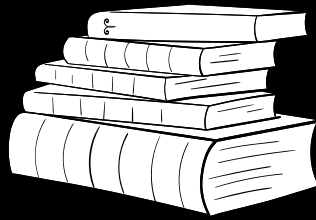


STUDY GUIDE QUESTIONS



FEELING LOST
11.02.25

- When have you felt like you “lost yourself” — when you were acting out of fear, shame, or pressure instead of who you really are in Christ?
- Read Genesis 3:1-13
 - What stands out to you about how Satan tempted Adam and Eve? How does that same tactic show up in our lives
- The serpent whispered, “You will be like God.” What lies about identity does our culture whisper to us today? Which ones are you most tempted to believe?
 - When Adam and Eve hid from God, He asked, “Where are you?”
 - What does that question reveal about God’s heart? What might He be asking you right now?
- What are some of the modern “fig leaves” people use to cover their shame (busyness, perfectionism, humor, isolation, image)? Which ones do you relate to? Read Psalm 32:3-5 and James 5:16. What do these verses say about hiding our sin?
- How has sin or failure tried to redefine you in ways God never intended? What does Scripture say is still true about you, even in your weakness? Read Ephesians 2:10 and Isaiah 43:1.
- How does Jesus undo what happened in the Garden? How does His obedience rewrite our story of rebellion?
- What’s one “false story” you want to reject this week, and one “true identity statement” from God’s Word you want to live from instead?