

# WILLIAMS CHAPEL CHURCH Chief Apostle Kimberly Nixon, Pastor



#### Please Remember to bring non-perishable item thru the 30th.

### "HEALING THE NATIONS FAST" Begins This Coming Sunday!!!!!!

The fast that heals nations is not a seasonal act — it is a lifestyle of justice, mercy, and humility. It begins with a surrendered heart and manifests through serving hands. When God's people embody this fast, revival ceases to be an event and becomes an environment.

#### HERE ARE SOME EXAMPLES TO ENRICH YOUR EXPERIENCE:

- "EACH PERSON/FAMILY WILL BE EXPECTED TO EXTEND "ONE SERVICE PER WEEK. IN ORDER TO QUALIFY AS A FAMILY, AND NOT AN INDIVIDUAL PERSON FOR GIVING, THE FAMILY HAS TO LIVE UNDER THE SAME ROOF.
- Singles May Group Together.
- Beginning Dates: November 23, 2025 through January 2, 2026
- Beginning Starting Weeks: November 23; 30th; December 7th; 14th; 21st; 28th through January 3rd, 2026 (substituted 40 days)

### True fasting is expressed through:

### 1. Acts of mercy:

These meet immediate human need with compassion and moderation can and must be used. Boundaries must be set that fit the giver, extenders ability safety and with family in mind.

- Showing Compassion to your Own Family Within the Structure of Boundaries and Measured Mercy and Accomplishment
- ♣ Feeding someone who is hungry; not just giving food, but giving dignity as well.
- ♣ Providing clean water to someone thirsty or lacking access.
- Clothing individuals who have little or none.
- ♣ Offering transportation to someone who cannot get to work, church, or appointments.
- ♣ Paying for someone's medication when they cannot afford it.
- ♣ Visiting the sick (physically or emotionally) and staying long enough to listen.



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- ♣ Sitting with someone who is grieving without rushing their pain.
- ♣ Helping someone fill out forms or applications (housing, benefits, jobs).
- Covering someone's rent or utilities in a crisis moment.
- Encouraging someone who is discouraged, speaking life into dry bones.

#### 2. Breaking Oppression:

#### These acts release people from heavy burdens:

- ♣ Removing barriers to basic needs (food, housing, healthcare). (Using healthy balance in decision making without taking on what you can't afford or continue.)
- ♣ Helping someone escape an abusive or manipulative situation. (Legally safe & with counsel.)
- Walking with a person through emotional trauma so they're not trapped in shame. Safety applied for self-care)
- Providing access to mental-health care for those suffering silently. (Using professional services and clear payment accountability)
- Helping people find stable employment so they aren't oppressed through poverty. (Allowing them to take ownership of engaging the process)
- Speaking up for someone being mistreated when they can't defend themselves. (Within the bounds of safety)
- **<u>♦ Sheltering the Homeless</u>** with blankets, tents and items of comfort, and other opportunities that present themselves that are strategically designed and legally established.
- Clothing the Naked with clean items of apparel; new undergarments without a desire to appease but to supply for survival.

When we practice this kind of righteousness, God promises breakthrough, healing, and divine response — "Then shall thy light break forth as the morning."

Chief Apostle Kimberly Nixon November 19, 2025