

WINTER

# FAMILY BUCKET-LIST

CONCORD BAPTIST CHURCH

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REBUILDING CONNECTION AND  
COMMUNITY WITH YOUR FAMILY

# W I N T E R   F A M I L Y   B U C K E T - L I S T

Welcome to the Winter Edition of the FAMILY Bucket-list! We are so excited for all of the intentional time you will be experiencing with your family so soon!!

In using this guide, please make sure that as you are stepping into each activity that you are intentionally bonding with your child. This is not meant to provide activities to keep your child busy. Our world has enough business on all fronts. While a lot of the things that keep us busy are good, they have also distracted us from truly connecting with each other in a way that God wanted for us. This guide is meant to help you step away from the rush of this world, and instead slow down to spend some intentional time with your children.

We pray that you are able to reconnect as a family, and that this guide takes stress off of you as parents as you do.

If you post any pictures from your fun times going through this guide, make sure to tag us! You can also use the hashtag #CBCFamilyBucketlist

## KEY

### P R I C E

|        |               |
|--------|---------------|
| \$     | Not Expensive |
| \$\$   | Moderate      |
| \$\$\$ | Expensive     |

### A G E   R A N G E

|   |            |
|---|------------|
| T | Toddler    |
| E | Elementary |
| Y | Youth      |

### T I M E ⌚



W I N T E R   F A M I L Y   B U C K E T - L I S T

# FIRST ACTIVITY





1 hour

T E Y

\$

# FAMILY BUCKET-LIST SCRAPBOOK

YAY!! You have stepped into your first activity as a FAMILY!! Over the rest of the winter season you are going to have the chance to experience different “bucket-list” items as a family, and you’re probably going to have some pretty sweet memories that you don’t want to forget. With that in mind, your first activity as a family is going to be to make a Family Bucket-list Scrapbook!

## Materials

- Binder
- Sheet Protectors
- Construction Paper/ Printer paper
- Markers/Pens/ Highlighters/ Pencils
- A Bin to keep everything bucket-list related in that the binder can fit in!

## Instructions

Go to Walmart and pick-up the materials to the left! Come back home and decorate a front page to slip in the front pocket of the binder. Include your family, draw or print pictures of you guys, and include some fun things about each of you.

If you have a lot of people, you can cut up a piece of paper into even pieces for each of you to decorate, and then glue them to one piece to put in!

Then you can put the sheet protectors in your binder, and organize your bin for the next activity!

Make sure to also make your first scrapbook page about this activity! There is an example on the next page of what this could look like! For the picture you can either use a polaroid camera, a printed photo, or you can draw the scene!

ACTIVITY NAME

DATE/TIME

MOM'S FAVORITE  
PART WAS ....

CHILD 1'S FAVORITE  
PART WAS ....

CHILD 2'S FAVORITE PART  
WAS ....

DAD'S FAVORITE  
PART WAS ....

FAMILY PRAYER

AFTER TIME

TOGETHER THANKING  
GOD FOR THEIR TIME,  
AND ASKING FOR HIM  
TO CONTINUE MOVING  
AND GROWING Y'ALLS  
RELATIONSHIPS!

W I N T E R   F A M I L Y   B U C K E T - L I S T

# AT HOME ACTIVITIES

🕒 2 hours

T E

\$\$

**INDOOR DRIVE IN  
MOVIE NIGHT****Materials**

- Cardboard Boxes (1 per child/family member)
- Markers
- Construction Paper
- Glue/Paint
- String Lights (optional)
- Snacks
- Drinks in cups hard to spill!
- Blankets and pillows

**Instructions**

Put the tape sticky-side out around the non-dominant wrist of your child before going out.

Go on a walk and let the kids pick up things from outside to add to their "Nature Bracelets" to later put in the scrap-book.

As you are walking, ask the kids some questions, or play nature bingo! (sheet included at the end of the guide)

**Instructions**

Give the kids the cardboard, markers, construction paper, glue/paint. Have them start making their "Drive in movie car". While they are starting this, you go prepare the snacks and drinks. Then go lay out some string lights if you have them and pull up a movie with the main lights off. Once this is done, go help the kids with their cars. Once done "drive" the "cars" into the "Movie Theater" and start the movie!

