



# Participant Packet

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## Lodging/Meals

Participants stay in the gender specific dorms at the Global Christian Training Hub. There is one bathroom/shower in each dormitory. All meals are provided by Engage Global. Your group will be offered a continental breakfast at the Hub and you will eat lunch and dinner at local ethnic markets or restaurants.

## What to Bring

- Bible
- Toiletries
- Personal, refillable water bottle. We have filtered water stations in each kitchen.
- Bedding for standard size single bed (sleeping bag/sheets and pillow). Quilts/blankets are provided. All bedding/pillows are provided for those flying.
- Towel (provided for those flying)
- Spending money

## Dress Code

The following dress guidelines are made to reinforce cultural sensitivity and modesty (please note that depending on the season of travel teams may have to dress uncomfortably as to not offend the cultural groups they will be visiting). Pack light as there are no closets in the dormitories.

- No tank tops, shorts, sleeveless shirts, leggings, or low-cut tops at the markets/temples. Ladies must have their shoulders covered.
- Jeans, pants, and t-shirts are acceptable.
- Women may also wear capris, and skirts or dresses below the knee.
- Comfortable shoes - be prepared to spend 2-3 hours walking around the markets/ temples.
- Shorts (3 inches about the knee) and leggings are acceptable at the EG facility.
- Slippers/socks recommended for cold floors.
- Warm pajamas recommended. Dorms can be chilly.

## Do Not Bring

- Excessive and expensive jewelry
- Entertainment devices (i.e. gaming systems)



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### **Drugs**

Possession or use of illegal drugs or alcohol is not permitted at any time during your stay. Participants who break this rule will be asked to return home immediately at their own expense.

### **Smoking**

Smoking or the use of tobacco products is prohibited inside the EG facility or at any exposure activity.

### **Weapons**

All weapons are prohibited.

### **Electronic Devices**

We ask that participants refrain from using cell phones and/or portable electronic devices during class sessions and activities, unless it's an emergency.

### **Location**

Engage Global is located at 1901 14th Ave S, Minneapolis, MN 55404.

### **Parking**

Free street parking is available on 19th Street S. Please park near the back of the building. Parking lot is reserved for EG Staff and residents.

### **Emergency Contact**

Office/Amy Miller: 515.371.5603

Walt Avra: 612.434.9968