

# **Shabbat Evening Table Blessings**

#### **Hineh Mah Tov**

הְנֵה מַה טוֹב וּמַה נַּעִים שֶׁבֶת אַחִים גַּם יַחַד

Hineh mah tov umah na'im shevet achim gam yachad

Behold how good and how pleasing it is for all humanity to dwell together in unity

## **Candle Lighting**

ַבָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קְדְּשָׁנוּ בְּמִצְוֹתָיו, וְצְוָנוּ לְהַדְלִיק נֵר שֵׁל שַׁבָּת.

Baruch Atah Adonai, Eloheinu Melech haolam Asher kid'shanu b'mitzvotav v'zivanu l'hadlik ner shel Shabbat

Blessed are You, Eternal our God, Sovereign of time and space. You hallow us with Your mitzvot and command us to kindle the lights of Shabbat.

## **Prayer for Our Family**

Here with you beside me, I feel so greatly blessed. This moment means much more than I can say. A time to be together, a time for us to rest. Shabbat is here. The time has come to celebrate the day. So I hold you close, my hands upon your head. And from me to you, my child, these words are said

*Y'simcha Elohim k'Ephraim v'chi M'nashe*May God give you life and strength like Joseph's sons. *Y'simeich Elohim k'Sara, Rivka, Racheil, v'Leah*May God make you like our mothers, like our blessed ones.

As I watch you growing, I smile through my tears; Sometimes I wish you'd stay forever small. But then I see you blossom, And I befriend the passing years. I love you now, I'll love you then, I love to see it all. So I lift my voice to offer you this prayer, for every step along the road, I will be there.

Y'simcha Elohim k'Ephraim v'chi M'nashe
May God give you life and strength like Joseph's sons.
Y'simeich Elohim k'Sara, Rivka, Racheil, v'Leah
May God make you like our mothers, like our blessed ones.
May God make you like our parents, like our blessed ones.



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#### Kiddush

ַּבָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגַּפֵּן.

בֶּרוּךְּ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִּדְשָׁנוּ בְּמִצְוֹתִיוּ וְרֶצָה בְּנוּ, וְשַׁבַּת קְדְשׁוֹ זְּכֶּרוֹן לְמֵעֲשֵׁה בְרֵאשִׁית. זְּכֶּר לִיצִיאַת מִצְרִים. כִּי בְנוּ בָחַרְתָּ, וְאוֹתֶנוּ קְדְשְׁתָּ מְכֶל הָעַמִּים. בְּאַהָבָה וּבְרָצוֹן הְנְחַלְתָנוּ בְּאַהָבָה וּבְרָצוֹן הִנְחַלְתָנוּ בְּרוּךְ אַתָּה, יְיָ, מְקְדֵשׁ הַשַּׁבָּת בְּרוּךְ אַתָּה, יְיָ, מְקְדֵשׁ הַשַּׁבָּת

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.
Baruch atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'ratzah vanu, v'Shabbat kodsho b'ahavah uv'ratzon hinchilanu, zikaron l'maaseih v'reishit. Ki hu yom t'chilah l'mikra-ei kodesh, zecher litziat Mitzrayim. Ki vanu vacharta, v'otanu kidashta, mikol haamim. V'Shabbat kodsh'cha b'ahavah uv'ratzon hinchaltanu. Baruch atah, Adonai, m'kadeish haShabbat.

Blessed are You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

Blessed are You, Adonai our God, Sovereign of all, who finding favor with us, sanctified us with *mitzvot*. In love and favor, You made the holy Shabbat our heritage as a reminder of the work of Creation. As first among our sacred days, it recalls the Exodus from Egypt. You chose us and set us apart from the peoples. In love and favor You have given us Your holy Shabbat as an inheritance. Blessed are You, Adonai, who sanctifies Shabbat.

### HaMotzi

ַבָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atah, Adonai Eloheinu melech haolam, hamotzi lechem min haaretz.

Blessed are You, Adonai our God, Sovereign of all, who brings forth bread from the earth.