🕒 30 mins

T E

\$

**FAMILY EXPLORER  
WALK****Materials**

- Tape
- Nature walk bingo page (optional)
- A marker/pencil



**Instructions**

Have your kids help you build a fire outside. Teach them about the ways to do it, and help think think through their ideas. Have them help you set up the chairs/blankets, the food, etc. as well. Then sit around the fire, maybe play some music and get to know your kid, or tell them a story while you all make s'mores. You could even eat some pizza!



1 hour  
TEY  
\$

**OUTDOOR  
S'MORES NIGHT****Materials**

- Graham crackers
- Chocolate Bars/ your kids favorite chocolate
- Marshmallows
- Sticks
- Firewood
- Fireplace
- Chairs/blankets

**Instructions**

Too cold outside to have a bonfire? NO PROBLEM! Bring all of your materials inside and cook your s'mores in the microwave. Put the bottom graham cracker on the plate and top it with the marshmallow. Place it in the microwave for 10 seconds and then build your s'more.

You can put candles in the kitchen floor as your "fire" or before you do anything you can make "flames" from the paper and markers, and tape them in the TP rolls and put them in a bundle as your "fire". Make sure to really talk with them intentionally about what is going through their life!



1 hour  
TEY  
\$

**INDOOR  
S'MORES NIGHT****Materials**

- Graham crackers
- Chocolate Bars/ your kids favorite chocolate
- Marshmallows
- Microwave
- Candles (optional)
- Toilet paper rolls
- construction paper
- Markers
- tape



🕒 2 hours

T E Y

\$\$

**POTTERY NIGHT****Materials**

- Air Drying Clay
- Plastic forks, knives, spoons
- Paint (optional)

**BONUS IDEA**

Make them Christmas themed and decorate your house with them!

**Instructions**

PAIN PROOF THE ROOM WITH PILLOWS TO PREVENT INJURY! RULE IS NO RUNNING!!

Blindfold the person who is "it" and have the rest of the family hide in the same room.

The hiding people can't run away from the "it" person as they walk around with a nerf gun or a marshmallow (to tap) to find people.

**Instructions**

Step into CREATIVITY with your family! Go to Walmart or your craft store of choice and grab some air drying clay. You can choose colored clay, or if you want to paint it later choose the regular option!

Come home and set out some plastic utensils and start creating!

Once finished, follow the directions on the clay container for drying! Then set up your decor around the house!

🕒 30 mins

E Y

**"WHAT DO YOU HEAR"  
HIDE AND SEEK****Materials**

- Nerf Gun or marshmallow (optional)
- Blindfold

🕒 2 hours  
T E Y  
\$\$

## FLOWER PICKING AND ARRANGING

### Materials

- 1 flower bouquet for each person
- 1 mason jar/vase per person

### BONUS IDEA

Play fun music in the background, or go through the questions in the back. Take photos with each person and their arrangement.

### Instructions

Set up a painting station for each person including...

Plate (to put canvas on)  
canvas  
paper towels

with the paint, water and brushes in the middle!

Play music as you all paint together. Decide on a theme or free paint!

### Instructions

Go to Walmart/ Publix/ another store and allow each person to pick a flower bouquet (Publix has a 3 for \$12 deal).

If needed, buy mason jars as a vase for each person (they come in packs)

Come home and lay out all of the flowers and cut them to the desired length at an angle. Also mix water and flower food into vases.

Let each person pick their own flowers and design their own arrangement

🕒 30 mins  
T E Y  
\$\$

## PAINTING NIGHT

### Materials

- Paint brushes
- Paint
- Canvases from Walmart (they have some that come in packs)
- Paper towels
- Water cup

🕒 2 hours

T E Y  
\$\$**COOKIE DECORATING****Materials**

- Pre-made cookie dough
- Variety of icing
- Plastic knives and spoons

**Instructions**

Step into your very own movie theater and watch the story of scripture unfold!

Prepare snacks and the setting before! Let everyone make their area special while playing some tunes, and once it is all set up press play and enjoy!

Make sure to talk about the episodes after watching!

