

Thanks for joining us for 21 Days of Prayer!

We're so glad you've decided to start the year by intentionally seeking God with us. These 21 days are a time to **reset, refocus, and realign** our hearts through prayer and fasting. It's not just about knowing *about* God—it's about truly being *known* by Him.

Prayer and fasting help us make space for God to move. As we say “more of You and less of me,” we open ourselves to His presence and His plans in new and powerful ways.

Fasting is simply choosing to deny yourself something—often food or certain habits—so that you can hear God more clearly and depend more deeply on His Spirit. This has been part of the Christian faith since the very beginning, and it's still just as meaningful today. If this is your first time fasting, don't worry—this is a great opportunity to learn how powerful it can be when we focus our hearts fully on God. If you choose not to fast, that's ok, our prayer guide will help you stay engaged!

We're excited for you to join us on this 21-day journey of prayer.

Inside this guide, you'll find:

1. Simple tools to help you stay focused each day.
2. Step-by-step guidance for getting the most out of your 21 days.
3. Opportunities to pray, connect, and grow together throughout the 21 days.

Our team has prayerfully prepared every part of this experience for you. We encourage you to set aside about 25 minutes each day—on your own, with your family, or with a small group online—to go through the daily content. Each day includes a scripture, a prayer focus, and space to spend time with God. We'll also have ways for you to connect with others and grow together.

If you'll lean in with us during this time, we believe you'll be challenged, strengthened, and refreshed in your faith like never before.

**With love and expectation,**

Pastors Jeremiah & Cori Herbert

# The Plan

Each day has a simple flow with different topic areas. Choose to do them all or only those that are most applicable to you. This is meant to be a guided journey between you and God not a strict regimen to be followed.

## **Daily routine:**

**Focus-** topic areas of the day

**Scripture-** get your Bible out and read it either by yourself, with a friend or with your family

**Listening Moment-** this is your reflection moment. Take your time to think about what God is trying to tell you

**Journal or Conversation Prompt-** complete the writing prompt or talk your answer over with a friend

**Prayer-** meant to help guide you or get you started

**Action Step-** activity to complete alone, with a friend or with your family

**Printable-** For those creative types or those friends looking for more hands-on activities there is a printable packet you are welcome to complete along with this daily routine. It is an added bonus and not needed as part of the original packet.

### **OPPORTUNITIES FOR ENCOURAGEMENT AND CORPORATE PRAYER**

6 pm In Person Prayer Gathering each Wednesday. Followed by Worship at 7pm. (January 7,14,21\*) \*Sacred Assembly on the 21st during worship time.

8pm Fasting Encouragement Group on zoom each night. (January 1-21)

### **SACRED ASSEMBLY AND DEDICATION**

We will be coming together on the final Wednesday of our worship time together at 7pm to pray over one another and to commit ourselves to God through this year.

**TO LET US KNOW YOU ARE GOING TO BE PARTICIPATING, PLEASE GO TO:  
[intersection.church/21days](https://intersection.church/21days)**

# WEEK 1 — Vision For My Life

*Hear God. Follow God. Live in Freedom.*

January 1–7

This week, we're asking God to bring **breakthrough, clarity, and freshness** to our relationship with Him.

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## **DAY 1 Focus — Forgiveness + Freedom**

**Scripture:** *Ephesians 4:31–32 Psalms 103:10-12*

**Ask:** *“Lord, who do I need to forgive today?”*

**Write** their name or situation

**Prayer:** *Jesus, thank You for forgiving me completely. I ask for help in forgiving those who have hurt me or wronged me in the past. Give me the ability to forgive as you have forgiven me, wholly and completely. I choose to forgive without exception. Help me release what I've been holding. Heal my heart and make me whole.*

**Action:** Tear up your note or pin it to your prayer wall as a symbol of release. Pray for that person as an act of intentional goodwill.

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## **DAY 2 — Breakthrough Over Sin + Old Patterns**

**Scripture:** *2 Corinthians 5:17 John 8:34–36*

**Ask:** *“What are You freeing me from this year?”*

**Write** What's one habit or struggle you want God to break?

**Prayer:** *Father, I ask for breakthrough in my life concerning the sin that hurts me and keeps me captive to destructive behavior. May the love of Jesus free me and keep me free from the power of sin. Holy Spirit, I welcome Your power. Break every chain that doesn't belong in my life anymore.*

**Action:** Create a “replacement plan” — what will you do instead when temptation comes? Tell one trusted person your replacement plan so they can help you when you need it.

