

LESSON 6 SNAPSHOT

BOTTOM LINE: I will rest and spend time with God!

OBJECTIVE: Little ones will be encouraged to use their natural time of rest each day - sleep - to spend time with God, by praying before bed or when they wake up.

KEY PASSAGE: Genesis 2:1-3, The Seventh Day

MEMORY VERSE: “The earth belongs to the Lord. And so does everything in it.”
Psalm 24:1a (NIRV)

SUMMARY: After God had finished all of His work of creation, he made the seventh day a Sabbath – day of rest. Little ones will learn that God designed us to require physical rest as a way to remind us to stop and spend time with God regularly.

SIMPLE PRAYER:

Dear God (Dear God),

Thank you (Thank you),

For time I can spend with You (For time I can spend with You)!

Amen (Amen)

SPECIAL 1 PAGE LESSON FOR 1& 2 YEAR OLDS

PLAY TIME: Spend the first 15 minutes on the floor playing with the kids. Cars, dolls, blocks, and simple puzzles are great for this time.

BIBLE TIME: Seat the kids in the place they will be having snack. Hold up a Bible or Illustrated Kids' Bible and say, "This is the Bible. God wrote the Bible. Everything in the Bible is true." Then allow each child to pat the Bible with his hand.

LESSON: God spent 6 (hold up 6 fingers) days making everything! On the 7th day, He rested! (Yawn and pretend to go to sleep).

MAKE IT REAL: After the lesson say, "God loves you, and he wants you to love him too." Then point to each child and say, "God loves you (child's name)."

PRAYER TIME: Ask the children to fold their hands and bow their heads. Say, "Let's pray before our snack. Thank you God for our mommies and our daddies. Thank you for loving me. Thank you for this snack we get to eat. Amen."

SNACK TIME: Wash each child's hand with a wet wipe and then serve the snack. At this age crackers or goldfish with water are generally best, but you always want to be mindful of any food allergies.

POTTY BREAK: After snack is a great time to ask those who are potty trained if they need to use the bathroom, or change diapers of those who are not yet potty trained.

PLAY TIME: Finish the day with more playtime until it's time for dismissal.

MEMORY VERSE

"The earth belongs to the Lord. And so does everything in it." Psalm 24:1a (NIRV)

LARGE GROUP MV ACTIVITY:

Teach the verse by using the following motions. "The earth" (Using both arms, make a big circle.) "belongs to the Lord" (Point to the sky.) "And" (wave both hands in the air) "so does everything in it" (open both arms as wide as you can).

SMALL GROUP MV ACTIVITY:

Split the group into two teams. Have the teams say the verse together, one team at a time, to compete to see who is the loudest.

SKIT OR PUPPET SHOW

TITLE: Time to Rest

ITEMS NEEDED: Sleeping bag, pillow, backpack

CHARACTER BREAKDOWN: 2 male or female

CHARACTERS: Tyler and Alex

Alex comes out, calling for Tyler.

ALEX: Tyler! Are you coming? We're going to be late!

Tyler walks in with a backpack, pillow, and sleeping bag.

ALEX: Ty, we're going to the church.

TYLER: Yep.

ALEX: For a short meeting.

TYLER: Yep.

ALEX: A SHORT meeting.

TYLER: Yep.

ALEX: So why are you bringing all that with you?

TYLER: Well, I actually listened this week and it said that after God created everything, He rested. The 7th day is for rest.

ALEX: I don't think this is what that means.

TYLER: You don't know it's not what that means either.

ALEX: Tyler, do you see anyone else with sleeping bags?

TYLER: Not right now, because it's just you.

ALEX: Okay. Let's make a deal. If we get to church and no one else is carry around sleeping equipment, you'll put yours away. Possibly in a closet. Far away from where we'll be?

TYLER: Okay. But, if I'm right and you're wrong, you'll owe me a huge apology and a bacon cheeseburger.

ALEX: What's a bacon cheeseburger have to do with it?

TYLER: Nothing. I'm just hungry!

CRAFT

ITEMS NEEDED:

Construction paper, markers, stickers

ADVANCED PREPARATION:

Cut the construction paper into the # 7

DIRECTIONS:

Give the construction paper 7's to each child and have them decorate them. This will remind them of the 7th day of Creation.

HANDS-ON ACTIVITY

ITEMS NEEDED:

None

ADVANCED PREPARATION:

None

DIRECTIONS:

Ask the kids if they ever get tired. Ask them what makes them tired. Have them run in place. Do jumping jacks. Jump on one foot and then the other. Hop on both feet. Then, run in place again. Now ask if they are a little more tired than they were a few minutes ago. After six full days of creating everything, God decided to rest!

SNACK

ITEMS NEEDED:

Marshmallows

ADVANCED PREPARATION:

Post a sign outside the preschool area that says: "Today's snack is marshmallows. Please let your child's teacher know if it is not ok for your child to have this snack."

CONNECTION:

Marshmallows can be compared to pillows, which are related to rest. On the 7th day, God rested.

MAIN LESSON

BOTTOM LINE: I will rest and spend time with God!

OBJECTIVE: Little ones will be encouraged to use their natural time of rest each day - sleep - to spend time with God, by praying before bed or when they wake up.

KEY PASSAGE: Genesis 2:1-3

WORSHIP TIME: Prior to the lesson, sing one or two songs with the kids. Use CDs or live lyrics of songs that the kids are familiar with.

LESSON: Today's lesson comes from the very first book of the Bible. (Hold up a Bible.) The Bible is God's Word so we know everything in it is true.

God spent 6 days creating the earth and everything in it! On the 7th day, He decided to rest. He blessed it and made it holy!

Since God set aside a day to rest, we need to take time to spend with Him. We can pray to Him before bed, when we wake up, before we eat, or any time!

SIMPLE PRAYER:

Dear God (Dear God),

Thank you (Thank you),

For time I can spend with You (For time I can spend with You)!

Amen (Amen)

MAIN LESSON DISCUSSION QUESTIONS

WIGGLE TAMER: Play an upbeat song and let the kids dance or move around.

SMALL GROUP MEMORY VERSE ACTIVITY:

Split the group into two teams. Have the teams say the verse together, one team at a time, to compete to see who is the loudest.

DISCUSSION QUESTIONS:

How many days did God take to create the earth and everything in it?

What did God do on the 7th day?

What did God call the 7th day?

SMALL GROUP GAME OR ACTIVITY:

Play “Simon Says.”

MAKE IT STICK

CREATION LESSON 6

4 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON:

Use these four common times in a preschooler's day to reinforce this week's lesson:



DRIVING:

While driving home, ask your child what they learned in class. Ask them what God did on the 7th day.



PLAYING:

At naptime and bedtime, remind your child that God rested on the 7th day.



EATING:

Ask your child what foods would be good to eat on a day of rest.



SNUGGLING:

Snuggle up and say the memory verse, "The earth belongs to the Lord. And so does everything in it." Psalm 24:1a. Ask them how much God loves us!



"The earth belongs to the Lord. And so does everything in it." - Psalm 24:1a (NirV)



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