

Newsletter

RECOVERY
ALIVE inc.



mt.
rachel
BAPTIST CHURCH

From the Pastor:



I want to take this opportunity to **thank you** all for your hard work and dedication in starting this new Recovery Ministry. So far we have been learning about the power of **weakness** and **humility** and the impact they have in our recovery. Please join us in this journey as we now focus on the power of **surrender** and **honesty** as the foundation of lasting **transformation**.

Surrender in this context is not about defeat but about releasing control and acknowledging that self will alone is not enough to overcome, whether it be addiction or any destructive habit. However, by surrendering to God we can experience the Lord's help, healing, and a whole new way of life. We will also learn that **honesty** works hand in hand with **surrender** as a catalyst for true change. Recovery can never happen without being

honest with ourselves and with God about who we are and our desperate need for Him.

Come learn with us that surrender and **honesty** create a pathway to **reconciliation**, **restoration** and true real, lasting recovery. It's a place where brokenness is met with **grace** and our lives become built on **truth**.

I look forward to seeing you at 6:15PM on Tuesday night and ...

LET THE RECOVERY BEGIN!

Pastor Tom



Director's Desk:



Let's talk RECOVERY.

My life was once at a point where I felt I had no purpose, influence or anything positive going on. My daily life was a total mess.

BUT GOD!

When you feel powerless, emotionally drained, spiritually dry, or physically weak, that's when you're in the best position to experience God's strength.

Instead of trying to hide your weakness, **you can invite Christ into it**. He turns it into **strength**, **purpose**, and **testimony**. No longer does who I thought I was define me! My life in Christ has rewritten the script for my life.

2 Corinthians 5:17 (NKJV) Therefore, if anyone [is] in Christ, [he is] a new creation; old things have passed away; behold, all things have become new.

Recovery Alive is all about experiencing the Grace of God through Jesus Christ. This program will change your life and draw you closer to God. Who doesn't want that right?

It is an honor to allow God to use me as a help to others that they may clearly see the plans God has for their life. No matter what you are dealing with or struggling to change in your life let this Christ Centered 12 step program bring healing to you, to your family and to your community. We all need each other and the great thing about Recovery Alive is we all know we need the help of Jesus to make us better.

Hope to see you on Tuesday night here at Mt. Rachel Baptist Church



Tom & Kim Stocks

IN ALL
Things
GIVE
Thanks





No Negative November

THIS MONTH, WE ARE JOINING WITH THE NATIONAL RECOVERY ALIVE! FAMILY FOR NO NEGATIVE NOVEMBER.

NO NEGATIVE NOVEMBER IS A MONTH WHERE WE INTENTIONALLY WORK ON OUR WORDS. SCRIPTURE TELLS US:

**"OUT OF THE OVERFLOW OF THE HEART, THE MOUTH SPEAKS."
LUKE 6:45**

THROUGHOUT NOVEMBER, WE'RE ASKING EVERYONE TO CREATE A JAR, BOX, OR CONTAINER AT HOME. EVERY TIME YOU CATCH YOURSELF SPEAKING NEGATIVELY:

ABOUT YOURSELF
OR ABOUT SOMEONE ELSE

PLACE SOMETHING IN THE CONTAINER.
THIS COULD BE:

COINS (QUARTERS, DOLLARS)
BUTTONS OR BEADS
TALLY MARKS WITH A PEN

USE WHATEVER WORKS FOR YOU.

AT THE END OF THE MONTH, TOTAL IT UP AND DONATE IT TO A CHARITY OR MINISTRY OF YOUR CHOICE.

THIS ISN'T ABOUT GUILT. THIS IS ABOUT BECOMING MORE AWARE OF HOW WE SPEAK — TO OURSELVES AND TO OTHERS — AND LETTING GOD RESHAPE OUR HEARTS THROUGH THE WORDS WE CHOOSE.

**JESUS
restores
HOPE**

Recovery Spotlight:

Hi, I'm Kim, and I am a grateful believer in Jesus Christ!

