

# JOURNEY OF BECOMING FAST

*We fast to become more of who God has made us to be. We want to remove distractions and focus on having the Spirit of Christ inhabit us. During the “Journey to Becoming” fast, we will have an opportunity to grow individually and, more importantly, as a covenant community with our eyes on fulfilling the mission of God.*

## A Compassionate Witness: Mark 10:21

We want to look at those in our families and our communities who are separated from love and compassion and provide what is missing.

Prayer: Lord, I want to see unsaved people as you do.

**3/17** – Pray for God to open your eyes for opportunities to share the gospel with your **family** (parents, children, grandparents, grandchildren, nieces, nephews, cousins, etc.).

**3/18** – Am I using my God-given gifts, talents and resources to help and support our CBC community? Be specific in your answer and reflection. What could you using God’s gifts look like? How would you be impacted? How would others be changed?

**3/19** – Is my presence encouraging? I should be bringing the peace and joy of Christ to each group I’m a part of. I should always strengthen the mission of God.

**3/20** – Do I freely give of my time to support God’s mission at CBC using my God-given gifts? If not, where could my gifts be best used?

**3/21** – Pray for God to open your eyes for opportunities to share the gospel with your **neighbors** (those living next door, those in your building, local businesses you frequent, those you know at the gym, those you see on the bus and subway, etc.).

## Agent of Reconciliation: 2 Corinthians 5:18-21

We have a desire to be used by God as he seeks to reconcile a fallen world to Himself.

Prayer: Lord, use me in whatever way possible to reconcile people to You.

**3/24** – Pray for God to open your eyes for opportunities to share the gospel with your **friends** (those you hang out with, those you connected with on social media, your childhood friends, etc.).

**3/25** – Am I empathetic to others? Do I meet other’s needs? Do I understand before I critique?

**3/26** – Who am I discipling? If I need training in how to disciple others, am I seeking that out? God, show me how to do it and give me confidence that I can.

**3/27** – Am I encouraging others to rest as they serve God’s kingdom? Do I model someone who brings refreshment to others? Do I step-in so that others can enjoy sabbath times?

**3/28** – Pray for God to open your eyes for opportunities to share the gospel with your **co-workers** (the person who works next to you, your supervisor, the staff at your job, those you kept in touch with after retirement, etc.).

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## Willing Servant: Matthew 25:40

We should be willing to serve people in order to bring the good news of the gospel to them.

Prayer: Lord, show me the ways both big and small you have called me to serve others.

**3/31**– Revisit your prayers for your **family, neighbors, friends and co-workers**. Persistent prayer will make us more sensitive to opportunity.

**4/1** – Am I seeking new things or old things? Am I holding onto traditions and practices from the past or am I embracing what God will do with our congregation tomorrow?

**4/2** – Am I listening to what God wants me to do instead of what I want to do? Are my desires focused on the mission of God for our community?

**4/3** – Do I continuously pray for the future of the church and our community?

**4/4** – Am I being receptive in prayer, remaining alert and watchful, to the Holy Spirit's guidance? Am I ready to be molded into whatever God needs me to be?

## A Worker Approved: 2 Timothy 2:14-17

We should be a fearless witness who is unashamed to declare the truth of God to others.

Prayer: Lord, give me the opportunity to share the hope of the gospel with others.

**4/7** - Who am I intentionally focusing on? Am I actively praying for and planning to speak with particular people?

**4/8** – Am I afraid to share the gospel? Have I asked God to show me why and give me courage?

**4/9** – Am I confident in the facets of the gospel message? If the opportunity happened right now, would I be able to explain the basics of the gospel message?

**4/10** – Do I share my testimony with believers and non-believers? Do I know what my testimony is? Should I speak with someone about how to share my testimony?

**4/11** – Am I brave when unforeseen opportunities arise to share the gospel? What holds me back?

## Reflect on God's Guidance

**4/14-16** – Take all that God has been doing in your life over the past four weeks. See how these questions and scriptures work together to make us better at reaching those who are lost and discipling those who have been found.

- Who has God been laying on your heart?
- In what aspect of your Christian character has God shown you that you need growth?
- Is there a step that you can take which furthers the mission?
- Is there an act of service or a ministry opportunity which you have a vision for?
- And how do any or all of these insights come from you centering on God?