

### MESSAGE SUMMARY

We lower our standards all the time—whether it's food, grades, or habits—because easy feels better than effort. The danger is when we do the same with our faith. Jesus isn't just our Savior, He's our Standard. And the standard isn't lowered—it's set in Him. Romans 8:29 says we were chosen to become like Christ. That means we weren't saved just from sin, but into His image. Through surrender and abiding in Him, we don't just try harder—we let His Spirit live through us. As He is, so are we—right here, right now.

### **KEY TAKEAWAYS**

- The goal isn't lowering expectations but letting Jesus lift you to His.
- Abiding in Christ daily is the key to transformation and fruitfulness.

#### **KEY SCRIPTURES**

- Romans 8:29 "God chose us to become like His Son..."
- Galatians 2:20 − "I no longer live, but Christ lives in me."
- § John 15:4−5 "Abide in Me, and I in you… apart from Me you can do nothing."
- Philippians 4:13 (AMP) "...I am ready for anything through Him who infuses inner strength into me."
- ♀ 1 John 4:17 "As He is, so are we in this world."

## ICEBREAKER 🧊

- What's the lowest "standard" meal you've ever eaten when broke or desperate?
- If you could instantly play basketball like any NBA player, who would you pick and why?



- What part of tonight's message challenged or encouraged you most?
- Why do you think people are tempted to lower their standards—in school, in habits, or in faith?
- Have you ever made excuses like "Nobody's perfect" to justify lowering God's standard?

## DEEP DIVE

- Read Genesis 1:27. What does it mean to be made in the image of God?
- Read Numbers 13:33. How did the Israelites' self-label stop them from receiving what God promised?
- Read 1 John 4:17. What does it mean that "as He is, so are we in this world"?
- How does the difference between position (unchanging in Christ) and condition (our ups and downs) change the way you see yourself?

## PERSONAL APPLICATION \*\*

- Read Romans 8:29. What does it mean that God chose us to become like His Son?
- Read Galatians 2:20. How is the Christian life more about surrender than effort?
- Read John 15:4-5. What does it practically look like to "abide" in Christ every day?
- How does the "Steph Curry" illustration help you understand what it means for Jesus to live through you?

# **PUT IT INTO PRACTICE**

#### **Choose one this week:**

- Start each morning by praying Galatians 2:20: "I no longer live, but Christ lives in me."
- 2. Pick one standard you've lowered in your life—raise it back to Christ's level this week.
- 3. Each time you feel like giving up, declare Philippians 4:13 (AMP): "I am infused with Christ's strength."
  - **Challenge: Each day this week, spend 10 minutes abiding—reading, praying, or worshipping—before you pick up your phone.**

## **CLOSING PRAYER** 🙏

"God, thank You that You didn't lower the standard but sent Jesus to lift me up to it. Forgive me for the ways I've settled for less. Tonight I surrender my life to You—Jesus, live through me. Help me to abide daily, to walk in victory, and to live as You are in this world. Amen."

#### STEP #7 — RAISE YOUR STANDARD

Why is this crucial? Because you weren't called to survive—you were called to shine like Christ.

- **Weekly Commitments:**
- ✓ Memorize Galatians 2:20.
- ✔ Practice abiding daily for 10 minutes this week.
- ✓ Share with a friend one area where you've lowered the standard and ask them to encourage you to rise to Christ's.