- Worksheet habit tracker/replacement plan option available in the prayer area!
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## **DAY 3 — Fill Me With the Holy Spirit**

**Scripture:** Acts 4:31 Ephesians 5:18  
**Ask:** Breathe slowly... invite Him to fill every part of you  
**Write** Where do you need God's power right now?  
**Prayer:** *Jesus, I ask for a fresh move of the Holy Spirit in my life! I give your Holy Spirit access to my innermost thoughts and motives. Holy Spirit, come. Fill me fresh today with your power, love and creativity in my thoughts, decisions, and dreams.*  
**Action:** Put on worship music — worship with lifted hands for 3 minutes

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## **DAY 4 — Hearing God's Voice Clearly**

**Scripture:** John 10:27 Jeremiah 33:3  
**Ask:** "Lord, what do You want to show me today?"  
**Write** Write the first scripture, word, or image that comes  
**Prayer:** *Father God, I want to hear your voice more clearly. Turn down the volume of other voices and let me hear only your voice concerning my life. God, silence the noise around me. Help me recognize Your voice above all others. Show me the great things you have for me!*  
**Action:** Remove one distraction today (mute notifications, skip scrolling, etc.)

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## **DAY 5 — Courage to Obey**

**Scripture:** James 1:22 Exodus 19:5  
**Ask:** "What have You already told me... that I need to act on?"  
**Write** Write one step of obedience God is calling you to  
**Prayer:** *Father God, I ask for the ability to be completely obedient to you when you speak. Help me to hear your voice accurately. Jesus, strengthen me to obey quickly and joyfully. I trust Your leadership in my life.*  
**Action:** Take one small step of obedience today — even if it feels uncomfortable. Tell someone so they can cheer you on!

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## **DAY 6 — A Spiritual Growth Plan For This Year**

**Scripture:** Proverbs 16:3 Colossians 1:9-10  
**Ask:** "How do You want me to grow this year?"  
**Write** Three goals:  
    ☐ My walk with God  
    ☐ My relationships  
    ☐ My purpose/calling  
**Prayer:** *Holy Spirit, I submit to the Father's plan for my life and I desire to make my plans based upon your will for me, my family and my future. Father, shape my plans to look like Your heart. Lead my steps into everything good that you have for me.*  
**Action:** Complete the "My Goals" worksheet in your activity packet. Worksheet can also be found at the help desk.

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## **DAY 7 — Holy Spirit Baptism + Activation**

**Scripture:** Acts 1:8 Luke 3:16  
**Ask:** Where do you want to see the supernatural active?  
**Write** Write down your answers and pray over them daily  
**Prayer:** *Jesus, empower me with the Holy Spirit in my everyday life. I ask you to baptize me*

*in the Power of the Holy Spirit so that I can do supernatural things that lead people to Jesus! . Holy Spirit, release Your gifts in me — wisdom, healing, encouragement, and bold love.*

**Action:** Go check out this website

<https://ourkingdomculture.com/the-baptism-of-the-holy-spirit/> and watch the video clip (check out the whole page for more info on the Holy Spirit if you are finding this topic particularly difficult)

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## Weekly Wrap-Up

Pause and reflect:

- What has God been whispering this week?
- What have you laid down?
- What has been restored?

Invite one person to share a testimony with you — celebrate growth together.

## WEEK 2 — Vision for Our Church

**Focus:** Building a Spirit-led, creative, unified church family

This week we pray for our church to reflect the heart of Jesus — full of love, generosity, and Holy Spirit creativity. As you fast and pray, picture what God can do *through us* when we move together as one body.

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### Day 8 — Salvations & Baptisms

**Scripture:** Romans 10:13-15 Acts 2:37-41

**Ask:** Ask: “Whose name do You want me to pray over today?”

**Write** Write the names of people who need Jesus.

**Prayer:** *Father God, lead us to make new connections with those who need your salvation. Let them respond to your love through the power of the Holy Spirit working in us. May each person who experiences your grace and salvation be obedient to you so that we may see many baptized in water as a sign of the salvation they received. God, open hearts and draw people to Yourself. Use me to show Your love in everyday ways.*

**Action:** Invite someone to church; tell them you’re praying for them.

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### Day 9 — New Volunteers & Staff

