENTANCE

A change of mind involving both a turning from sin and a turning to God.

Not just the will but the DESIRE to change; to turn from sin.

Key Point to Caring for Our Souls:

Is to admit to ourselves and others

I have a problem

and the problem is me

I cannot solve my problem

And that’s why Jesus came to set me free

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REVIEW—SESSION 4

FROM ORPHAN SPIRIT TO ADOPTIVE CHILD

An *Orphan Spirit* holds their PBS as the absolute truth.

To become an *Adoptive Child*, we must repent of our PBS, not merely the behaviors resulting from it.

It is *our* PBS, we need to accept responsibility of (*not for*), and seek God's healing.

In looking at the 20 differences between an *Orphan Spirit* and being an *Adoptive Child* (see Session 4 workbook, pages 3-8); it is we who need to break free and move from the Orphan to Child with God's help.

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REVIEW—SESSION 5

TO FULLY ACCEPT GOD AS FATHER

We need *Transformation* - Mind, Heart, and Spirit

BREAKING PATTERNS – 6 PRINCIPLES

- | | |
|----------------------------------|--|
| 1. <i>Admit the Sin Patterns</i> | 4. <i>Deal Severely With Your Sin Patterns</i> |
| 2. <i>Don't Compromise</i> | 5. <i>Practice Spiritual Disciplines</i> |
| 3. <i>Get Help</i> | 6. <i>Meditate on Scripture</i> |

Focus on the virtue that is the opposite of the vice you are battling against.

Rob Reimer

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REVIEW—SESSION 6

FORGIVENESS AND RESTORATION

“Forgiveness” does not mean “Agreement”

Forgiveness is Unilateral.

Restoration is Bi-Lateral.

Forgiveness is a Choice.

Restoration is a Process.

Forgiveness is Always possible.

Restoration is sometimes Not possible.

Forgiveness does not automatically restore Trust.

Restoration is a process that requires Time & Trust.

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REVIEW—SESSION 7

HEALING WOUNDS

God KNOWS our pain

Hebrews 4:15

It is God Who HEALS Our Pain

Isaiah 53:4-5

It is God Who REDEEMS Our Pain

Romans 8:28-29

God isn't trying to fix us;

God is trying to restore us.

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SESSION 8—THE IMPACTS OF FREEDOM

NOT FREE TO BE ME, BUT FREE TO BE HIS

And He was saying to them all, “If anyone wishes to come after Me, he must deny himself, and take up his cross daily and follow Me. “For whoever wishes to save his life will lose it, but whoever loses his life for My sake, he is the one who will save it. “For what is a man profited if he gains the whole world, and loses or forfeits himself?

Luke 9:23-25

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NOT FREE TO BE ME, BUT FREE TO BE HIS

Come after me... Follow where Jesus leads
Take up his cross... To follow takes effort
Following involves: Daily denial of self

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God-this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-his good, pleasing and perfect will.

Romans 12:1-2

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NOT FREE TO BE ME, BUT FREE TO BE HIS

Sources of Bondage that Prevent Following:

Primarily the atmosphere we grew up in that was normal to us but was neither safe nor normal.

Sin Patterns are Generational in nature and can Entrench and Manifest themselves generation after generation.

Examples being: Addictive patterns - alcohol, sex, anger, conflict (stuffing/exploding)

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OUR FAMILY MODEL—NEGOTIATION

Enhances human relationships

- We are not satisfied in our negotiations until we have both won.
- We trust each other's purpose and motivation, even when we disagree.

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OUR FAMILY MODEL—PRODUCT OF OUR ENVIRONMENT

1. The model we have for family is the model that we have seen for family.

- a) Does the model work?
- b) Why am I still Using it?
- c) Are there things that I still believe about myself that come from that model?
- d) More is caught than taught.
- e) Is my life still a reaction to the model my family employed?

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OUR FAMILY MODEL—PRODUCT OF OUR ENVIRONMENT

2. What if we are talking about more than nurture, DNA, and behavioral modification?

- a) Could it be that you have come up against the very same spirits that have plagued your family for generations?
- b) Curses are a Biblical concept.
- c) Evil Spirits are one third of angels that fell with Satan in his rebellion against God (*Rev. 12:3-9*).
- d) If God loves the family, wouldn't Satan hate what God loves?

