

"Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

-Colossians 3:16

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How to Use This Study Guide

Each time you sit down to study, begin with prayer. Before reading the lesson and answering the questions, ask the Holy Spirit to reveal His truth to you. You may find it helpful to have a few study aids such as a dictionary, concordance, and more than one translation of the Bible. New King James Version (NKJV) was used for this Study Guide. You may also find the following online resources helpful:

BlueLetterBible.org WebstersDictionary1828.com BibleGateway.com

"Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Study notes for Introduction to Psalms	

Psalm 1... Blessed is the man

Read Psalm 1

4	14/1					_
l.	What verse	or phrase	stooa (out to y	ou and wny	?

Read verses 1-3

- 2. What two types of men are described?
- 3. Two progressions are seen in verse 1. What do you think is implied by the progression of "does not walk, nor stand, nor sit?"

What do you think is implied by the progression of "counsel, path, seat?"

4. Describe the delight of the righteous in verse 2.

Does this describe your life? Why or why not?

5. Meditating on God's Word brings a stability and strength to our lives. How does verse 3 describe this?

"That brings forth its fruit in its season, whose leaf also shall not wither" (verse 3). What does this mean to you?
When you are going through trials, are you fruitful or do you wither? Explain your answer
ead verses 4-6
What four things are seen regarding the ungodly in these verses?
1)
2)
3)
4)
Write the beginning of verse 6.
How does Job 34:21-22 reinforce the truth of Psalm 1:6?
. Write a prayer asking the Lord to keep you walking and growing in the ways of the righteous.

Study notes for Psalm 1

Psalm 4... Hear me when I call, O God

1.	What verse	or	phrase	stood	out to	vou	and	why	?
	TTIME TCIDE	•	P : :: 45C	36334	out to	, – –	a a	,	

Read verse 1

2. In verse 1, what did David acknowledge about God?

What did David request of the LORD?

Record a time when you called out to the LORD and He relieved you of your distress.

Read verses 2-3

- 3. David acknowledged that people had slandered his reputation; that they love and seek that which is worthless and false. What two things did David know?
- 4. What do the following verses say about the godly? Psalm 32:6

2 Peter 2:9

5.	What do the following verses say about the LORD hearing when you call to Him? Psalm 18:3
	Psalm 50:15
	Lamentations 3:55-58
Re	ead verses 4-5
6.	"Be angry, and do not sin." What does this mean to you?
7.	According to verse 5, even when you are angry what two things are you to do?
8.	Romans 12:17-21 gives additional instructions on how we are to handle these situations. List the instructions given.
Re	ead verses 6-8
9.	What phrases indicate that David longed for God and had set his heart on Him.
10	. David declared that God Himself had taken the responsibility to keep him safe. What phrase in verse 8 shows this?
	What does this mean to you and what confidence does it provide?

Study notes for Psalm 4

Psalm 5... Give ear to my words, O LORD

Read Psalm 5

1. What verse or phrase stood out to you and why?

Read verses 1-3

- 2. What do you learn about prayer from these verses?
- 3. David purposed to pray in the morning. When do you pray?
- 4. Why would David "look up" at the end of his petition?

Read verses 4-6

5. List the things that God cannot tolerate.

- 6. In light of the following verses, why is God unable to tolerate evil? Leviticus 19:2
 - 1 John 1:5

Read verses 7-8

7.	What enabled David, a sinner, to stand before the holiness of God? (verse 7)
8.	Where does righteousness come from? (see Philippians 3:9)
9.	How does righteousness lead you?
Re	ead verses 9-12
10	. How did David respond to the wickedness that was all around him? (verses 11-12)
11	. Can this approach help you in the world today? Explain your answer.

Study notes for Psalm 5

Psalm 16... Preserve me, O God

Read Psalm 16

1.	List some	phrases t	hat express	s complete d	dependency	and sufficiency	v in the LORD.
		p a. c c c .		, complete t	- cp c a c c	, and carriere	, = = 0

Read verses 1-2

- 2. In verse 2, what did David declare?
- 3. Read Psalm 43:5. What did David ask of his soul?

