

CAC LIFE GROUP QUESTIONS

James: Faith in Real Life – October 19, 2025

Big Idea: Change your words, change your life

Ice Breaker: Share about an awkward or funny time you misspoke or mixed up your words

Key Points

Take a few minutes to review the key points from this week's sermon.

- Words show your heart and shape your path
- Words have the power of life in them
- The tongue is small but powerful
- Control of the tongue is the means to and evidence of spiritual maturity
- Pride often drives us to boast; hurt or anger often drives us to curse others
- Changing your life can begin by changing your words

Discussion Questions

Based on the sermon, discuss the questions below.

- What was your biggest takeaway? What stuck out the most or moved you on a personal level?
- Did anything bother you? What questions did you have?

Making it Personal

Review with your group the impact this week's sermon made on you personally.

- What is one of the nicest things anyone ever said to you?
- What is the most hurtful thing someone has said? How did it shape you?
- Have you ever undergone a significant and lasting change in how you speak and the words you use? What happened in your life to cause this change?
- When have you regretted something you said to someone? What did you learn from the experience?
- Who regularly speaks words of life and affirmation to you?
- How is your speech influenced by those around you? Do you feel like you have any influence on others?
- If your words are a mirror, what are they showing you really are?

Scripture Review

Revisit some of the scripture passages from this week and discuss the questions below.

- James 3:1-12, Isaiah 49:15-16
- What comparisons does James use for the tongue, and what do they teach about the power of words?
- Comment on James 3:9-10 which states we praise God and curse humans with the same tongue and "this should not be."
- If you have been wounded by the words of others, Isaiah 49:15-16 reminds us we are eternally loved and held dear by God, never forgotten, always in His sight. How is there comfort in knowing His love for you is absolute?

Diving Deeper

Use the verses below to dive into other passages of scripture that relate to the primary scripture passage from this week's sermon.

Old Testament

- Psalm 19:14, Proverbs 12:18, Proverbs 15:1 & 4, Proverbs 18:21, Jeremiah 9:23-24, Ecclesiastes 7:21-22

New Testament

- Matthew 12:36, Matthew 15:18-20, Luke 6:45, Ephesians 4:29, 1 Peter 3:10, Colossians 4:6

How do these scripture passages align with the scripture from the sermon? Do you see any contradictions between passages? If so, can you explain why this is?

Application & Action

It is important to take the knowledge you gain and see how it can become an actionable step that the Holy Spirit can use to produce transformation in your life.

Our words reveal the condition of our hearts and set the direction of our lives. James reminds us that our tongues are like steering wheels — even a small turn can change everything. When surrendered to Christ, our words can bring life, healing, and hope. Real maturity begins with inviting God to transform not just our speech, but the source behind it — our hearts.

- **Listening to Jesus:** What has the Holy Spirit shown you about yourself and the words you speak — or think — this week, knowing that words reveal what's in your heart?
- **Walking with Him:** How can you be more intentional with your words to reflect Christ's love? Can you use the 3 questions from the message before speaking: Is it true, is it helpful, is it kind?
- **Anchoring in His Word:** Which verse will you hold onto to guide your speech this week (ex: Ephesians 4:29, Proverbs 15:1, James 3:2)
- **Leaning on His People:** Who helps you stay accountable in your words and attitude? How can you encourage each other to speak life this week? Who can you turn to if you have been hurt? Are you there for others to turn to when they need a friend?
- **Growing in His Likeness:** Is there unconfessed sin such as pride or cursing you should repent of? Is there someone you owe an apology to? Ask God, or others if applicable, for forgiveness. If someone has hurt you with their words and you have never truly forgiven them, can you do that this week?
- **Action Step:** Who in your life needs to hear encouraging words right now? Reach out to them with a text, phone call, get-together, etc.

Daily 2-Minute Practice: Speak Life

- **Pause (30 seconds):** Reflect quietly and ask God to reveal where your words need to change — toward yourself, others, or God?
- **Pray (1 minute):** Identify one practical step you can take this week to speak with more grace, truth, and humility. Pray for courage and guidance to take that step.
- **Practice (30 seconds):** Speak words of encouragement to at least one person every day this week. Be willing to say "I'm sorry" or "I was wrong" as the situation arises.

Prayer

Close your group time together with prayer.