**Instructions**

Make the cookies together as a family, or buy pre-made cookies!

Make a decorating station for each person at the same table including...

- paper towels
- a plate
- a knife and spoon
- a few cookies

and put the icing in between all of you at the table.

Play music in the background while you decorate!

🕒 2 Hours

E Y  
\$**THE CHOSEN WATCH PARTY****Materials**

- Movie snacks
- Angel Studios downloaded/Netflix
- (optional) Blankets, PJs, etc.
- (optional) Set up string lights, or any other fun decor you want to make it fun!

⌚ 2 hours

T E Y  
\$**MAKE BIRDSEED  
GARLAND****Materials**

- 4 Cups Birdseed
- $\frac{3}{4}$  Cups Flour
- $\frac{1}{2}$  Cups Water
- 3 TBSP Corn Syrup

4. Allow to dry overnight or for 12 hours.

5. String some twine or ribbon through the hole and hang on your trees outside or give as gifts.

**Instructions**

Set up individual pizza creation stations for each member of the family including...

A plate

A pizza crust

A spoon

with the toppings and sauce in the middle of you all!

Preheat the oven to the temperature on the packaging, then make your pizzas! Bake them and then enjoy as a family!

**Instructions**

1. Mix all the ingredients together in a large bowl.
2. Line a cookie sheet with parchment or wax paper and spray the cookie cutters with cooking spray.
3. Pack the cookie cutters to the top with the birdseed mixture and using a chopstick or other round instrument, poke a hole in the top to allow for a string to hang the ornament. Slowly lift the cookie cutter off the ornament and repeat until you have used all the birdseed mixture.

⌚ 1 hour

T E Y  
\$**MINI HOMEMADE  
PIZZA NIGHT****Materials**

- Mini pizza crusts (you can get them pre-cooked at the store)
- Pizza sauce
- Cheese
- Whatever toppings you want



W I N T E R   F A M I L Y   B U C K E T - L I S T

# OUR AREA

🕒 2 hours  
T E Y  
\$\$

## PAINTING BY NUMBERS IN THE PARK

### Materials

- Paint brushes
- Paint
- Painting by numbers book from the store
- Water cup
- Snacks
- Picnic blanket
- Paper towels

### Instructions

Go to the park with everyone, and lay out a picnic blanket for you all to sit on.

Set up a painting station for each person including...

Plate (to put canvas on)  
A painting by number sheet  
paper towels

with the paint, water and brushes in the middle! You could also put some finger food snacks in the middle!

### Instructions

Sit together as a family and brainstorm bakeries you want to try in the area. Choose one item from each place, and go around town together playing music and talking as you get each item!

Then come home or go to the park and let everyone try a bit of each one and rate them!

🕒 2 hours  
T E Y  
\$\$

## BAKERY CRAWL

### Materials

- Bakery list
- Bakery item list
- Car

 1 hour  
T E Y  
\$\$\$**Instructions**

It can be hard to get energy out during the winter months, so take the family to have a play-date at the local trampoline park! Parents, don't be afraid to jump with your kids and make some memories playing with them!

Then after grab some pizza or fast food and head home for a much needed shower!

**TRAMPOLINE PARK****Materials**

- Car
- Trampoline Park

 1 hour  
T E Y  
\$**LIVING ROOM  
CAMPING TRIP****Materials**

- Tent(s)/ blanket fort
- Blankets
- Pillows
- Sleeping bag (optional)
- Air mattress/your bed mattress (optional)
- Flashlights
- TV on yule log fire

**Instructions**

Have the whole family help set up the camping scene in the living room. Move furniture as needed. You can always put things back, so man it feel extra cozy! Have everyone set up their beds/ tents/ etc. and get ready for bed around the "campfire"

For more inspo, look at Pinterest!

1 hour  
T E Y  
\$

## SUNRISE/SUNSET CHASING

### Instructions

Our world often moves too fast to stop and take notice of the beauty God has gifted us in creation. Take a moment to slow down with your family and watch the Sunset, or the Sunrise.

Go to somewhere on lake hickory, and sit in the warmth of your card, or cuddle close with some blankets and take in God's masterpiece!