What did he tell his soul to do?

What truth did he speak to his soul?

4. What things could you say to your own soul today to encourage your faith?

Read verses 3-4

5. In contrast to true worshippers of God, the saints, who are described in verse 4?

How did David respond to these people?

Read verses 5-6

6.	What four things are proclaimed in these verses?
7.	Read 1 Peter 1:3-5. How did Peter describe your inheritance?
Re	ead verses 7-11
8.	Where and how does David receive counsel and instruction?
9.	Verse 8 states three important things. List them and summarize what they mean to you. 1)
	2)
	3)
10	. According to verses 9 and 11, what is the result of living like this?
11	. In his sermon on Pentecost, Peter quoted verses 8-11. Read Acts 2:22-37. How were David's words a prophecy of Jesus Christ?
	How did the people respond?
	What insight do you gain from the Acts passages?

Study notes for Psalm 16

Psalm 19... The heavens declare the glory of God

Read Psalm 19

1.	What verse or	phrase	stood	out to	VOL	and	whv?
Τ.	Wildt VCISC OI	prinasc	Juoga	out to	you	ana	vviiy:

_	
Re	ead verses 1-6
2.	"The heavens declare the; and the firmament shows;
3.	How does Romans 1:20 confirm this?
4.	How do these verses describe the heavens?
Re	ead verses 7-9
5.	There are six beautiful statements about the Word of God and the ministry of the Word in our lives. Fill in the blanks and write a brief statement about what each means to you.
	The law of the LORD is
	The testimony of the LORD is
	The statutes of the LORD are
	The commandment of the LORD is
	The fear of the LORD is

id compared God's Word to gold and honey. What do you think he meant with these parisons?							
e in a							
s sins							
oride?							

Study notes for Psalm 19

Psalm 23... The LORD is my Shepherd

Read Psalm 23

1. \	What verse	or phrase	stood or	ut to	you	and	why?
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Read verses 1-3

- 2. David was a shepherd. How did his experiences influence his writing of this psalm?
- 3. If the LORD is your shepherd, what does this imply? See Psalm 100:3.

What does this mean to you?

4. From verses 2-3, list four things the shepherd does.

Describe how you see these in your life.

Read verse 4

5. This "valley" is not death, but the shadow of it. When you go through distressing times, what can you do to overcome your fear?

What did Jesus promise us in Matthew 28:20?

6.	We can look at God's word as His rod, full of authority and power, and His Holy Spirit as His staff, examining our hearts and guiding us. How can these bring comfort in your life?
Re	ead verses 5-6
7.	Why do you think the shepherd would minister to you in the presence of your enemies, rather than getting rid of them first?
8.	Describe how God's "goodness and mercy" are at work in your life.
9.	David lived in a large palace but where did he long to spend eternity?
	Is this the desire of your heart also? Explain your answer.
10	. Read the following verses. What insight do you find concerning your desires for the future? Ecclesiastes 3:11
	Philippians 3:20

Study notes for Psalm 23

Psalm 25... To You, O LORD, I lift up my soul

Rea	d	Psa	lm	25

1.	What verse	or phrase	stood	out to	vou and	whv?
	VVIIGE VCISC	or prinase	36000	out to	, ou und	

Read verses 1-3

2. David declared two things to God. What are they?

What phrase in verse 2 shows he had a personal relationship with God?

Psalm 18:1-2 gives further insight into David's relationship with God. How did David describe God?

3. What do the following verses say about trusting God?

Proverbs 3:5-6

Isaiah 26:3

Read verses 4-7

4. What is the progression of learning found in verses 4-5?

How can you apply this to your life?

5. Which attributes of God was David relying on?

Read verses 8-11

- 6. Verse 8 begins, "_____ and _____ is the LORD."
- 7. What truths did David state about what God will do?