Every time I reflect on where I've been and where I am now, I'm overwhelmed with gratitude. Tom and I have been incredibly blessed to serve in the Recovery Alive program, and sometimes I still ask, "Why me, God?" But I've come to realize God had a plan all along.

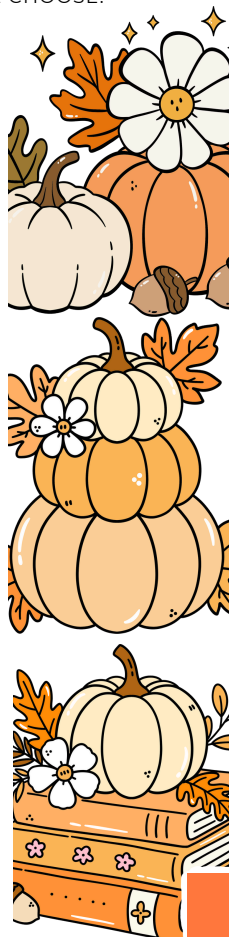
I grew up in and out of church, knowing about God but never truly living for Him. My life was marked by father wounds and a deep sense of abandonment. I spent years chasing love, approval, and self-worth in all the wrong places through how I looked, how I dressed, and how others saw me.

Then, at 49 years old, God stepped in and saved me from myself. He didn't just rescue me, He revealed that He had big plans for my life. I prayed for years for the life I have now, and I know without God, I'd still be searching for the peace only He can give. Since my recovery God has restored my self-worth, blessed me with a Godly husband and now our own Recovery Ministry.

That's what I love about Recovery Alive: it's a place where people don't just survive, they heal, grow, and thrive in Jesus. Recovery isn't instant — it's a process, and it takes work, faith, and perseverance.

My heart for Recovery is this: I don't want anyone to wait 49 years like I did; to find the light and love that God offers freely.

So now when I ask, "Why me, God?" I know the answer. It's because I've walked through the fire and come out refined. It's because I know what it's like to be broken — and now, I know what it's like to be restored.



Encouragement Corner:

Surrender, Honesty and Restoration

Isaiah 41:10 (The Message) reminds us:

"Don't panic. I'm with you. There's no need to fear, for I'm your God. I'll give you strength. I'll help you. I'll hold you steady, keep a firm grip on you."

For change to truly happen, we must first change the way we think.

Romans 12:2 (CSB) says:

"Do not be conformed to this age, but be transformed by the renewing of your mind so that you may discern what is the good, pleasing, and perfect will of God."

Recovery brings together supportive people and a Higher Power who is waiting to catch you when you take that leap into the unknown.

2 Corinthians 12:10 (ESV) reminds us:

"For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong."

Restoration isn't about throwing away what is broken — it's about transforming it into something stronger than it was before. God can restore whatever is broken in your life.

Psalms 80:3 (ESV) declares:

"Restore us, O God; let your face shine, that we may be saved."

Repentance is not only about what you turn from, but about who you turn to.

Luke 9:23 calls us to:

"Deny yourself, take up your cross daily, and follow Jesus."

The battle for your value, your worth, your heart, and your soul is not won by resistance, but by surrender. We must choose daily to live in truth and be transparent so God can begin to change the way we think, the way we live, and help us grow in Him.

John 15:4 (CSB) reminds us:

"Remain in me, and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in me."

When we stay connected to Christ, He removes what holds us back so we can live a life that glorifies Him. Hebrews tells us that the Word of God is alive and powerful — it changes us from the inside out.

Jesus gave us two great commandments in Matthew 22:

"Love the Lord your God with all your heart, soul, and mind; and love your neighbor as yourself."

So ask yourself — what can you do for your neighbor that will point them to the love of Jesus Christ?

Life is hard.
Trust is hard.
Relationships are hard.
Commitment is hard.

But one of the best things you can do is give it all to Christ. He will restore your life if you're ready to become alive in your recovery.

I'll be saving you a seat! See you there!

CONTACT US:

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