SAC Small Groups Discussion Guide – June 22nd, 2025

This guide comes with the expectation that even if someone has missed the Sunday service, they have watched the sermon before coming to their small group.

Fellowship Time

Make sure to have time where people can chat and catch up. This section could include a dinner together, having a potluck, preparing snacks, etc. The key to this section is make people feel welcomed and seen.

Read this Overview Aloud Together

This section contains a brief summary of the sermon that was preached on Sunday. It will have the main point explained as a way to help those remember the sermon. This is not an in-depth overview because the expectation is that everyone will take the time to listen to the sermon.

The story of Jesus that we examined this week came from Mark 5:21-43 where Jesus heals both Jairus' daughter and the woman who had been bleeding for 12 years. In this story, we really have two stories woven together to demonstrate that a healing experience with Jesus does not depend on our age, social status, or wealth, but rather if we have a posture of faith, desperation, and openness to the way God would work in our life. We read that Jesus has crossed over the lake to the other side and is immediately met with a crowd looking to see Jesus' next miracle.

Jairus, a synagogue ruler, comes to Jesus seeking for his daughter to be healed. But on the way, a woman with a chronic illness related to her menstruation cycle that causes her to bleed continuously, reaches out to touch the cloak of Jesus to be healed. The woman is healed, but Jesus calls her out in the crowd in order to recognize her faith and validate her experience of healing. At the same time, servants come telling Jairus that his daughter has passed. Jesus is insistence that she has not passed, tells Jairus to be not afraid and have faith, and then they travel to the home of Jairus. Jesus then plainly tells the little girl to get up and she is healed.

In this story, we have two portraits of people in need of healing. Both people are desperate, have faith that Jesus can heal, and are open to how Jesus will heal. This is not a formula, but rather a posture that disciples of Jesus can have when coming to Jesus for healing. This does not guarantee healing as we live in the tension of the Kingdom of God being present, but not fully or totally realized yet. This means we can experience miracles and healing while at the same time facing the brokenness and sin of the world.

Discussion Questions

These questions are prompts to help the group have meaningful dialogue over the sermon this past weekend. Do not feel the need to ask all these questions. You are more than welcome to create your own questions or mix the questions together.

- Do you have any questions or thoughts about the passage or sermon from this week?
- How does the story of Jairus and the bleeding woman challenge our assumptions about who Jesus prioritizes or values in our world?
- How does the concept of ritual impurity in the Old Testament inform our understanding of Jesus' healing of the bleeding woman? What does this reveal about Jesus' mission and authority?
- In what ways have you experienced or witnessed desperation leading to a transformative encounter with Jesus?

Reflect and Discuss the Practice and Prayer.

This is an opportunity for accountability and formation in your group. Accountability to ensure people are practicing the practices and formation because we believe that these practices will shape and form us into the people that God intended us to be. Take time to reflect on each person's experience of these practices.

Practice: Pick one of the three traits (faith, desperation, and open expectation) to focus on this week. Make it a point of prayer to bring to Jesus each day.

Prayer: Jesus, we thank you that you are good and that you desire to know us. We proclaim you today as our Saviour and Healer, we have faith that you desire to do heal us today. May we have a posture of faith. May we have a posture of desperation. May we have a posture of open expectation. And may you come and meet us exactly where we are at. We love and thank you Jesus. We pray in your name, Amen.

End in Prayer

Take some time to pray with each other. This is not a time for gossip or to be cynical, this is an opportunity to share with each other our burdens, to celebrate and praise God together, and to pray expectantly that God would move.