Read verses 12-15

	Ma V01505 12 15
8.	List the blessings recorded for the one who fears the LORD.
9.	Look up the following verses and write the truths seen regarding the fear of the LORD. Psalm 103:11
	Psalm 33:18
	Proverbs 9:10
	Proverbs 19:23
Re	ead verses 16-22
10	. List David's petitions.
	Which of these petitions are pertinent to you today?
11	. What evidence in your life shows that you are (or are not) trusting God?
12	. Psalm 122:6 says, "Pray for the peace of Jerusalem." End your day, just like David dic praying for Israel and for the peace of Jerusalem.

Study notes for Psalm 25

Psalm 27... The LORD is my light and my salvation

Read Psalm 27

1. What verse or phrase stood out to you and why?

Read verses 1-3

2. What do you think David meant when he said, "The LORD is my light"?

What does John 8:12 say about the light?

3. Why did David not need to fear his enemies?

What does Isaiah 41:10 state regarding fear?

Read verses 4-6

- 4. What "one thing" did David desire of the LORD?
- 5. What did David rely on God to do for him?

What do you rely on God to do for you?

6. How did David respond to God's work on his behalf?

Read verses 8-10

7. When God says to you, "Seek My face", how do you respond?
8. What three things did David request of God in verse 9?
9. What hope do you have according to Romans 8:37-39?
Read Psalm 27:11-14
10. List the things David asked of God.
11. According to verses 13-14, what should you do when you become discouraged or "lose heart"?
12. Read Isaiah 40:31. What are the benefits of waiting on the LORD?

Study notes for Psalm 27

Psalm 31... In You, O LORD, I put my trust

Read Psalm 31

1.	What verse	or	phrase	stood	out to	vou	and	why	?

Read verses 1-8

2	What are some	wave David	described	God?
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3. David appealed to God for several things. List some of them.

4. Verse 5 shows that David trusted God with his very life. In what circumstances was this verse quoted in the New Testament?

Luke 23:46

Acts 7:59

5. David confessed his trust in the LORD in verses 6-8. Finish the following phrases pertaining to your own trust in the LORD.

I trust in the LORD because...

I will be glad and rejoice in Your mercy because...

You have known my soul in...

You have set my feet in...

Read verses 9-13

6. How did David describe his distress?

Read verses 14-18

7. Despite David's lament, what did he confess?

What does this reveal about David's heart?

When you are in the midst of affliction, how can you remind your heart of God's faithfulness and love?

Read verses 19-22

8. List some of the things David praised God for.

What are some things you praise God for in your life?

9. What was David's cry in verse 22?

After all of his confessions of trust in God's faithfulness, why would he say this?

10. Read Psalm 139:7-10. Can you be cut off from God's sight? Explain your answer.

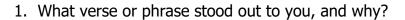
Read verses 23-24

11. How does praising God for His faithfulness in your own life lead you to encourage others?

Study notes for Psalm 31	

Psalm 32... Blessed is he whose transgression is forgiven

Read	Psa	lm	32
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Read verses 1-2

- 2. What is the source of blessedness?
- 3. When God forgives you, what happens to your sin?

Psalm 103:12

Isaiah 1:18

1 John 1:9

Read verses 3-7

- 4. What physical symptoms did David experience due to his unconfessed sin?
- 5. What important steps did David take regarding his sin and what was the result?
- 6. What did David declare to God?

Read verses 8-9

VC	cau verses o-9
7.	List three things the LORD will do for the godly?
	Using a dictionary or online source such as WebstersDictionary1828.com, look up one or more of these words and summarize God's care for the godly.
8.	What kind of person is described in verse 9?
	How can this hinder your relationship with the LORD?
Re	ead verses 10-11
9.	What promises do you find here?
10	. What instructions did David give?
	Read 1 Thessalonians 5:16-18. What instructions did Paul give?

Study notes for Psalm 32

Psalm 34... I will bless the LORD at all times

Read Psalm 34

1. What verse or phrase stood out to you and why?

Read verses 1-3

2. How did David begin this Psalm?

What did he exhort others do?

Read verses 4-7

3. List the rewards of seeking the LORD.

Describe a time you experienced this personally.

