

TALK TO ME: PSALMS

Daily Bible Reading Plan

Dates: October 19 - November 16

Memory Verses: Psalms 1:1-6

Reading and Praying the Psalms

- As we dive into the Psalms in this series, our reading plan will reflect an ancient Christian practice: the goal of reading and praying through the entire Book of Psalms regularly. Indeed, many monasteries and daily prayer guides still aim to read all 150 Psalms in 30 or 60 days! The goal of this reading is to engage the Psalms as a “school of prayer,” a “training ground” for praying through the entire spectrum of human experience and emotions.
- Accordingly, in this daily reading plan we’ll recovery this practice! The first 5 weeks parallel the sermon series (which ends on Nov. 16), but we’ve provided below resources for a full reading of the Psalms in 60 days!

Introductory Stuff:

- **Video:** *How to Read the Bible: Poetry*
- **Video:** *The Psalms: Introduction*
- **Reading:** *The School of the Psalms*, Eugene Peterson
- **Reading:** *The Psalms as a Tool*, Eugene Peterson

Week 1

- ☐ 10/19: Psalms 1, 2, 3
- ☐ • **Reading:** *Way*
- ☐ 10/20: Psalms 4, 5, 6
- ☐ 10/21: Psalms 7, 8, 9
- ☐ • **Podcast:** *Praying Fear*
- ☐ 10/22: Psalms 10, 11, 12, 13
- ☐ 10/23: Psalms 14, 15, 16, 17
- ☐ 10/24: Psalm 18
- ☐ 10/25: Psalm 19, 20, 21

Week 3

- ☐ 11/2: Psalms 40, 41, 42
- ☐ • **Podcast:** *David and the Psalms*
- ☐ 11/3: Psalms 43, 44, 45
- ☐ 11/4: Psalms 46, 47, 48
- ☐ 11/5: Psalms 49, 50
- ☐ 11/6: Psalms 51, 52, 53, 54
- ☐ 11/7: Psalms 55, 56
- ☐ 11/8: Psalms 57, 58, 59

Week 2

- ☐ 10/26: Psalms 22, 23, 24
- ☐ • **Podcast:** *Praying Pain*
- ☐ 10/27: Psalms 25, 26, 27
- ☐ 10/28: Psalms 28, 29, 30, 31
- ☐ 10/29: Psalms 32, 33, 34
- ☐ • **Podcast:** *Praying Confession*
- ☐ 10/30: Psalms 35, 36
- ☐ 10/31: Psalm 37
- ☐ 11/1: Psalms 38, 39

Week 4

- ☐ 11/9: Psalms 60, 61, 62, 63
- ☐ 11/10: Psalms 64, 65, 66
- ☐ 11/11: Psalms 67, 68
- ☐ 11/12: Psalm 69
- ☐ 11/13: Psalms 70, 71
- ☐ 11/14: Psalms 72, 73
- ☐ • **Podcast:** *Praying Doubt*
- ☐ 11/15: Psalms 74, 75

Week 5

- ☐ 11/16: Psalms 76, 77
- ☐ 11/17: Psalm 78
- ☐ 11/18: Psalms 79, 80
- ☐ 11/19: Psalms 81, 82, 83
- ☐ 11/20: Psalms 84, 85, 86
- ☐ 11/21: Psalms 87, 88
- ☐ 11/22: Psalm 89
- ☐ • **Podcast: The Dragon Slayer**

Week 6

- ☐ 11/23: Psalms 90, 91, 92
- ☐ 11/24: Psalms 93, 94, 95
- ☐ 11/25: Psalms 96, 97
- ☐ 11/26: Psalms 98, 99, 100, 101
- ☐ 11/27: Psalms 102, 103
- ☐ • **Reading: Unself-Government**
- ☐ 11/28: Psalm 104
- ☐ 11/29: Psalm 105

Week 7

- ☐ 11/30: Psalm 106
- ☐ 12/1: Psalm 107
- ☐ 12/2: Psalms 108, 109
- ☐ 12/3: Psalms 110, 111, 112, 113
- ☐ • **Reading: Unself-Centered**
- ☐ 12/4: Psalms 114, 115, 116
- ☐ 12/5: Psalms 117, 118
- ☐ • **Podcast: Passover Psalms**
- ☐ 12/6: Psalm 119:1-48

Week 8

- ☐ 12/7: Psalm 119:49-88
- ☐ 12/8: Psalm 119:89-136
- ☐ 12/9: Psalm 119:137-176
- ☐ 12/10: Psalms 120-124
- ☐ 12/11: Psalms 125-131
- ☐ 12/12: Psalms 132-135
- ☐ 12/13: Psalms 136, 137, 138
- ☐ • **Reading: Enemies**

Week 9

- ☐ 12/14: Psalms 139, 140
- ☐ 12/15: Psalms 141, 142, 143
- ☐ 12/16: Psalms 144, 145, 146
- ☐ 12/17: Psalms 147, 148, 149, 150
- ☐ • **Reading: End**