### Materials

- Car
- Blankets

### BONUS IDEA

The Tater Hole AKA Lakeside Park is a great place to do this!

1 hour  
T E Y  
\$

## CHRISTMAS LIGHTS IN DOWNTOWN HICKORY

### Instructions

Christmas time is upon us, which means Christmas decorations are out and ready to be looked at!

### Materials

- Car
- Blankets
- Car snacks
- Jackets

Take some time this afternoon and grab some dinner before heading over to downtown Hickory. Spend some time walking and talking with your family as you look at all of the lights and decorations. Then make sure to stop at the playground in the town center!



# TRAVEL REQUIRED

🕒 5 hours  
T E Y  
\$\$\$

## ICE SKATING

### Materials

- Car
- Snacks
- Road Trip Bingo or other Road Trip Games (included at end of guide)

### Instructions

Winter Time is HERE!

Take some time to research the following ice skating rings, or any others you know about. Then take a road trip, grab some food and make a day out of this winter wonderland experience!

- App Ski Mountain
- Beech Mountain
- Extreme Ice Center
- National White Water Center

🕒 5 hours  
T E Y  
\$\$\$

## SNOW TUBING

### Instructions

Winter Time is HERE!

Take some time to research the following snow tubing sites, or any others you know about. Then take a road trip, grab some food and make a day out of this winter wonderland experience!

- App Ski Mountain
- Beech Mountain
- Sugar Mountain

### Materials

- Car
- Snacks
- Road Trip Bingo or other Road Trip Games (included at end of guide)
- WARM CLOTHES
- Change of clothes (you may get wet)



1 hour

T E Y

\$

**BUNDLED UP HIKING****Instructions**

Our world often moves too fast to stop and take notice of the beauty God has gifted us in creation. Put on some warm clothes and go on a family hike this winter. Bring some hot drinks in a thermos and enjoy at the top!

**Places:**

South Mountain State Park  
Blue Ridge Parkway

- Rough Ridge Trail
- Moses Cone Manor

**Materials**

- Car
- Blankets
- Hot drinks (apple cider, hot chocolate)
- Thermos
- Hot hands

W I N T E R   F A M I L Y   B U C K E T - L I S T

# EXTRAS





## SHARING THE GOSPEL WITH YOUR KIDS

### Sharing, knowing and understanding

Use this guide to help share the Gospel with your kids! Encourage them to ask questions, even if they seem silly to you. We WANT them to be curious about God and the Gospel, and we want them to feel comfortable and excited while asking their questions!



In the beginning there was God.



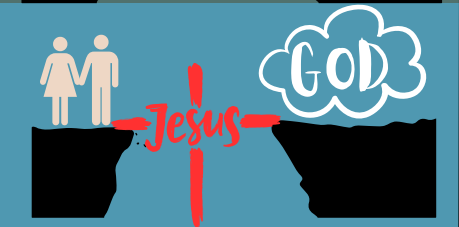
God created EVERYTHING!  
FROM SCRATCH!



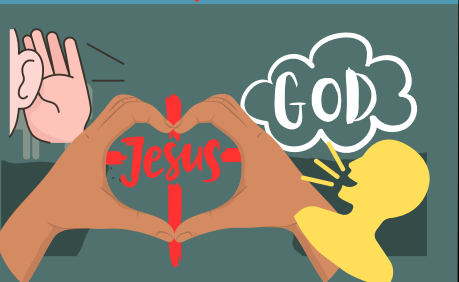
God created Humans and He wanted us to be His BEST FRIENDS! The first were Adam and Eve and they lived in perfect peace with God in the Garden of Eden. God gave them one thing they couldn't do: Eating from the tree of knowledge of Good and Evil. Adam and Eve chose to disobey God and that decision allowed for Sin to enter into the world.



Sin is anything that separates us from God, which is anything that isn't perfect. This could be anything from you getting sick, to not listening to what you were told to do. There is nothing we can do to be perfect, and there are consequences for our sins.



God loved us SO much that He sent Jesus (HIS SON) to pay the price for our sin, and make it so we can be best friends with Him again! This is the ONLY WAY we can be forgiven, and be reunited with God!