Read verses 8-14

4. How would you explain, "taste and see that the LORD is good?"

5. Describe what "the fear of the LORD" means to you?

6. What two things are we to do and what will be the result? (verse 11)
7. According to Proverbs 9:10, "the fear of the LORD is the beginning of"
8. What characterizes a person who "fears the LORD"? (Psalm 34:13-14)
Read verses 15-22
9. Verses 15-19 contain several promises of support for the righteous. Which ones encourage you the most?
10. How does 2 Chronicles 16:9 reinforce this?
11. Compare Psalm 34:20 with the following verses and comment on what you discover.
John 19:33
John 19:36
12. What promise and confidence do we have according to verse 22?

Study notes for Psalm 34						

Psalm 37... Do not fret because of evildoers

Read Psalm 37

1. What verse or phrase stood out to you and why?

Read verses 1-2

- 2. Verse 1 begins with three important words: "______."

 Look up and define "fret".
- 3. Instead of fretting, what do the following verses say?

Proverbs 3:5-6

Matthew 6:33-34

I Peter 5:7

4. This Psalm tells us not to "fret because of evildoers." According to verses 2, 9, 10, and 20, what will happen to evildoers?

Read verses 3-11

5. List several things verses 3-8 exhort us to do.

Which of these do you feel you need to grow in and why?

6. Describe those who will "inherit the land," according to verses 9-11.

Read verses 12-22

7. Contrast the wicked and the righteous.

Wicked	Righteous

Seeing how God responds to the righteous, what hope do you have in your present circumstances?

Read verses 23-26

- 8. Compare verse 23 with Proverbs 16:9. What do these verses show you?
- 9. How does verse 24 apply to your life?
- 10. What do the following verses say in regard to trials?

Isaiah 41:10

John 16:33

Romans 12:12

James 1:2-3

Read verses 27-40

12. List what these verses say in regard to the righteous person.

Study notes for Psalm 37						

Psalm 40... I waited patiently for the LORD

Read Psalm 40

1. What verse or phrase stood out to you and why?

Read verses 1-3 Verse 1 begins, "______ for the _____." How did David describe the difficulty he was in? List the things the LORD did for David in these verses. After going through difficulties, David wrote, "He has put a new song in my mouth." Explain what this means to you.

Read Verses 4-5

- 6. How are the "blessed" described?
- 7. What does verse 5 state about God's works and His thoughts toward you?

What additional insight do you gain from Psalm 139:17-18?

Read verses 6-8

8. What is the theme of these verses?

Matthew 26:39

John 6:38

Hebrews 10:7

Door	4,	verses	· O-	12
Kead	Т ۱	verses	: Y-	

9. List the specific things that are being declared, proclaimed, and not concealed.
10. List the things David did that you are also called to do?
What help do you find in the following verses? Acts 1:8
Acts 5:42
11. What did David pray for in verse 11?
Do you seek this in your own life? Explain your answer.
Read verses 13-17
12. What were David's enemies doing?
In response, what did David request of the LORD?
13. Despite the trials David was dealing with, describe his relationship with the LORD. (verses 16,17)

Study notes for Psalm 40						

Psalm 46... God is our refuge and strength

Read Psalm 46

1. What verse or phrase stood out to you and why?

Read verses 1-3

2.	The psalmist	started b	by stating,	"God is	our	and	/	a	very
in trouble.									

Using a dictionary or online resource, such as WebstersDictionary1828.com, define "refuge".

- 3. How is God a refuge for you?
- 4. What exhortation is given to us, even in the midst of catastrophic changes of the earth? See also Isaiah 41:10.

Read Verse 4-7

5. What did the Psalmist describe in these verses? See also Ezekiel 47:1-2 and Revelation 22:1-2.

Read verses 8-9

6.	What will the LORD accomplish regarding the earth and wars?
	What does He do regarding the enemy's weapons?
	Read Isaiah 54:17. What does God say to His servants?
Re	ead verses 10-11
7.	Write and memorize the beginning of verse 10:
	", and that"
	What does this mean to you?
8.	What did Jesus say in John 14:27?
	How does the peace Jesus gives differ from the world's peace?
9.	According to Psalm 46:10-11, what will be the final outcome?
10	. In this psalm, you learn that God is always your refuge, your security, and He alone wi give you peace. What areas of your life do you need to rely upon the LORD more Explain your answer.