**Scripture:** Matthew 9:37-38 1 Peter 4:10-11

**Ask:** Ask: “Where can I serve to make a difference?”

**Write** List one area you feel drawn toward.

**Prayer:** *Lord Jesus, you instructed us to pray that there would be workers in your fields of harvest. We ask you, Lord, to raise up willing hands and hearts to carry out your mission. Help me say yes joyfully to serving with joy wherever I see a need.*

**Action:** Talk with a ministry leader about one practical way to help this month.

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### Day 10 — Pastors, Leaders and Elders

**Scripture:** 1 Thessalonians 5:12-13 Hebrews 13:17

**Ask:** “How can I bless someone who leads me?”

**Write** Think of a leader or pastor who has made an impact on your life. What qualities do you see in them that reflect Jesus? Write them a short prayer of thanks.

**Prayer:** *Father, strengthen our pastors and leaders with wisdom, rest, and courage. Your word calls us to pray and care for those in authority. Let them be led by love and filled with your*

*Holy Spirit for the good work of the church. Protect them and their families from the enemy's schemes.*

**Action:** Send a note or text of encouragement to one of the church leaders

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## Day 11 — New Churches & Planters

**Scripture:** Isaiah 54:2-3 Acts 13:2-3

**Ask:** Pray: "Expand our reach, Lord."

**Write** What city or neighborhood do you feel stirred to pray for?

**Prayer:** *Lord, you love the church and gave your life for her. Raise up men and women who will give their lives for Her as church planters, missionaries and teams to take Your light into new places. Let life-giving, Holy Spirit filled churches come from our own body for many years to come. Help our church to be fruitful and multiply leading new friends to Jesus at every turn.*

**Action:** Pray for another local church by name.

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## Day 12 — Faith & Creativity

**Scripture:** Ephesians 3:20 2 Corinthians 5:7

**Ask:** "What new idea could bring You glory?"

**Write** Write one creative idea for ministry, worship, or outreach.

**Prayer:** *Jesus, you have given the church a unique job to show your creativity and love to the world. We desire to love and follow you in more creative ways than ever before. Give us faith to believe you for more and the creativity to do it in a compelling, God honoring way. God, breathe fresh imagination into our church. Let faith inspire beauty and innovation.*

**Action:** Share your idea with a ministry leader or team.

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## Day 13 — Generosity & Provision

**Scripture:** 2 Corinthians 9:8 Isaiah 32:8

**Ask:** "What do I have in my hands that I can offer?"

**Write** Write a giving goal or generosity act.

**Prayer:** *Heavenly Father, our prayer from the beginning was to be the most generous church around. Provider God, bless families with more than enough so we can bless others. Take care of the needs of Your house through the faithful family you raise up and may there be plenty to do all you place on our hearts.*

**Action:** Give anonymously to someone in need.

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## Day 14 — Missions & Global Impact

**Scripture:** Acts 1:8 Psalm 67:1-5

**Ask:** Ask: "How can I be part of reaching beyond my world?"

**Write** Write one local and one global mission to pray for.

**Prayer:** *Jesus, you commanded us to go and take the good news all around the world! May we find new, powerful partnerships with ministries and missionaries to sow into. Continue to bless and prosper our relationships with the missions we currently support and work alongside to share the gospel. Lord, send workers and resources. Use our church to reach the nations by loving like Jesus and being led by His Holy Spirit!*

**Action:** Pray for a missionary family; learn one thing about their region.

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## Weekly Reflection

- How did you see unity and generosity grow this week?
- Who surprised you with faith or creativity?
- Take a moment to thank God for the beauty of His church.

## WEEK 3 — Vision for Our Community

**Focus:** Loving our neighbors through action, compassion, and creativity

We end these 21 days turning outward — asking God to move through us so that our city feels His love in tangible ways. Prayer becomes a mission when we open our eyes to the people right in front of us.