If you hear this, believe this in your heart, and tell God this (AKA praying which is just talking to God), you can be best friends with God again and be forgiven!



## INTENTIONAL QUESTIONS TO ASK YOUR CHILD

**Focus on listening, not responding!**

### PERSONALITY

1. What is your favorite color? Why?
2. What is your favorite thing you do every week? Why?
3. What is your favorite thing we cook at home? Why?
4. What is your favorite thing to help with at home? Why?
5. Who is your favorite person right now? Why?
6. How do you want to impact the world when you grow up? Not your job in particular, but your purpose.
7. What do you love about yourself?
8. What do you not like very much about yourself?
9. What do you wish we did more as a family?

### SCHOOL

1. What is your favorite part about going to school? Why?
2. What do you usually do at recess?
3. What is your favorite thing to help with at school? Why?
4. Who do you like to be around the most at school? Why?
5. What is hard about going to school?
6. What makes you excited to go to school?






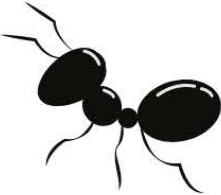















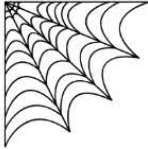


### FAITH

(don't try to give them the right answers. Really focus on listening to them and try to process where they are at. Then, after you've taken the time to actually learn about where they are at, you can help them get there themselves without making them feel stupid.)

1. When you think of God, what are the first 5 things that come to mind? Why?
2. What makes it hard to talk to God?
3. What makes it hard to feel connected to Jesus?
4. What makes it hard to read your Bible?
5. How do you feel most connected to Jesus?
6. How have you felt most impacted by God?
7. When you think of how God looks at you, what emotion do you think He looks at you with?
8. What do you wish I did more to help you in your walk with God?

# NATURE WALK BINGO

Get outside and observe what you see and hear. If you see or hear something on the BINGO card, mark it with a dot marker or an X. Get 5 in a row and you'll get BINGO!

|   |   |   |  |   |
|---|---|---|--|---|
|    |    |    |    |    |
| Mushroom  | Brown leaf  | Spider  | Body of water  | Bird  |
|   |   |   |  |   |
| Ant   | Tree bark   | Squirrel  | Rock   | Butterfly   |
|  |  | <b>FREE SPACE</b>   |  |  |
| Seed or Seedpod   | Acorn   |   | A stick  | Footprint/track   |
|  |  |  |  |  |
| Feather   | Grass   | Pine cone   | Snake  | Nest  |
|  |  |  |  |  |
| Moss  | Something red   | Spider web  | Sand/Dirt  | Yellow Leaf   |

## HOW TO INTENTIONALLY CHECK-IN WITH YOUR CHILD

Focus on listening, not responding!

### 4 AREAS TO FOCUS ON

with supporting questions to help you get started

#### *Mentally/Emotionally*

1. What does your body feel like when you are angry?
2. What does your body feel like when you are sad?
3. What does your body feel like when you are afraid?
4. What does your body feel like when you are happy?
5. What does your brain say when you are upset with yourself?
6. What do you wish was true about yourself/what you think of yourself?

#### *Physically*

1. How do your muscles feel lately?
2. How has your head been feeling?
3. How have you been sleeping?

#### *Relationally*

1. Who is your best friend? Why?
2. How do you feel loved from me/us the most?
3. How do you like showing your love the most?
4. When conflict happens, how do you feel?

#### *Spiritually*

1. When you think of how God looks at you, what do you think is on His face or going through His head?
2. Who shows you Jesus the most right now?
3. How do you see God everyday?
4. How do you remember God's love for you?





## THE POWER OF THE 10 SECOND HUG

**Filling your child's love bank BEFORE you have to make a withdrawal**

*What is a "LOVE BANK"?*

Ones conscious or unconscious record of how others treat them.

Like a bank that holds our money, making more deposits than withdrawals are one way to ensure you have successful, healthy relationships.

As you are raising your kids, you are also training them in what love looks like, and what they will feel that they deserve. They aren't just "kids" who need to be kept in line, they are little humans struggling to understand everything in the world and how it functions.

