

HOT TAKES

WHAT EVERYONE WANTS TO KNOW,
BUT NOBODY WANTS TO TALK ABOUT

MESSAGE SUMMARY

We live in a culture that celebrates personal autonomy—"This is my body, my choice." **But Scripture reveals a deeper truth: our bodies are not our own.** They were **created by God, purchased by Jesus, and designed to carry His Spirit.** The same ancient lies that justified child sacrifice and genocide are at work today, disguising abortion as freedom and healthcare. But **we are called to see through the deception, stand for truth, and glorify God with our bodies.**

KEY TAKEAWAYS

- 👉 Abortion is **not just a political issue—it is a spiritual battle** rooted in ancient deception.
- 👉 **The lie** "This is my body" has led to the greatest genocide in history.
- 👉 Our bodies were created to **carry the presence of God**, not to serve self or sin.
- 👉 Jesus gave His body **so we could be free and belong to God**, not to ourselves.
- 👉 Silence in the face of evil **is agreement with it.**

KEY SCRIPTURES

💡 **1 Corinthians 6:19-20** — “You are not your own; you were bought at a price. Therefore honor God with your bodies.”

💡 **Psalms 106:37-38** — “They sacrificed their sons and their daughters to false gods. They shed innocent blood...”

💡 **Jeremiah 19:5** — “They built the high places of Baal to burn their children in the fire...”

💡 **1 Corinthians 11:24** — “This is my body, broken for you. Do this in remembrance of me.”

ICEBREAKER

- What’s a time you believed something as a kid that turned out not to be true?
 - If your body was a billboard, what message would it be showing right now?
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SURFACE LEVEL

- What part of today’s message surprised or challenged you the most?
 - Why do you think people today are so quick to believe lies about what it means to “own” their body?
 - Why do you think culture celebrates what God calls sin?
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DEEP DIVE

- Read **1 Corinthians 6:19-20**. What does it really mean that our bodies aren't our own?
 - Read **Psalms 106:37-38**. What does this reveal about how God views the shedding of innocent blood?
 - Read **1 Corinthians 11:24**. How is Jesus' view of His body the opposite of today's cultural message?
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PERSONAL APPLICATION

- How have you seen the “my body, my choice” lie show up in your world or your thinking?
 - What would change in your life **if you fully believed** that your body belongs to God?
 - **Are you willing to stand for truth** even when it costs you popularity or comfort?
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PUT IT INTO PRACTICE

 **Choose one of these this week:**

- 1 Speak truth—graciously but boldly—when abortion or similar topics come up.
- 2 Pray daily for courage and clarity to see through cultural lies.
- 3 Memorize 1 Corinthians 6:19-20 as a daily reminder that you belong to God.


 **Challenge:** Start a conversation with someone you trust about what it means to glorify God with your body.

CLOSING PRAYER

“God, I confess that my body isn’t mine—it’s Yours. Thank You for buying me with the blood of Jesus. Help me honor You with every part of who I am. Give me courage to stand for truth, compassion for those deceived, and a heart that reflects Your love. Let my life speak louder than the lies. In Jesus’ name, Amen.”

SPIRITUAL GROWTH FOCUS

STEP #6 — GLORIFY GOD WITH YOUR BODY

 Why is this crucial? Because what we do with our bodies shows who we really worship.

 Weekly Commitments:

- ✓ Declare daily: “My body belongs to God.”
- ✓ Refuse to be silent—stand for the unborn.
- ✓ Surrender areas where you’ve believed the lie of “my body, my choice.”