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### Day 15 — A Healthy Church

**Scripture:** John 13:34-35 Acts 2:42-46

**Ask:** Ask: “What does health look like for our church?”

**Write** List three signs of a healthy spiritual family.

**Prayer:** *Heavenly Father, you have given us a clear vision for becoming a healthy church. Help us Father, to grow us strong in grace and truth. Heal every place that needs Your touch. Help us to be the church you want us to be.*

**Action:** Encourage someone who’s been distant to reconnect.

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### Day 16 — Growing Leaders

**Scripture:** 2 Timothy 2:2 Ephesians 4:11-12

**Ask:** Ask: “Who can I invest in or encourage?”

**Write** Write a name to mentor, invite, or include.

**Prayer:** *Holy Spirit, develop servant-hearted leaders who lift others up and serve your people in love. Grow our leadership team. Help us to help others find their place to serve and grow in you.*

**Action:** Send a note or prayer voice-memo to someone you see as a future leader.

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### Day 17 — Strong Families

**Scripture:** Joshua 24:15 Acts 16:31–34

**Ask:** Pray over your household by name.

**Write** Write one way your family can grow spiritually together.

**Prayer:** *Father, we need breakthrough for families to grow strong in you. May we invest in building up families and children of every kind through faith in your Son. God, make every home in our church become a small reflection of Your kingdom.*

**Action:** Plan a family devotional or prayer meal this week.

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## Day 18 — A Cared-For Community

**Scripture:** Galatians 6:9-10      Deuteronomy 28:1–6

**Ask:** Ask: “Who in my community needs care right now?”

**Write** List names or places (school, workplace, neighbor).

**Prayer:** *Holy Spirit, we ask you to continue to help us reach our community with your Gospel. Help us to care for our community - spirit, soul and body. Jesus, teach us to notice needs and respond with compassion. May our community begin to rely on you like never before.*

**Action:** Do one small act of kindness — buy groceries, leave a note, visit a nursing home, or send a donation.

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## Day 19 — World-Changing Missions

**Scripture:** Matthew 28:19-20      Acts 13:47

**Ask:** Ask: “Where are You sending me?”

**Write** Write your “mission field” — it might be a classroom, office, or city.

**Prayer:** *Father God, we pray that our church would continue to pursue a world changing mission initiative. Let us take the Gospel of Jesus to the end of the earth through missions work. May we be quick to pray, give and go wherever there is an opportunity. Lord, give us courage to go wherever You send us — near or far. We accept the responsibility of the Great Commission with joy!*

**Action:** Learn a new missionary’s story or pray over a map.

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## Day 20 — Thriving Network of Churches

**Scripture:** Philippians 1:3-5      Acts 16:5

**Ask:** Ask: “How can we bless other churches in our city?”

**Write** Write a prayer for unity in the wider Body of Christ.

**Prayer:** *Father, we pray for churches and pastors everywhere. Allow your church to grow in faith and health as we are led by the Holy Spirit. Care for the needs of each pastor and give them a rich, inner life that helps lead your people with true faith and humility. Father, make Your Church one — celebrating each other and not competing.*

**Action:** Share or attend another church’s event; speak blessing over them.

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## Day 21 — Faith & Creativity in the Arts

**Scripture:** Colossians 3:23-24      Ephesians 2:10

**Ask:** Ask: “How can my creativity point people to You?”

**Write** Sketch, write, photograph, or dream something that honors God.

**Prayer:** *God, we ask that you would use us to have a dynamic influence in the Arts. Make us a place where Faith and Creativity Meet bringing Glory to Your name. Help us to be creative, as you are creative so others may know what you have done for us. Creator God, release beauty through Your people. Let our art tell Your story.*

**Action:** Post or share your creative expression as an act of worship.



# Fasting 101

Fasting isn't about earning God's attention — it's about giving Him ours. When we fast, we intentionally set aside something that normally satisfies us so we can make space for what truly sustains us: His presence. In Scripture, fasting often prepared God's people for breakthrough, clarity, and deeper dependence on Him. It quiets the noise of daily life so we can hear His voice more clearly, align our hearts with His, and grow in spiritual strength. Fasting reminds us that every hunger, whether physical or emotional, is ultimately met in Jesus.

There are many different ways to complete a fast. If you are not able to do a complete fast at this time don't let that stop you from participating in another way. Here are some other options to consider.

**Traditional Fasts-** These focus on food and help you train your body to depend more on God's strength than on your own comfort.

- **Complete Fast** – Only liquids (water, juice, or broth). Often used for a short period or part of each day.
- **Daniel Fast** – Eat fruits, vegetables, whole grains, and water only (based on Daniel 10).
- **Sunrise-to-Sunset Fast** – Eat only in the evening after prayer time each day.
- **Partial Fast** – Give up one meal a day or one type of food (like sweets, caffeine, or meat).