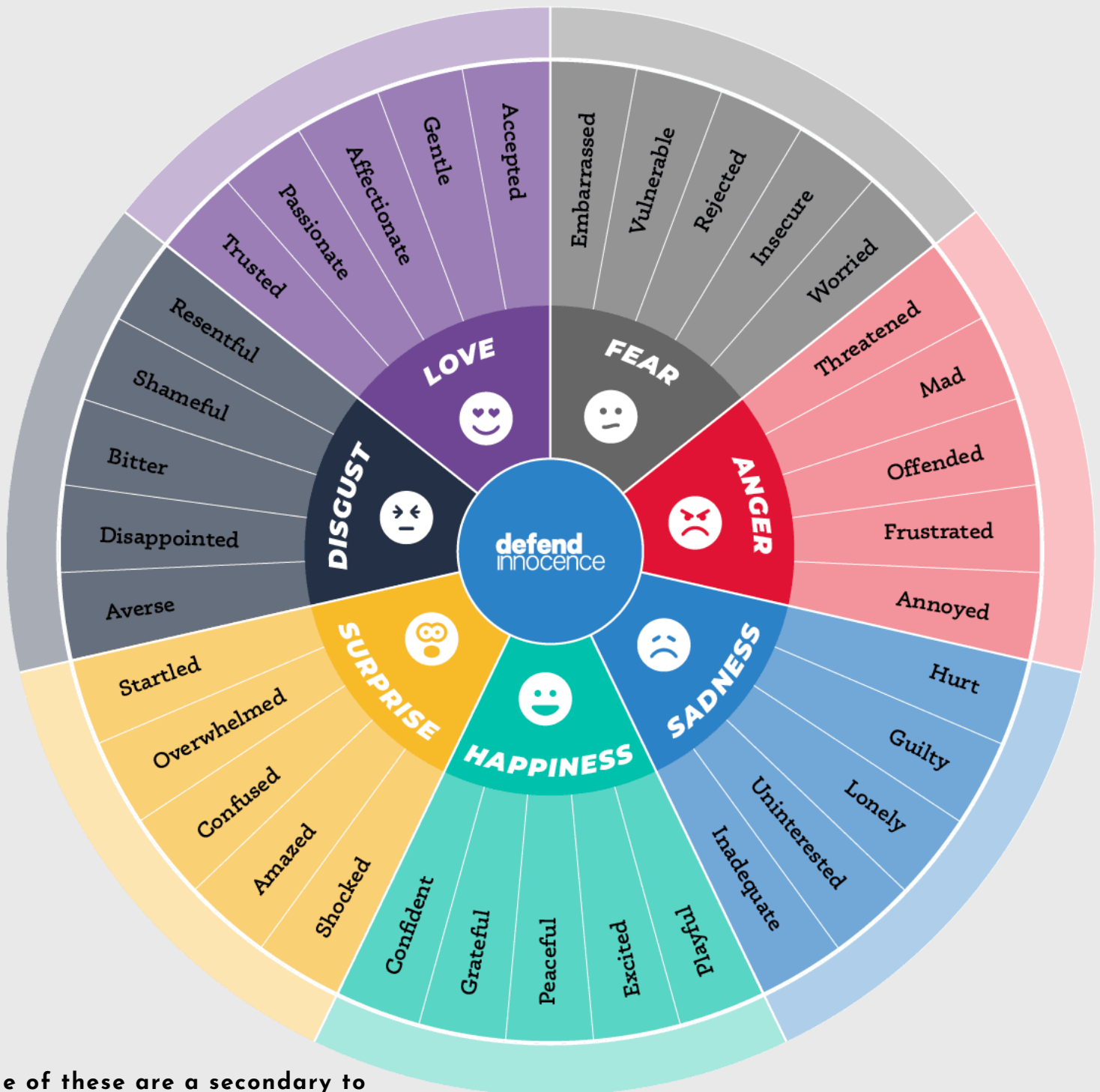
In evaluating ones "account," first evaluate if you are overdrawn and if the withdrawals tend to happen more often and/or are larger than your deposits. You might need to work on your instincts and habits that consistently make withdrawals.

