



LIGHT IN THE ORDINARY

Advent Devotional

2025



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CHURCH OF THE NAZARENE



HOW TO USE THIS ADVENT GUIDE

Each week begins with a short devotional thought and Scripture to help you pause, reflect, and notice God's light in the ordinary moments of life. After reading the devotional, choose the path that best fits your current season:

- **Family Path** – for households with kids or those wanting to engage together through conversation and shared practice.
- **Individual Path** – for personal reflection, prayer, and simple acts of faith in daily life.

You are welcome to read both paths, switch between them, or mix and match the practices. Make it your own. There is no wrong way to engage with this guide.

The goal isn't perfection, it's faithful openness. Come ready to listen, respond, and participate in whatever God has for you this week. Trust that He meets us right in the middle of ordinary days, and His light is already breaking through.



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Week 2

Moment of Light



Before you begin, take a simple action:


- Light a candle, turn on a lamp, or open a window/blinds

As the light appears, take one slow breath:

Inhale: Jesus, my Light

Exhale: Make me a light

Let this simple breath remind you that Christ brings peace right into the ordinary moments of your day.



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Week 2

Peace in the ordinary work



Weekly Devotional Thought

Peace is not the absence of noise, demands, or responsibility. Peace is what happens when the presence of Jesus meets us in the *middle* of all those things.

In Luke 10, Martha is overwhelmed by the many tasks of hosting. She is doing good work—important work. Yet Jesus gently invites her to something deeper: the kind of peace that comes from choosing what is best, not simply what is urgent.

Mary sits at Jesus' feet with a posture of listening and intentional presence. Martha is pulled in every direction, her mind full and her spirit unsettled. Jesus doesn't shame her, He redirects her. He reminds her (and us) that peace is found not in doing everything, but in doing the right things with Him.

During this season, our lives often mirror Martha's—busy, hurried, stretched thin. Advent invites us to pause and ask:

What if peace is already available, but I'm too busy to receive it?

This week, we practice saying “yes” to what is best, even if that means saying “no” to some good things. Peace grows when we make space for Jesus in our ordinary work.



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Week 2

Family Path

for households with kids or those wanting to engage together through conversation and shared practice.



1. Read Together

Luke 10:38–42

2. Talk About It

Discussion Question:

When do we feel rushed or overwhelmed, and how could we invite Jesus into those moments to help us choose what's most important? *(For younger kids: "What helps our hearts feel peaceful?")*

3. Act of Faithfulness

"Choose One Simple Yes"

As a family, talk about your week and choose one thing you will say "yes" to that brings peace—like:

- Eating one meal slowly together
- Having a screen-free night
- Saying a family prayer before school
- Doing one task without rushing

Then choose one good thing you'll say "no" to this week to make space for peace.



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Week 2

Family Path

Continued



4. Listen and Respond


Take 60 seconds of quiet.

Pray together: "Jesus, show us where You want to bring peace into our family this week."

Let each person share one idea or thought afterward.

5. Prayer

Jesus, thank You for offering us peace in the middle of our busy lives. Help our family choose what's best, not just what feels urgent. Slow our hearts, guide our steps, and bring Your peace into our home. Amen.



You will keep in perfect peace those whose minds are steadfast, because they trust in you.
Isaiah 26:3




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Week 2

Individual Path

for personal reflection, prayer, and simple acts of
faith in daily life.



1. Read

Luke 10:38–42

2. Reflect

Where am I living like Martha, pulled in many directions,
and how is Jesus inviting me to slow down and rest in Him?

You may jot down a word or phrase that stands out.

3. Act of Faithfulness

“Create Space for Peace”

Choose one small step this week that opens space for
God’s peace:

- One quiet moment each morning
- Scheduling margin instead of overcommitting
- Doing a necessary task slowly and prayerfully
- Turning off notifications for an hour

Peace grows through intentional choices in ordinary
moments.



Week 2

Individual Path

Continued



4. Listen and Respond


Pause for one minute of silence.

Pray: "Lord, show me what I need to release and what You are inviting me to focus on."

Write down what surfaces—especially if it surprises you.

5. Prayer

Lord, I am often busy and distracted. Help me choose what leads to peace. Thank You for meeting me in the ordinary and offering rest for my soul. Amen.



*You will keep in
perfect peace those whose
minds are steadfast,
because they trust in you.
Isaiah 26:3*



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Week 2

Share Peace Invitation



Sometime this week, bring peace into someone else's ordinary moment.

Consider:

- Offering encouragement to someone stressed
- Helping a neighbor or coworker with a task
- Giving someone extra patience or grace
- Sending a calming Scripture or prayer

Let the peace Christ gives flow outward through you.

Peace isn't something we chase; it's something we receive.

Jesus offers us peace right in the middle of everyday life.

Slow down, choose what is best, and let His light settle your soul.

Go in peace. Amen.



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