Study notes for Psalm 46

Psalm 51... Have mercy upon me, O God

Read Psalm 51

1.	What verse	or	phrase	stood	out to	vou	and	why	?

Read verses 1-2

2. What did David plea for?

Based on what characteristics of God did he ask?

- 3. What leads you to ask God for forgiveness and mercy?
- 4. Read the following verses. How has God shown you mercy?

Romans 6:23

Ephesians 2:4-7

Read verses 3-4

5. What important truth did David acknowledge at the beginning of verse 4?

Why is this important?

6. Do you realize that when you sin against another you are actually sinning against God? Explain your answer.

Re	ad verses 5-13
7.	What did God desire of David?
8.	Read the following verses and explain how you can know wisdom. Job 28:28
	Psalm 111:10
9.	List all that David asked of God. (Psalm 51:7-12)
10.	How does restoration with God affect your witness to others?
Re	ad verses 14-19
11.	What did God's forgiveness prompt David to do?
12.	Name the sacrifices for sin that please God?
	How can you give these to Him?
13.	Knowing God loves you, confess your sins to Him.

Study notes for Psalm 51

Psalm 56... Be merciful to me, O God

Read Psalm 56

1. What verse or phrase stood out to you and why?

Read verses 1-4

2. According to Ephesians 6:12, who are your enemies?

3. When you are afraid, what should you do? (Psalm 56:3,4)

Why?

4. Write the end of verse 4. "What _____ ___ ____?"

5. Record further insights from the following verses.

Proverbs 29:25

Isaiah 51:12

Romans 8:31

Read verses 5-7

6. List the things in these verses David said his enemies were doing.

7.	"Shall they escape by iniquity?" Define the word "iniquity".
8.	How did David know God would deal with his enemies? (see Psalm 7:11)
Re	ead verses 8-13
9.	David knew that God was for him. How can you know that God is for you?
10	. How does it comfort you to know that God puts all your tears into His bottle?
11	. Twice in verse 10 David declared, " will
12	. What do the following verses say about God's Word? John 1:1
	2 Timothy 3:16-17
	Hebrews 4:12
13	. How are you to "walk before God in the light of the living"? Matthew 5:14-16
	Ephesians 5:8-10

Study notes for Psalm 56

Psalm 62... Truly my soul silently waits for God

Read Psalm 62

1. What verse or phrase stood out to you and why?

Read verses 1-2

- 2. In this psalm, David quiets his soul before the LORD in expectation. How do you quiet your soul before the LORD?
- 3. What did David declare about the LORD?

Read verses 3-4

- 4. As David waited on the LORD, how did he describe those who were coming against him?
- 5. What does Jesus say about your enemies in Matthew 5:44?

Read verses 5-8

- 6. According to verse 8, what two things did David exhort the people to do?
- 7. In what ways is God your refuge?
- 8. What other things are you trusting in for comfort and security?

Read verses 9-12

9.	Look up the following verses and state what they say about trusting in riches. Matthew 6:19-21
	Mark 8:36
10	. Twice David heard, "that to to" Explain what this means to you.
11	. Using a dictionary or online resource, such as WebstersDictionary1828.com, define "mercy".
	What do Titus 3:5-6 and I Peter 1:3 say regarding mercy?
12	. What does it mean to you that God will "render to each one according to his work"? Jeremiah 17:10
	Revelation 22:12

Study notes for Psalm 62

Psalm 71... In You, O LORD, I put my trust

Read Psalm 71

1. What verse or phrase stood out to you and why?

Read verses 1-8

2. The psalmist proclaimed several things about the LORD in theses verses; he also made several requests. List these below.