|  |
|--|
| <p><b>Ways to fill the Love Bank: Showing God's Love helps back up what they hear about God's love!</b></p> <p>Words of affirmation - being encouraging, acknowledging positives, etc.</p> <p>Acts of service - helping in ways that are meaningful to the other person</p> <p>Receiving gifts - anything from a card up to something more extravagant</p> <p>Quality time - spending time together in ways that are meaningful to the other person</p> <p>Physical touch - showing physical affection</p> |
|--|

**Studies show that while hugs do fill our "love banks", that hugs over 10 seconds actually alter our brain chemistry. After the 10th second, our brains release happy and relaxing endorphins. The more we experience this, the more we naturally are inclined to be happy and relaxed throughout the day.**

# FEELINGS WHEEL

help your child to become  
emotionally mature



Some of these are a secondary to what is actually going on within your child. Help them get to the root. Listening goes beyond just hearing what they are saying.

Emotions are a gift from God, not something to be embarrassed of or made to hide. They are indicator lights in us that show us what we hold close in our hearts!!



# ROAD TRIP

# BINGO



POLICE CAR



FRUIT OR  
VEGGIE FIELD



WATER  
TOWER



BRIDGE



AMERICAN  
FLAG



ROADSIDE  
STAND



CAMPER



CHURCH



AIRPLANE



FLOCK OF  
BIRDS



TRAIN



WINDMILL



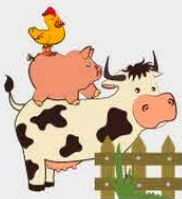
FREE SPACE



BARN



BUS



FARM ANIMAL



CONSTRUCTION  
CONE



LAKE OR POND



REST AREA



WILD ANIMAL



TRACTOR



MOTORCYCLE



SCHOOL



BOAT



BROKEN CAR







# Road Trip Word Search

Circle the words you find in the puzzle and cross them off the list! Can you find all 15?



|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| D | T | B | B | M | J | A | Z | N | W | E | T | Y | H | E |
| N | E | A | S | O | Q | W | H | Y | B | J | A | O | F | K |
| Q | W | S | N | T | T | J | U | C | H | W | T | I | A | A |
| N | G | V | E | O | E | P | P | A | H | E | R | W | M | L |
| I | D | I | X | R | I | X | D | G | L | E | O | L | I | N |
| A | R | P | H | C | T | T | I | Q | T | N | O | J | L | U |
| T | W | X | J | Y | W | H | A | R | S | T | D | F | Y | D |
| N | R | T | Z | C | J | W | U | C | E | V | I | R | D | H |
| U | G | E | F | L | H | C | E | N | A | L | P | R | I | A |
| O | D | O | V | E | K | W | W | F | K | V | Q | C | G | L |
| M | F | L | D | I | F | X | P | E | V | D | W | T | D | F |
| W | H | B | U | S | R | A | I | O | C | A | C | T | U | S |
| I | Y | X | I | W | U | Y | P | E | A | A | H | N | X | C |
| D | H | E | W | L | O | S | H | A | O | W | J | K | T | O |
| C | F | R | Y | S | D | Q | G | K | J | E | X | V | M | B |



Airplane  
Desert  
Firetruck  
Lake  
Motorcycle

Bus  
Drive  
Highway  
River  
Snow

Cactus  
Family  
Hotel  
Mountain  
Vacation

# The Colored Cars Game

How many will you see today?

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

Extra...

☐☐☐



# I SPY

# ROAD TRIP Edition





WE PRAY THAT THIS  
GUIDE HAS HELPED  
YOU TO RECONNECT  
AND BUILD  
COMMUNITY WITHIN  
YOUR FAMILY!

WE WOULD LOVE TO HAVE YOU JOIN OUR  
CHURCH FAMILY HERE AT CONCORD BAPTIST  
CHURCH AS WELL!

FIND US ON SOCIAL MEDIA TO SEND US FEEDBACK  
AND TAG US IN YOUR EXPERIENCES!

@CONCORDBAPTISTGF

#CBCFAMILYBUCKETLIST

REBUILDING CONNECTION AND  
COMMUNITY WITH YOUR FAMILY