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SESSION 8—THE IMPACTS OF FREEDOM

OUR FAMILY MODEL—CHARACTERISTICS OF YOUR FAMILY

The Positives	The Negatives
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Break into groups of 3 *Use page 110 in workbook*

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SESSION 8—THE IMPACTS OF FREEDOM

OUR FAMILY MODEL—BREAKING PATTERNS

1. Admit the Sin Pattern
2. Don't Compromise
3. Get Help
4. Deal Severely With Your Sin Patterns
5. Practice Spiritual Disciplines
6. Meditate on Scripture

Deal with Unforgiveness, it is Self-destructive and is a Stronghold of the enemy.

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SESSION 8—THE IMPACTS OF FREEDOM

BREAKING THE CURSES OF THE FAMILY LINE

- 1. Remember and recognize family patterns.**
- 2. Confess those that were sinful.**
- 3. Submit to God.**

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BREAKING THE CURSES OF THE FAMILY LINE

- 4. Submit to God using this prayer:**

“Heavenly Father, I submit to you in the name of the Lord Jesus Christ, and I confess that I have given place to evil spirits of my forefathers. I ask You to forgive me for my sins and the sins of my forefathers as they have stood against me. I renounce all bondage from my lineage and proclaim my new lineage is through the shed Blood of the Lord Jesus Christ. I proclaim that I am a child of God. I ask You to free me from all bondage from my lineage passed down to me from my father and mother back to the third and fourth generation, in the name of the Lord Jesus Christ.”

(Deuteronomy 5:9; Numbers 14:18)

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BREAKING THE CURSES OF THE FAMILY LINE

5. Declare to the familiar spirits and satanic assignments:

*“I come against all evil spirits of the lineage of my father and my mother back to the third and fourth generation and I break your hold over me in the Name of the **Lord Jesus Christ**. I have submitted to my God and have claimed my new lineage in the Name of the **Lord Jesus Christ** and you cannot stay. I rebuke you in the Name of the **Lord Jesus Christ**, and I command you to leave my mind and my flesh and go directly to the pit of hell right now, in the Name of the **Lord Jesus Christ**. I break all spoken and unspoken curses, and I command all evil spirits from curses to go straight to the pit of hell right now in the Name of the **Lord Jesus Christ**.”*

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BREAKING THE CURSES OF THE FAMILY LINE

6. In faith, thank the Lord Jesus Christ for your victory.

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BREAKING THE CURSES OF THE FAMILY LINE

7. Be filled with the Holy Spirit—

In prayer invite the Holy Spirit to occupy and take control of all areas that were controlled by the enemy. The filling of the Holy Spirit is in direct proportion to your surrender.

Ephesians 5:18 says, “....*be filled with the Spirit.*”

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CONCLUSION: “MOSES A TRANSFORMED MAN”

Moses was not:

“a thing which came out of the water”

Moses was:

- a Man who stuttered
- a Man who wondered where he belonged
- a Man who murdered
- a Man who ran for his life
- a Man who heard God’s voice from the bush



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CONCLUSION: “MOSES A TRANSFORMED MAN”

Moses was also:

a Man who said:

“If you do not go with me I will not go.”

a Man who said:

“I want to see your glory.”

a Man who experienced God’s presence as a man speaks face to face with a friend

The Lord would speak to Moses face to face, as one speaks to a friend.

Exodus 33:11



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SOUL HEALING PRINCIPLES

1. God isn’t trying to fix us; He is trying to restore us.
2. Theology 101—God is smart, and He knows stuff we don’t know, and He likes to tell us.
3. Tell your story.
4. Emotional healing takes place by seeking God’s presence in the Memory of the hurt, feeling his healing in Solitude and Silence, but then living out his healing in Community.

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SESSION 8—THE IMPACTS OF FREEDOM

DISCUSSION QUESTIONS - see pg 117 in your workbook

Q1: Have you identified any sin patterns in your life that are generational in nature?

Q2: In the *Characteristics of Your Family* exercise (workbook page 110) did anything come up that surprised you?

Q3: Freedom is to be lived. What are your *Next Steps* in living your life of Freedom in Christ?

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THIS WEEK:

Make sure you have completed your *Life Summary Journal* beginning on page 127 of your workbook.

LIVING OUT OUR FREEDOM:

Take the *Next Step* of deliverance by scheduling a session with the intercessory team at SCC.

Sign Up!

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