Proclamations	Requests

3. Choose one thing from each list above and describe how they fit together in your life.

4. What are you asking of the LORD and trusting Him for?

Read verses 9-16

5. In verse 9, what did the psalmist ask of God?

6. What were his enemies saying about God?

7.	How did the psalmist want God to respond to his enemies?
	In contrast, how did Jesus respond in Luke 23:34-37.
8.	How should you respond when someone persecutes or mocks you for your faith? Luke 6:27-28
9.	Despite being in a difficult trial, what did the psalmist decide to do? (verse 14)
10	. In verse 15, what is said about God's righteousness and salvation?
	What does this mean to you?
Re	ad verses 17-24
11	. How has the psalmist served God? (see also verses 5-6)
12	. What did he ask God in verse 18 and why?
	Explain the importance of telling the next generation about God.
	What further insight do you find in Deuteronomy 6:6-7?
13	. List some of the ways the psalmist praised God.
	What are some ways you praise God?

Study notes for Psalm 71		

Psalm 73... Truly God is good to Israel

Read Psalm 73

1. What verse or phrase stood out to you and why?

Read verses 1-3

- 2. Write the declaration Asaph made in verse 1.
- 3. What things did Asaph say about himself in these verses?

What did he say was the reason these things happened?

Read verses 4-12

- 4. Asaph declared several things about the wicked. List some of them.
- 5. What conclusion did he come to concerning the wicked?

Read verses 13-16

6. What was Asaph thinking regarding his own life and choices?

Read Psalm 24:3-5. What do you find regarding "clean hands" and "a pure heart"?

Read verses 17-20

Romans 11:33

Re	eau verses 17-20
7.	What changed Asaph's perspective of the wicked?
8.	List some things Asaph realized would be the end result of living a wicked life.
Re	ead verses 21-28
9.	What did Asaph realize about himself when he came into the presence of the LORD?
	Describe a time when you had a skewed perspective of a person or circumstance, but your heart changed as you came into the presence of the LORD.
10	. After being in God's presence, what did Asaph acknowledge about the LORD?
11	. Verse 28 is a beautiful declaration after a difficult struggle. Write this verse below.
12	. God's ways are just and right. He may have a different outcome in mind; not necessarily a life of ease but a heart that is fully turned toward Him. What do the following verses say about God's ways? Isaiah 55:8-9
	Romans 8:28

Study notes for Psalm 73		

Psalm 91... He who dwells in the secret place of the Most High

Read	l Psa	lm 9	1
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1.	What verse or	phrase stood	out to v	vou and why?
		p 0.0 0 0.0 0 0.		,

Read verses 1-2

- 2. Using a dictionary or online resource, such as WebstersDictionary1828.com, define "dwell".
- 3. Where are you to dwell and abide?

Does this describe where you "dwell"? Why or why not?

Read verses 3-8

4. How is God's care described in verses 3-4?

Describe how you feel cared for by God.

5. Several threats are listed in verses 5-6. What things cause you to be afraid?

Are you trusting God with these things? Explain your answer.

Re	ead verses 9-13	
6.	When God is your dwelling place, does the How can you trust God when you don't un	is mean you will never experience suffering? derstand the difficulties in your life?
	John 16:33	
	Romans 8:35-39	
	Romans 12:12-15	
7.	Satan quoted Psalm 91:11-12 to tempt Je Jesus respond?	sus in the desert. Read Luke 4:9-12. How did
Re	ead verses 14-16	
8.	These verses speak of the relationship God	d desires to have with you.
	Ways You Seek God	God's Response

9. What characterizes a life lived in obedience to Deuteronomy 6:5?

Study notes for Psalm 91			

Psalm 96... Oh, sing to the LORD a new song!

Read Psalm 96

1. What verse or phrase stood out to you, and why?

Read verses 1-6

- 2. In verse 1, what are we called to do?
- 3. What do the following verses say about singing to the LORD?

Psalm 147:1

Colossians 3:16

- 4. In addition to singing, what else are you called to do?
- 5. David described the "gods of the peoples" as idols. What does Isaiah 44:10 say about idols?
- 6. Anything or anyone we put before God in our lives can be an idol. List some things that compete for first place in your life.

