

CAC LIFE GROUP QUESTIONS

James: Faith in Real Life – November 16, 2025

Big Idea: Is anyone sick? Let him pray.

Ice Breaker: Share about an unusual or humorous way you have been injured/hurt

Key Points

Take a few minutes to review the key points from this week's sermon.

- **God can heal:** Scripture reminds us that God has the power to heal physically, emotionally, and spiritually—He is still the same God who heals today.
- **Faith isn't a formula:** Healing is not dependent on the strength of our faith but on the goodness and sovereignty of God.
- **Prayer keeps us focused on God:** Whether we are in trouble, joyful, or sick, James tells us to bring everything before God in prayer.
- **Healing comes in many forms:** Sometimes it's miraculous. Sometimes it's through doctors, medicine, or time. And sometimes, God's healing takes the form of His sustaining presence and peace when the pain remains.
- **We need each other:** Prayer and confession are not meant to be private acts alone—James calls us to pray for one another, share openly, and carry each other's burdens in community.

Discussion Questions

Based on the sermon, discuss the questions below.

- What was your biggest takeaway? What stuck out the most or moved you on a personal level?
- Did anything bother you? What questions did you have?

Making it Personal

Review with your group the impact this week's sermon made on you personally.

- Have you ever seen anyone miraculously healed?
- What are some common negative responses to suffering and illness? How do you see believers and non-believers the same, or different, in these trying situations?
- What was the toughest time you experienced when God did not heal someone you cared about? Does this impact your response when someone asks you to pray for their healing?
- How do you balance praying boldly for God to heal while also trusting His will if the answer is "not yet" or "not in this way"?
- In seasons of illness or emotional pain, who has walked with you? How did their prayers or presence make a difference?
- How might you be part of someone else's healing—through prayer, encouragement, or simply being present?
- How have you seen suffering draw you closer to God or others?

Scripture Review

Revisit some of the scripture passages from this week and discuss the questions below.

- James 5:13-16
- What stands out to you most in James' instructions about prayer and healing?
- Where does the book of James suggest there could be a link between sin and sickness? Do you think you are tempted to be too quick, or too slow, to connect adverse circumstances to sin? What are some benefits and dangers of each approach?

Diving Deeper

Explore additional Scriptures that connect to this week's message.

- **Old Testament** Psalm 34:15-19, Psalm 41:3, Psalm 103:2-3, Jeremiah 17:14, Jeremiah 29:12, Jeremiah 30:17, Psalm 30:2
- **New Testament** 1 Peter 3:12, 1 John 5:14-15, Mark 5:34, Matthew 7:7, Romans 12:12, Acts 9:32–35

Application & Action

James calls us to pray with faith—faith not in outcomes, but in a Person. Healing prayer isn't a transaction; it's a relationship. As we pray, we remember that God's goodness doesn't depend on whether He gives us what we ask for, but that He meets us with compassion and presence no matter the outcome. This week, let's keep our focus on God, pray for one another, and trust that He is working for our good in every circumstance.

Revisit the Word

- Read James 5:13–16 aloud again.

Personal Reflection

- Take 2–3 minutes in silence and ask the Holy Spirit: "Where in my life do I need healing—physically, emotionally, or spiritually? How can I invite Jesus into that space today? What would it look like to rest in His presence and trust His care, no matter the outcome?" Write down your thoughts and any steps you sense the Spirit leading you to take this week.

Group Discussion: Faith that Heals

- **Listening to Jesus:** What might Jesus be teaching you about prayer and healing in this season? How does His example of surrender ("not my will, but Yours be done") shape your own prayers?
- **Walking with Him:** How does remembering that Jesus meets us in our pain—right here, not just in heaven someday—change how you experience suffering or disappointment?
- **Anchoring in His Word:** Which verse strengthens your faith to keep praying with both boldness and trust (e.g., James 5:15; 2 Corinthians 12:9; Philippians 4:6–7)?
- **Leaning on His People:** How can confession and prayer with others become a regular rhythm in your life—not just when things are hard? Who might you reach out to this week for prayer or encouragement?
- **Growing in His Likeness:** How have you seen God's power or character show up in your weakness, pain, or unanswered prayers? How is He shaping your faith through it?
- **Action Step:** This week, ask God to show you one person who is hurting, sick, or carrying something heavy—and do two things: **1) Pray for them by name.** **2) Reach out in a simple, tangible way** — a call, a note, a meal, or just your presence. Let them know they're not alone, and that you're praying with them and for them.

Daily 2-Minute Practice: Trusting God's Healing Work

- **Pause (30 sec):** Quiet your heart and ask God to show you any place where you need His healing—physically, emotionally, or spiritually. If there's unconfessed sin, bring it honestly before Him and rest in His grace.
- **Pray (1 min):** Ask Jesus to bring healing—in your life or someone else's—as He knows best. Thank Him that His power and compassion are always at work, even when you can't see the outcome.
- **Trust (30 sec):** Whisper, "Lord, Your grace is enough for me." Recall a time when God was faithful in the past, and let that memory strengthen your confidence in His goodness today.

Prayer

Close your group time together with prayer.