



Life with a Capital “L” Devotional Guide

Introduction:

This five-day devotional is intended to guide you through the profound truths found in Ephesians 2:1-10. Each day focuses on different aspects of living a life empowered by grace, mercy, and purpose through Jesus Christ. Use this time to reflect, pray, and journal about your journey toward a life with a capital “L.”

Day 1: Understanding Our Condition - Scripture:Ephesians 2:1-3

Focus: Dead in Sin

- Reflection: Paul reminds us of our former state—dead in our trespasses and sins. Consider how the world influences our thoughts and actions. What does it mean to be “children of wrath”?
- Journal Prompt: Write about a time when you felt spiritually “dead.” What led you to that point, and how did it affect your life?
- Prayer: Ask God to reveal areas in your life where you may be following the ways of the world instead of Him. Seek His mercy and guidance.

Day 2: The Mercy of God - Scripture:Ephesians 2:4-5

Focus: But God...

- Reflection:The phrase “But God” signifies a powerful turn in our story. Reflect on the richness of God’s mercy and love. How does understanding God’s grace change your perspective on your past?
- Journal Prompt:Write a letter to God expressing your gratitude for His mercy and love. How has His grace made a difference in your life?
- Prayer:Thank God for His incredible mercy. Ask Him to help you embrace the new life He offers through Christ.

Day 3: Made Alive in Christ - Scripture:Ephesians 2:6-7

Focus: Our New Identity

- Reflection:We are not only saved but also raised and seated with Christ. This new identity changes how we live and interact with the world. What does it mean to live as someone who is “alive together with Christ”?
- Journal Prompt:How does your identity in Christ affect your daily actions and decisions? Write about specific ways you can embody this new identity.
- Prayer:Pray for the awareness and strength to live out your identity as a child of God, reflecting His grace and love in your life.

Day 4: Faith and Works - Scripture:Ephesians 2:8-10

Focus: Saved by Grace for Good Works

- Reflection:Salvation is a gift, but it doesn’t end there. We are created for good works. How do you respond to the idea that your life has a purpose designed by God?
- Journal Prompt: List three specific good works you feel called to pursue. How can you begin implementing these in your life?
- Prayer:Ask God to open doors for you to do good works that reflect His love. Pray for courage to act on these opportunities.

Day 5: Living Life with a Capital “L” - Scripture:Ephesians 2:10

Focus:Embracing Abundant Living

- Reflection: A life with a capital “L” is one marked by purpose, guided by faith, and empowered by grace. What does “abundant living” look like for you?
- Journal Prompt: Reflect on the areas of your life where you still feel stuck. Write about how you can move toward abundance in those areas.
- Prayer: Conclude your week by asking God to help you embrace life with a capital “L.” Commit to following Him more closely and living out His purpose in your life.