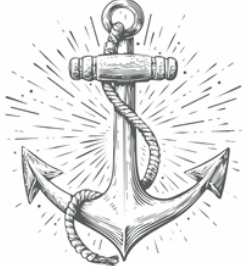


STUDY GUIDE QUESTIONS



God Speaks
10.12.25

- What's one situation this month that made you feel anxious or unsettled? How did you respond in that moment?
- Read Philippians 4:6-7.
 - What stands out to you about Paul's command to "not be anxious about anything"? What makes that challenging in real life?
 - Paul wrote Philippians from prison. What does that tell you about the kind of peace he's describing?
- Pastor Karl said, "Prayer is the anchor rope that keeps us steady."
 - How does prayer help re-center you when life feels overwhelming?
 - Can you share a time when prayer brought peace in a storm?
- Read Mark 4:37-38.
 - Why do you think the disciples panicked even though Jesus was in the boat? What does their reaction teach us about how fear can override faith?
 - When have you experienced "Jesus in the boat" moments — times when God's presence brought calm even though your situation didn't change?
- Jesus asked, "Why are you so afraid? Do you still have no faith?" (Mark 4:40).
 - What kind of faith do you think Jesus was hoping His disciples would show in that moment?

Challenge Question: Where in your life do you need to say, "Jesus is in my boat — I will trust, not fear"? What's one practical way you can anchor to His presence this week (through prayer, Scripture, worship, or community)?