How can you keep God first?

7. Although people make idols, what has the LORD made?
8. What can be found in His presence?
Read verses 7-10
9. List things the "families of the peoples" are told to "give" to the LORD.
10. Read the following verses. What are some offerings you can bring to God? Psalm 50:14
Psalm 51:17
Romans 12:1
Hebrews 13:15-16
11. In Psalm 96:10, what truths are we to proclaim?
What does this mean to you?
Read verses 11-13
12. How will God's creation respond to His second coming?

Study notes for Psalm 96				

Psalm 103... Bless the LORD, O my soul

Read Psalm 103

 What verse or phrase stood out to you, and why 	1.	What verse	r phrase stood	out to you	, and why
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Read verses 1-5

- 2. What did David tell his soul to do?
- 3. List the benefits David praised God for.

What are some of His benefits in your life?

4. Read Isaiah 40:31. What are the benefits of waiting on the LORD?

Read verses 6-14

5. How do verses 6-8 describe God's character?

Which of these characteristics minister to you the most and why?

6.	What truth do you see in verse 10?
	Compare verse 10 and Romans 6:23.
7.	How did David describe God's mercy and forgiveness?
	What point was David making?
Re	ead verses 15-22
8.	Describe the length of your life here on the earth.
	In light of this, how should we live? (See Hebrews 12:1-2)
9.	How does your short life on earth compare to God's mercy? (verses 17-18)
	What does this mean to you?
10	. What does verse 19 say about the LORD?
11	. Who blesses the LORD and how are they described? (verses 20-22)

Study notes for Psalm 103			

Psalm 139... O LORD, You have searched me and known me

Read Psalm 139

1	What verse	or nhrace	stand a	uit to v	you and	whv2
	VVIIGL VCISC	OI DIII GSC	Stoou o	ut to	vou anu	vvi i v :

Read verses 1-6

- 2. Make a list of some things the LORD knows about you.
- 3. How does verse 5 describe the LORD's protection and nearness?
- 4. Compare David's statement in verse 6 with Isaiah 55:8-9.

Read verses 7-12

- 5. List some of the places where you cannot flee or hide from God. (see also Jeremiah 23:24)
- 6. No matter where you go, what will the LORD do for you?

How does this encourage you?

7. What do verses 11-12 tell you about the darkness?

Read verses 13-18

VE	du veises 13-16
8. 1	List phrases that show that God is your Creator.
9. 1	In what ways are you "fearfully and wonderfully made"?
:	In light of this verse, how should you view yourself?
10.	Explain what verse 16 says about your lifespan.
11.	What did David say about God's thoughts concerning him? (verses 17,18, and Psalm 40:5)
	How does this minister to you?
Rea	ad verses 19-24
12.	In verse 20, what accusations did David make against the wicked?
13.	What did David ask of the LORD?
	Are these also your requests? Explain your answer.

Study notes for Psalm 139					

Psalm 145... I will extol You, my God, O King

Read Psalm 145

1. What verse or phrase stood out to you and why?

Read verses 1-7

2. List the "I will" statements that David made.

3. When you meditate on "the glorious splendor" of God's majesty, what stands out to you?

If you were to "declare God's greatness," what would you say?

Read verses 8-13

4. How is God described in verses 8-9?

"The LORD is _____ and full of _____, slow to _____ and great in _____."

"The LORD is _____ to all, and His _____ are over ____ His ____."

How do these truths encourage you?

5. What do these verses say His works and His saints will do?

6.	What do you learn about God's kingdom from these verses?		
7.	Look up the following verses and write what you see regarding the kingdom of God.		
	Luke 1:31-33		
	Hebrews 1:8		
	Revelation 11:15		
Re	ead verses 14-21		
8.	Consider God's goodness as you fill in the	following chart.	
	How are those God helps described?	How does He bless them?	
	Do you see yourself in this list? Explain yo	our answer.	
9.	What does David declare in verse 21?		
10	. Read Philippians 2:9-11. What do you see	e?	

Study notes for Psalm 145

