



## **“A Letter to the Faithful” Small Group Discussion Guide**

Small Group Discussion Guide: ONE — Paul’s Letter to the Faithful (Ephesians)

Based on the teaching by Pastor Todd Cullen.

### **Opening:**

Begin with a short prayer asking God to open hearts and minds to understand His Word and grow in faithfulness and unity.

#### **1. Getting Started: Setting the Context**

- Who was Paul? Why was he writing to the church in Ephesus?
- What do you know about the church in Ephesus?
- Why do you think Paul emphasizes faithfulness and unity in this letter?

#### **2. The Faithful People (Ephesians 1:1-2; 15-16)**

- Paul greets the believers as “faithful.” What does it mean to you to be faithful in Christ?
- How is faithfulness expressed not just personally but in community?
- Todd Cullen mentions that Paul “does not cease to give thanks” for them. How can we cultivate a similar attitude toward other believers?

#### **3. Our Faithful God (Ephesians 1:3-10)**

- How would you describe God's faithfulness based on these verses?
- What spiritual blessings has God given us through Christ? Which of these blessings stand out to you today?
- Why is it important to remember God’s faithfulness when facing challenges?

#### **4. Our Faithful Position in Christ (Ephesians 1:7-14)**

- Paul talks about being chosen, predestined, adopted, redeemed, forgiven, etc. What stands out to you about the position God gives believers?
- The content mentions confusion about “chosen” and “predestined.” How do you think we should handle theological mysteries like these?
- How can understanding our identity in Christ affect the way we live and treat others?

#### **5. A Faithful Purpose (Ephesians 1:10; 1:15-23)**

- What is the faithful purpose or mission God has given to the church?
- How does faithfulness relate to unity in the church? Why is unity essential to God’s purpose?



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- Todd emphasizes obedience over debating mysteries. Why might obedience be more important than complete understanding?
- How can we personally contribute to unity within our church or faith community?

### **6. Living as One Body (Ephesians 4:4-6)**

- What does it mean practically to be “one body and one Spirit” called to “one hope”?
- How can we “stay together, both outwardly and inwardly,” as The Message translation encourages?
- What challenges might you face in living out unity and faithfulness, and how can the group support each other?

### **7. Reflection and Application**

- Reflect on the question: Are you currently living faithfully in your relationship with God and His people? What might God be calling you to change or improve?
- How can the group encourage each other toward greater faithfulness and unity this week?
- What practical step will you take this week to exhibit faithfulness or strengthen unity within the church?

### **8. Closing Prayer**

Pray for faithfulness in God’s people, unity in the church, and the courage to obey God’s revealed will rather than getting caught up in divisive debates.

### **Optional Activity:**

Invite group members to write down one way they feel God is calling them to be more faithful or more united with others and share if comfortable.