**Modern Fasts-** These help remove distractions so you can make room for prayer and reflection.

- **Social Media Fast** – Step away from social platforms to focus on real connection with God and people.
- **Entertainment Fast** – Pause TV, movies, video games, or streaming apps.
- **Digital Fast** – Limit or completely unplug from screens (as much as you can)
- **Shopping Fast** – Buy only what's essential and focus on gratitude and generosity.

**Family-Friendly & Kid-Friendly Fasts-** These teach children and families how to create spiritual habits together.

- **Favorite Food Fast** – Give up one favorite food or treat (like snacks, soda, or desserts).

- **Activity Fast** – Choose one fun activity to pause (like a game, sport, or toy) and use that time to pray together.
- **Words Fast** – Commit to “fast” from complaining, gossip, or negative talk and focus on gratitude.
- **Add-a-Blessing Fast** – Instead of giving something up, “add” daily acts of kindness or prayer for others.

**\*A Note for Everyone-** Fasting is not about punishment or proving your faith — it’s about **making space for God**. The goal isn’t just to give something up, but to **fill that space** with prayer, worship, and time in His Word.

## APPENDIX 1 - WEEKLY PROPHETIC PRAYERS

Proverbs 18:21 AMP tells us: ***Death and life are in the power of the tongue, And those who love it and indulge in it will eat the fruit and bear the consequences of their words.***

God created the world with His words. You create your world with your words.

These prayers are to encourage you in your faith, help you confess God’s plans for your life, and are based on each week’s theme. Consider praying each one several times of the course of each week during the 21 Days of Prayer.

### Week # 1 - Vision for My Life.

*In the name of Jesus, I declare that I was born for such a time as this. God’s plan is to nurture and guide me with His divine plan and purpose for my life. I break every lie that tells me that I am not enough. I am created in the image of God. I am saved by Grace and I am an overcomer by the Blood of the Lamb and my testimony. I am forgiven, and by the grace of God, I forgive others who have sinned against me so that I am free from those bonds. I am filled with the Holy Spirit and my steps are guided and directed by Him every day of my life. I walk by faith and not by sight. I will read the Word daily so I am filled to overflowing with the Goodness of God. He is my protector, redeemer, savior, healer and best friend. He knows my name. My prayers open gates. My intercession shifts atmospheres. Me and my family will serve the Lord in 2026 and expect to see great and mighty things by the hand of God.*

*In Jesus’ mighty name, Amen.*

### Week #2 - Vision for Our Church

*In the name of Jesus, I take my place as a spiritual warrior for my church and my community. I cancel every assignment of the enemy against the plans you have to*

*prosper and grow my church. I break every stronghold of the enemy against my church. I break every curse spoken against my church. I release the fire of God and angelic armies to surround my church. I declare our House of God is a place where the lost, broken and hurting will be drawn to, and they will receive hope, salvation, water baptism and baptism in the Holy Spirit. I declare that there would be freedom, healing and power in the house of God. I declare that the pastors, elders and deacons would walk in obedience to your word, be led by your Holy Spirit, and be used to advance the Kingdom of God mightily. I ask for new church planters, new churches, mission opportunities and missionaries to be birthed out of our congregation. Continue to grow the vision, purpose and our faith that we are a church where "Faith and Creativity Meet". Thank you God that you are a God of abundance. Thank you for a house of tithers and generous givers so that there would be nothing lacking for your church and your Kingdom and the expansion to make room for the lost and dying.*

*In Jesus' mighty name, Amen.*

### **Week # 3 - Vision for our Community**

*Lord Jesus, breathe Your Spirit upon our streets. Let every heart awaken to Your truth, every home be filled with peace, and every voice rise in praise. May revival flow like a river, washing away fear, division, and despair, replacing them with faith, unity, and joy. Father, you are a God of abundance. Let your abundance flood our community and churches through your hand of provision so there is no lack or want. Knit together the hearts of all of the churches and allow us to walk in love and unity, so we can win our community for Jesus with the living Gospel. Grow our mission's initiatives both at home and abroad by the power of the Holy Spirit. I bless the partnerships you have created for us with our sister churches in the Dominican Republic and around the world. May God bless, protect, meet all of their needs and prosper these pastors as they bring the Gospel of Jesus, hope and healing to their communities. You created the universe with your words God, we create our world with our words. May we speak life and faith and God given creative ideas each day. Allow us to tear down demonic strongholds in the arts community and bring light by being influencers through your call to us to unite faith and creativity in our church and community.*

*In Jesus' mighty name, Amen.*