

RELY ON THE ROCK
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We all have had or will have to deal with storms. The question is, how do you handle them? Do you rely on yourself or God? Storms come in different ways. It might be a financial storm. It might be a health storm. It might be a relationship storm. Sometimes storms come in waves. The saving grace is that our God is bigger than any storm that comes our way.

[“Trust in the Lord with all your heart And do not lean on your own understanding.” \(Proverbs 3:5\)](#) Let's look more in-depth at this verse.

The first part is, “Trust in the LORD with all your heart.” This phrase tells us to completely rely on God. To trust in the LORD involves a deep, unshakeable faith that goes beyond human reasoning. In the Hebrew context, the heart is the center of one's being, completely immersed in mind and emotions. This requires us to trust and surrender every aspect of our lives to God.

We are warned against self-reliance and the limitations of human wisdom. But this proverb cautions us against relying on human reasoning instead of divine guidance. The Hebrew word for "lean" suggests support or reliance, indicating that one's understanding is insufficient as a foundation for life. This phrase calls believers to seek God's wisdom, as found in Scripture and through the Holy Spirit, rather than relying solely on our own insights.

Trusting in the LORD requires a wholehearted commitment. It is not partial or conditional but involves every aspect of our being. It is a total surrender of self and how we want to solve problems instead of trusting God to do that for us. Leaning on our own understanding often leads to pride. We must recognize our limitations and seek God's wisdom.

Trusting God is putting your faith into action. You are living it out loud. This takes courage, and it involves active faith, demonstrated through obedience and reliance on God's guidance. Faith is a critical part of the makeup of the Christian life. [“And without faith it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who seek Him.” \(Hebrews 11:6\)](#) Our hearts must be aligned with God's will, which requires regular prayer, study of Scripture, and openness to the Holy Spirit's leading.

[“The fear of the Lord is the beginning of knowledge; Fools despise wisdom and instruction.” \(Proverbs 1:7\)](#) True wisdom comes from God. We should seek His wisdom through prayer and the study of His Word, rather than relying solely on human reasoning.

From this verse, [“Trust in the Lord with all your heart And do not lean on your own understanding.” \(Proverbs 3:5\)](#), I have some suggestions that might just help you.

First is to believe and trust in the Lord with all your heart that He will get you through the storm. You've trusted Him for salvation, so trusting in Him to walk with you through the storm should not be a problem. Turn it over to God.

The Second suggestion is don't try to fix it yourself. Frankly, that's the wrong way. Now that you have sought God to get you through the storm, the next step is to pray, and don't stop until He has brought you through the storm. The difficult part is to get out of the way and watch Him work.

The Third suggestion is to keep the first two suggestions—trust in the Lord, and don't try to fix it yourself. It's so easy to get lost in the middle of a storm and not realize the Lord is getting you through it.

Storms of life are opportunities for spiritual growth. When you rely on God rather than yourself, He not only solves the problem but also demonstrates your trust in Him, which strengthens your faith. As a result, you gain more real-life experiences to share with others when you share your faith.

This is why we must rely on the Rock. ²⁴ Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on the rock. ²⁵ And the rain fell, and the floods came, and the winds blew and slammed against that house; and yet it did not fall, for it had been founded on the rock. ²⁶ Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. ²⁷ The rain fell, and the floods came, and the winds blew and slammed against that house; and it fell—and great was its fall.” (Matthew 7:24-27)

You may ask how I can encourage you to trust God to walk you through the storms of life? The answer is, I've learned the hard way. Sometimes I have to remind myself over and over that it's just a storm and my God is bigger than any storm. I have to trust, pray, and let Him fix it—because He does fix it, often in ways we couldn't have imagined.

You will never go wrong when relying on God. You see, ⁸ For My thoughts are not your thoughts, Nor are your ways My ways,” declares the Lord. ⁹ For as the heavens are higher than the earth, So are My ways higher than your ways And My thoughts than your thoughts.” (Isaiah 55:8-9) Always trust God and rely on the Rock. Have a blessed week.

I Go To The Rock:

https://www.youtube.com/watch?v=IrRkK0XUwUw&list=RDlrRkK0XUwUw&start_radio=1