

1. Read Together: Judges 2:11-15. Where do you see the “cycle” showing up in your own life right now?

In Judges, Israel keeps repeating the same pattern. Where do you notice a repeated pattern or struggle in your own life? Supporting Scriptures: Romans 7:15-19 & Psalm 106:43-45

a. Follow-Up questions:

- i. How long has this cycle been present?
- ii. What usually triggers it?
- iii. What have you tried to do to stop it?

2. Read Together: Judges 2:10. What does it look like to “forget God” in everyday life? Forgetting God

doesn’t mean rejecting Him so what does forgetting God look like practically? Supporting Scriptures: Deuteronomy 8:11-14 & Hebrews 2:1

a. Follow-Up questions:

- i. Is forgetting more about distraction, comfort, or busyness?
- ii. What tends to crowd God out for you personally?

3. Read Together: Judges 2:12. When God is crowded out, what tends to replace Him? Judges 2:12

shows Israel abandoning God and turning to other gods. What “substitute gods” are most tempting today? Supporting Scriptures: Romans 1:21-25 & Colossians 3:5

a. Follow-Up questions:

- i. Which good things are you tempted to turn into ultimate things?
- ii. How can you tell when something has become an idol?

4. Read Together: Judges 2:14-15. How do consequences help expose what we’ve been trusting?

Israel’s oppression revealed what they had placed their hope in. How have consequences in your life revealed misplaced trust? Supporting Scriptures: Hebrews 12:6-11 & Proverbs 14:12

a. Follow-Up questions:

- i. What have hard seasons taught you about where you were leaning?
- ii. How can consequences become a grace instead of just pain?



5. Read Together: Judges 2:16, 18. What stands out to you about God's response when His people cry out? What surprises or encourages you about how God responds to Israel's cries? Supporting

Scriptures: Psalm 103:8-14 & Lamentations 3:31-33

a. Follow-Up questions:

i. Do you expect God to respond with compassion or frustration?

ii. How does this shape the way you come to God in failure?

6. Read Together: Psalm 34:18. How does God's compassion challenge the way you view your own failures? God was "moved to pity" by Israel's groaning. How does that reshape the way you see God when you mess up? Supporting Scriptures: Romans 8:1 & Micah 7:18-19

a. Follow-Up questions:

i. What lies do you tend to believe about God after failure?

ii. How does grace motivate change differently than guilt?

7. Read Together: Romans 5:20-21. Where do you need to receive grace instead of trying harder this week? The cycle doesn't break by effort alone it breaks through grace. Where do you need to lean into grace instead of striving? Supporting Scriptures: 2 Corinthians 12:9 & Hebrews 4:14-16

a. Follow-Up questions:

i. What would trusting God look like in that area?

ii. Who could walk with you in this season?

